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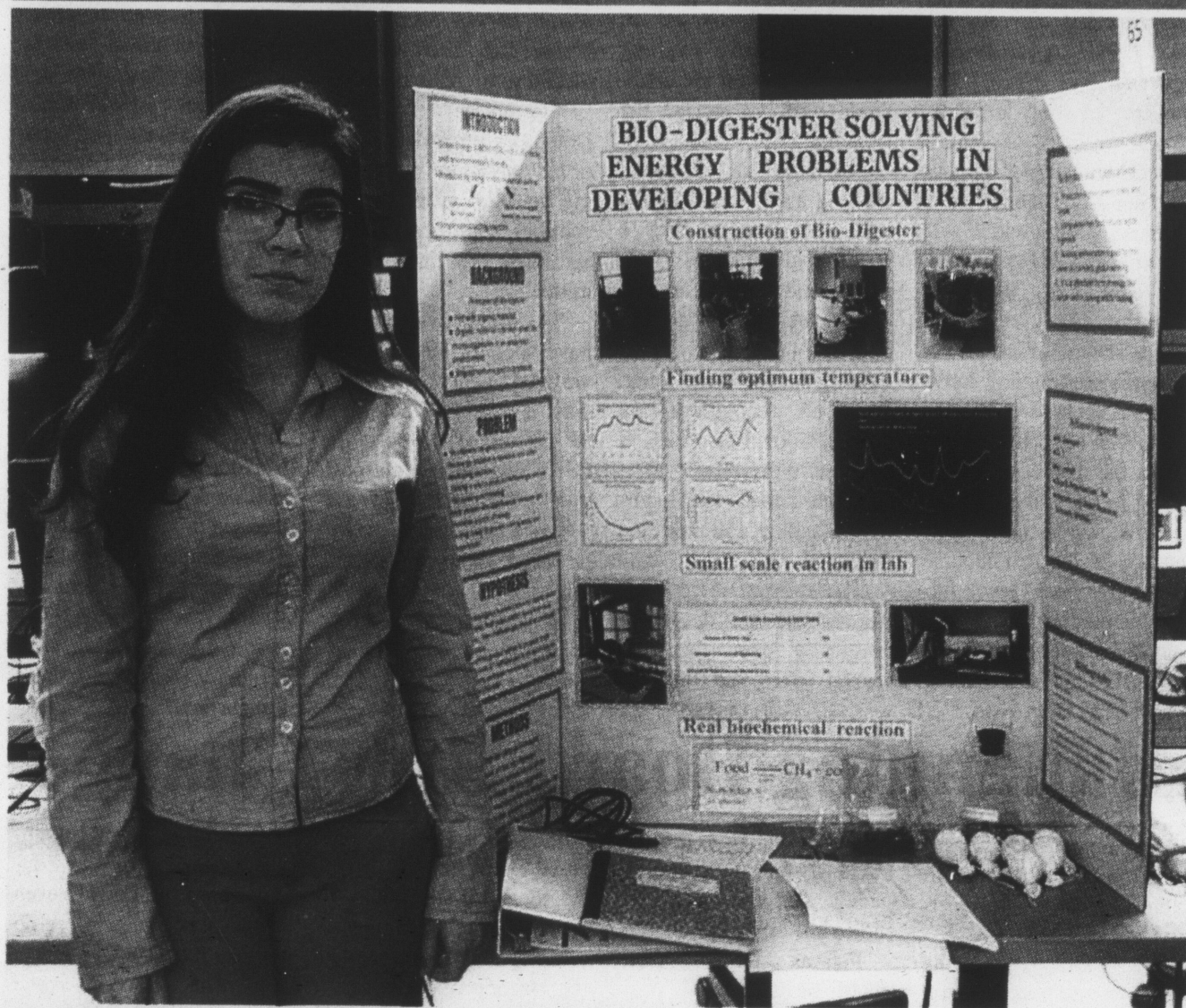


Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 51 No. 26

Thursday, March 14, 2019

\$1.00



STEM FAIR WINNER - Helga Becka, a student at Quincy High School, was the first-place winner at the recent QHS Science, Technology, Engineering and Math (STEM) Fair. Becka's project was entitled "Bio-digester Solving Energy Problems in Developing Countries." She and three other QHS students will compete at the regional fair Saturday at Bridgewater State University. Story, other photos on Page 14.

Photo Courtesy Julie Krieger/QHS

ConCom OKs Center Apartments

By SCOTT JACKSON

The Conservation Commission gave its approval to a developer's plan to build a five-story, 42-unit apartment building on McGrath Highway in Quincy Center.

George Lang has proposed constructing the

building on three parcels of land: 70 Spear St., currently home to a commercial building, 53 Newcomb St., where a single-family home sits, and 66 McGrath Hwy., where a dentist office is located. The three parcels include a total of 36,222

square feet and are zoned Business C.

In addition to approval by the Conservation Commission, the proposal must go before the Zoning Board of Appeals and the Planning Board. A public hearing on the proposal was sched-

uled Wednesday's Planning Board meeting, which began at 7 p.m. in the McIntyre Government Center, 1305 Hancock St.

The Conversation Commission approved the proposal during its meeting on

Cont'd On Page 4

Report: Real Estate Sales Stagnant, Lending Activity Declines In Feb.

Total Dollar Volume For Residential, Commercial Sales Up 9%

Norfolk County continues on a sluggish pace, as it experiences both stagnant real estate sales and a decline in mortgage lending activity last month, reports Register of Deeds William O'Donnell.

"During the month of February, 1,022 residential and commercial properties

were sold in Norfolk County, resulting in no statistical change from the previous February," O'Donnell said.

"On the other hand, total dollar volume of real estate sales, again for both residential and commercial real estate sales, was \$506 mil-

lion, a nine percent increase from February 2018, with the average sales price increasing by 5% to \$911,986. This increase in sales price can be largely attributed to a sustained lack of inventory available on the market."

Continuing a trend seen

for the past several months, the total number of land documents recorded at the Norfolk County Registry of Deeds declined nine percent to 8,584. This number was impacted by the 12 percent decrease in the number

Cont'd On Page 13

Concern Over State School Funds Formula

By TOM GORMAN

Mayor Thomas Koch has joined other city and town leaders in expressing concern over the state's Chapter 70 school funding formula that they say is un-

fair to urban communities such as Quincy that have high percentages of English Language Learners and economically disadvantaged students.

Cont'd On Page 2

Council Considers Planning Board Rule Change

By SCOTT JACKSON

A proposal now pending before the City Council would allow residential projects with fewer than 10

units to avoid the Planning Board's site-plan review process.

Ward 4 Councillor Brian

Cont'd On Page 2



NCAA CHAMPION - Brandeis University senior Emily Bryson of Quincy completed a historic NCAA Division III Indoor Track and Field Championship last Saturday, winning the mile run for her second national championship of the meet and the third of her career. The meet was held at the Reggie Lewis Center in Boston. Bryson, a 2015 graduate of North Quincy High School, won the 3,000-meter run at the 2018 NCAA Indoor Track and Field Championship, and on Saturday also anchored the distance medley relay. She carried the top seed in the mile into this year's meet, and ran the eighth-fastest time in the preliminaries. More coverage Page 16.

Photo by Tessa Holleran



Sen. Keenan, Students Discuss Vaping Ban - Page 4
Home Stool Test Vs. Colonoscopy - Page 9
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More Quincy news:
The Quincy Sun.com

Concern Over State School Funding Formula

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Koch told the school committee on March 6 that the Metro Mayors Coalition – which he is a member – voted the previous day to send a letter to the state Legislature urging support to overhaul the education funding formula. The coalition includes mayors and town managers of 15 communities including Braintree, Quincy, and Boston.

The mayor explained that Gov. Charlie Baker, the senate and House of Representatives each has their own bill that would change the way funding is calculated for districts. The formula has come under fire in recent years for what critics say underestimates by more than \$1 billion the costs related to providing support for special education, English Language Learners, health care, and high poverty students.

"The coalition discussed the issue at length and the decision by the group was not to necessarily endorse a particular bill, but to raise several points that are important to the municipalities," Koch said. "The biggest point of course is additional funding for re-

sources to help us meet the needs of our districts."

Chapter 70 funding is provided to augment districts' school budgets to ensure they have the resources to properly educate students. The funding each community receives is determined by calculating several factors including what a community can contribute to its school budget, per-student spending, and the number of non-English speaking and low-income students.

Koch said each community is different – such as some having charter schools that are calculated in the state funding allocation.

"We don't have that issue which is an incredible credit to the school system we have," said Koch.

Quincy does have, however, some high property values, but, also, many low income families.

"Quincy has exceptional waterfront property with amazing property values so we get kind of whacked on the other end of the formula," the mayor explained. "The 41 percent of kids (in Quincy) on free lunch is not reflected in that formula."

Koch said that coalition pointed out several chal-

lenging budget issues communities such as Quincy face including the increasing costs of special education, supporting English Language Learners and low income students.

"These hit home in Quincy," he said. "I see the pressures in these in our budget."

Koch noted Quincy is one of several gateway cities in the Commonwealth – a mid-size urban community that lost its once strong industry and is working to economically reposition itself. Gateway cities also typically have more non-English speaking and low-income students they must provide educational support.

"Gateway cities have a lot more to deal with," said Koch. "That's all great but it is a reality and a challenge on our resources."

The several issues the coalition is seeking legislative support include adjusting the special education rate to reflect the true cost of providing in and out-of-district services; increasing the percentage of the low-income student increment level; fully implementing the English Language Learners (ELL) increment and maintaining

the existing method of identifying ELL students.

Also, updating the employee and retiree health insurance benefits and adjustments that reflect true costs; ensuring districts receive proper state funding after accounting for charter school tuition costs; providing all districts with a minimum per-pupil increase in aid over current funding levels; and state education funding increases not impact other state aid funding to communities.

The mayor proposed the school committee consider taking a stand on the coalition's push to change the formula.

"Perhaps at a future meeting as this evolves the school committee take a position at least on some points and take it to our city's (legislative) delegation," he said. "They're all fighting for the same thing. Everyone recognizes we need additional resources in Chapter 70 funding."

Koch added that additional funding will require a funding source.

The mayor noted state tax revenue has decreased drastically over the past several years and that the

revenue so far this year is lower than expected. That, combined with increases in state health care costs could impact the state budget and subsequently the Chapter 70 issue.

"Pressures on the health care costs are taking more of the pie," said Koch. "There is a lot of competition for those dollars. Decreases in the income tax revenue will come into play."

According to Koch, the senate would likely pass a higher cost proposal that would be cut back by the House, the latter being reluctant to increase taxes.

Committee member Douglas Gutro won support of his colleagues in approving his motion to have the coalition's proposal go before the city's finance committee.

"As things evolve, if you have specific language that we need to act on in a timely way, it would be helpful to be poised to advocate for this if this is the right position for the city," said Gutro.

Koch said the matter will be taken up by the legislature over the coming months as it prepares to draft the state budget that goes into effect on July 1.

"It's going to be an interesting couple of months," he said.

According to coalition's news release, the group is seeking equitable funding for all communities to keep up with increasing educational costs.

"For too long, municipalities have been forced to fill this funding gap, but that is not sustainable," said Chelsea City Manager Thomas Ambrosino. "There is no dispute that the current education funding formula is not adequate to fund education costs in our urban districts, particularly those with high percentages of economically disadvantaged students and English Language Learners."

Added Metro Area Planning Council Executive Director Marc Draisen, "Over the last few years, many school districts have been falling behind and they can't keep up with limited local funds. That is why Metro Mayors is urging quick action on legislation that can have an immediate and profound impact on students throughout the Commonwealth. The best time to invest in the future is when the economy is strong, and the time is now."

Council Considers Planning Board Rule Change

Cont'd From Page 1

Palmucci introduced the ordinance that would increase the minimum number of residential units needed for a project to undergo site-plan review from three to 10. Projects consisting of fewer than 10 units would still have to go before other city boards, such as the Zoning Board of Appeals or Conservation Commission, if necessary.

The council's ordinance committee discussed the change on March 4 but did not vote on the matter that night.

Planning Director James Fatseas opened the meeting

with a discussion of the site-plan review process. The Planning Board, Fatseas said, is primarily concerned with parking and stormwater management during a site-plan review. Site-plan review costs each applicant at least \$5,000. Fatseas said projects with three units or more have been required to undergo site-plan review since 2007; he was not sure what the threshold for site-plan review was prior to that point.

Fatseas said he had spoken to Planning Board Chairman Richard Meade – a former planning director – about the proposed change.

Both agreed the board should review, at a minimum, all residential projects with five or more units.

"At minimum, I would say we should look at everything that has five units or more," Fatseas said. "When you get up into five units you can see some larger lots, you can see some more activity on those sites, and generally speaking it's a larger impact to the neighborhood."

The Planning Board, he said, has reviewed 18 three-, four- and five-unit residential projects since 2013.

"We're talking about 18 projects...I don't think it is these projects that eat up our time," Fatseas said. "When

you get into a larger project, obviously they are more impactful, and we spend a lot more time on them."

Fatseas later said there could be additional projects brought to his department by developers that did not make it to the Planning Board.

Overall since 2013, Fatseas said the board has approved construction of 2,055 residential units that are now occupied and 866 units now under construction. Another 719 have been approved and are in the permitting phase, he said, and 884 have been approved but are not yet in the permitting phase.

Palmucci said he proposed increasing the threshold for site-plan review so the board and planning staff could spend their time vetting larger proposals.

"When I think of the Planning Board and the Planning Department spending time on a three-unit project that meets zoning, that to me seems like time that would have been better spent elsewhere given the limited resources you have," Palmucci said.

Ten units, he said, was a placeholder and he would be open to a lower number. Palmucci said he chose 10 units as a threshold because an outside expert recommended that number the last time Quincy's zoning ordinance was recodified and because projects with 10 or more units are subject to the city's affordable housing ordinance.

Most projects with three

or more units would be subject to review by the Zoning Board of Appeals even if site-plan review were no longer required, Palmucci said. The ZBA can reject those projects, which the Planning Board cannot do during site-plan review.

"The zoning board hearings are a yes-or-no question, whereas the Planning Board and site-plan review is not a yes or no, because you can't necessarily stop a project at the Planning Board," Palmucci said.

"Site-plan review they can tell you, 'you should do this a little different. You should do this different.' But it's not the type of process in which an applicant can be told no."

City Council President Brad Croall asked Fatseas why he should relinquish the ability to weigh in on projects before the Planning Board if planning staff were not overburdened by those proposals.

Cont'd On Page 28

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'Green Sale' At Mite Box Thrift Shop

The Mite Box Thrift Shop, located at the Parish of St. Chrysostom, 1 Linden St., Quincy, is open this week from Wednesday through Friday from 10 a.m.

to 4 p.m., as well as Saturday, March 16th.

Saturday will feature a "green sale" that day: all green clothes will be priced at only \$2.

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Wollaston School Air Quality Concerns Addressed

By TOM GORMAN

School officials are working to address air quality concerns in a basement classroom at the Wollaston Elementary School.

During a recent school committee meeting, member James DeAmicis, who is clerk of the Facilities, Security, & Transportation Subcommittee, presented an overview of the minutes of his subcommittee's meeting on the matter.

Last fall, a teacher told the school committee that poor air quality in her classroom was making her ill. She found a whitish substance on the bottom of her

classroom's plastic chairs and some other hard surfaces when school reopened in September after summer vacation. The condition was blamed on the long, humid summer weather.

Custodians cleaned the room and, after a meeting with Public Buildings Commissioner Paul Hines, a new ventilator was installed in the room to improve air quality.

School Supt. Dr. Richard DeCristofaro contacted Suzanne Condon, retired associate commissioner of the state's public health department and director of the Commonwealth's environ-

mental health programs. She is a consultant for Quincy and the U.S. Center for Disease Control.

According to the subcommittee minutes, Condon toured Wollaston School and oversaw a comprehensive air quality assessment by a state inspector of all areas of the building. The test included carbon dioxide and particulate matter levels and overall air quality.

The test found temperature and humidity levels in the school in normal ranges. Particulate matter was measured at 10 micrograms per cubic meter, below the .35

Cont'd On Page 10



ASHES TO GO - Two local clergy, Pastor Liz Williams of Wollaston Congregational Church, and Pastor Alissa Oleson of Good Shepherd Lutheran Church, offered "Ashes to Go" to commuters at the North Quincy MBTA Red Line station the morning of Ash Wednesday, March 6. Despite the cold weather many commuters took ashes and several of them remarked that they had hoped the two pastors would be there again. It has become a local tradition for the two clergy to offer ashes to commuters on Ash Wednesday in recent years. Other clergy were also present at the Quincy Center station. It seems we are creating a tradition. I know that local clergy were also present at the Quincy Center T station. Photo Courtesy Rev. Liz Williams

Police Adult Self Defense Program

Quincy Police will offer a free Adult Self Defense Program Monday and Tuesday, March 25th and 26th. The two-night course will run from 6 to 8:15 p.m. the Quincy Yacht Club, 1310 Sea St.

The program is open only to females aged 18 and up, 16 if with a parent/guardian

and there is no residency requirement.

Attendance is required both nights because this is a progressive learning program. There is no exam and no one is required to do anything that they do not feel comfortable with.

The first night involves learning strikes, blocks and

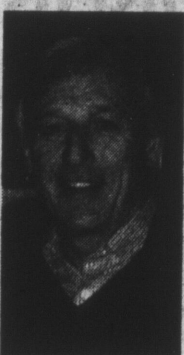
blows and the second night provides an opportunity to test your skills against an "attacker."

To enroll or get more information, contact Quincy Police Lt. Dan Minton at 617-745-5719 or dminton@quincyma.gov.

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BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



THE MERMAID'S GEM

The exquisite gemstone named aquamarine is a favorite of sea-going folks because it represents courage, good luck, and protection. Additionally, aquamarine is said to be associated with mermaids. It is named after seawater, and just like the sea, it can range in color from blue-green to pure deep blue. Aquamarine is frequently confused with blue topaz but is much more rare and valuable. It is related to the emerald and comes from the same gemstone family of beryls. Because aquamarine is a durable stone (7.5 to 8 on the Mohs hardness scale), it is beautifully suited for dramatic big rings and showy bracelets, as long as it is treated with respect and protected from hard knocks and scratching.

Aquamarine is the accepted anniversary gemstone for the 19th year of marriage. If you are looking for a big, beautiful, durable gemstone, aquamarine is readily available in larger sizes. And it is truly dramatic when cut in the octagonal step cut, rectangular, or oval shapes. We'd love to show you our selection of fine aquamarines at Rogers Jewelry. If you don't see what you're looking for, keep in mind that we'll do our best to find it or we will design it. Special orders are usually accommodated within 72 hours with no obligation on the customer's part. Take some time from your busy schedule and visit with us at 1402 Hancock St. in Quincy Center. PH: 617-773-3636.

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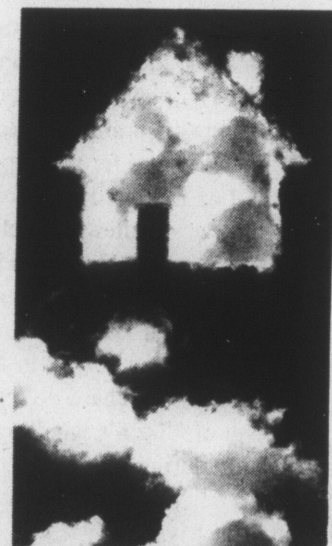
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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

(USPS 453-060)

Published Weekly on Thursday by
The Quincy Sun Publishing Co., Inc.
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Publisher and Editor

Henry W. Bosworth, Jr.
Founder
1968 - 2009

\$1.00 per copy/newsstand • \$32 per year by mail in Quincy
\$37 per year by mail outside Quincy • \$45 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

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**Moments
in time**

THE HISTORY CHANNEL

• On **March 30, 1855**, in territorial Kansas' first election, some 5,000 "Border Ruffians" invade the territory from western Missouri and force the election of a pro-slavery legislature. Although the votes cast exceeded the number of eligible voters, Kansas Gov. Andrew Reeder reluctantly approved the election to prevent further bloodshed.

• On **March 28, 1915**, the first American is killed eight months into the conflict that would become known as World War I. Leon Thrasher, a 31-year-old mining engineer and native of Massachusetts, drowned when a German submarine torpedoed the cargo-passenger ship Falaba off the coast of England.

• On **March 31, 1931**, Knute Rockne, the legendary Notre Dame football coach, is killed in a plane crash near Bazaar, Kansas, at age 43. His players included All-American George "Gipper" Gipp, the inspiration for Rockne's now-famous motivational line "Win one for the Gipper."

• On **March 25, 1958**, boxer Sugar Ray Robinson defeats Carmen Basilio to regain the middleweight championship, the fifth and final title of his career. Robinson is considered by many to be the greatest prizefighter in history.

• On **March 26, 1969**, a group called Women Strike for Peace demonstrates in Washington, D.C., in the first large antiwar protest since President Richard Nixon's inauguration in January. Criticism of Nixon's handling of the Vietnam War mounted steadily during his term in office.

• On **March 29, 1971**, Lt. William Calley is found guilty of premeditated murder at My Lai by a U.S. Army court-martial. Calley, a platoon leader, had led his men in a massacre of 200 Vietnamese civilians, including women and children, in Quang Ngai Province in March 1968.

• On **March 27, 1990**, the U.S. government begins broadcasting TV programs into communist Cuba. TV Marti was conceived in the 1940s to beam news and propaganda throughout the world, particularly to communist nations.

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Snacks And Apps At Wollaston Library March 20

Do you know how to use your mobile device to make the most of what the library offers online?

Come to the Wollaston Branch of the Thomas Crane Library on Wednesday, March 20 between 6 and 8 p.m. and learn about all the books, movies, tv shows, music and more that you can get from the library, anywhere you are connected to the internet (and how to

download content for those times you're offline too).

Snacks will be offered; nibble while you learn how to stream movies and read magazines online for free.

The program is sponsored by the Friends of the Thomas Crane Public Library.

For more information, visit thomascranelibrary.org or call 617-376-1300, x3.

ConCom OKs Center Apartments

Cont'd From Page 1

March 6. The commission reviewed the project because of the site's proximity to the Town Brook, which runs along the opposite side of McGrath Highway.

The proposed building would include four floors of residential units — each with two bedrooms — above one level of parking that would be accessible by a curb cut on Newcomb Street. A total of 65 parking spaces would be provided — 37 in the first-floor garage and 28 surface spaces. A larger surface lot would be located on Newcomb Street and a smaller one on Spear Street.

There is currently no drainage system on site, allowing stormwater to run off into the street to the city's drain lines, according to Claudio Sala, an engineer for the developer. The applicant has proposed installing three Cultec stormwater systems on site — one under the Spear Street parking lot, another on the Newcomb Street parking lot and the third under the garage, which would also take in water from the building's roof. The Cultec chambers store water and release it into the water table.

"We're reducing run off from the site," Sala said. "There will be pollution-control devices on all the catch basins."

Those pollution-control devices will remove 44 percent of suspended solids before they enter the Cultec

chambers and 80 percent of suspended solids before the water goes into the ground, according to the applicant.

Before hearing from residents during the meeting, chairman Jeffrey Graeber said the commission was only being asked to review the stormwater controls and impact on the river bank. Other city boards will review different aspects of the project.

"This is already a developed site and they're putting in storm management that will improve the site. The river bank is far enough away that they're not impacting that. From a conservation point of view, I think those are the two issues," Graeber said.

"They have zoning issues, they have planning issues, because this is a major project...our context is what are they doing to the stormwater and to the drainage."

Several residents who spoke during the meeting said flooding is a concern in the neighborhood.

"Flooding has got to be addressed," said Thomas Stansbury, a Newcomb Street resident. "That's got to be the most important thing. One storm we had down here, the Fire Department had to bring in boats to get the people who got trapped on McGrath and Newcomb Street. That whole thing was a lake. Cars got stuck in it and people couldn't go anywhere."

Jeff Hynes, an Elm Street resident, said the neighborhood has been promised improvements to Town Brook in the past but they have yet to happen.

"They said they were going to redo that wall. It's still not done. That's part of the problem. If we're going to be building and the city can't afford it, maybe the developers have to chip in to fix it," Hynes said. "I don't think it should lie on the developers, but someone has got to fix it. It's only getting worse. It just keeps coming."

Graeber said flooding issues in the neighborhood are outside of the commission's jurisdiction, but it was important for residents to voice that concern.

"It's come before us many times what's happening there, but our jurisdiction unfortunately is limited. We can't say to the city to fix the problem, but you're saying it here enough times hopefully has some effect," Graeber said. "I think it's necessary that you say this."

Another resident, Beverly Campbell, asked what would happen if the development made the problem in the neighborhood worse.

"They're promising to not make it any worse," she said. "My question is, they go forward with this project and it does make it worse. Then what?"

Graeber said the plan calls for three new drainage

systems that are not there now.

"The engineering is all we can go by and the engineering here shows three substantial infiltration systems that are designed to make it better and there are none now," he said. "It's a built-up area. They're not making it less permeable. They're putting in infiltration systems."

Ward 1 Councillor David McCarthy said the city has hired the engineering firm Woodard & Curran to study potential improvements in the vicinity of McGrath Highway and the Town Brook to alleviate flooding problems. Those improvements are not imminent, however.

McCarthy said the proposed the 42-unit building would have adequate systems in place to handle stormwater.

"I think the project is good. I think they're doing their work," he said. "Water-wise, I think they're doing as much as they can in regard to getting your blessing. I think it's more the city's issue with McGrath Highway, Town Brook, etc., than these guys."

A different developer has proposed a 52-unit residential building at 29-31 Newcomb St. The Conservation Commission had been scheduled to review that plan at the March 6 meeting, but the applicant was granted a continuance to April 3.

Keenan Meets With Students To Discuss Teen Vaping, Flavored Tobacco Ban

State Sen. John Keenan recently met with members of the Holbrook Middle-High School Civics Club to discuss the increase in teen vaping across Massachusetts.

The Holbrook Civics Club has been working to raise awareness about the health risks associated with e-cigarettes and vape products such as JUUL, and joined Sen. Keenan to discuss legislation that would ban the sale of flavored tobacco products statewide.

Current e-cigarette use among middle and high school students in the U.S. increased dramatically between 2017 and 2018. According to data from the FDA, 1.5 million more students used e-cigarettes in 2018 than in 2017, accounting for a 78 percent increase among high school students and a 48 percent increase among middle school students nationwide. In Massachusetts, 41 percent of high school students reported ever using e-cigarettes,

more than three times the number of adults who use them.

Sen. Keenan and Holbrook students discussed concerns that the sale of flavored tobacco products, including the sale of flavors for vaping devices and e-cigarettes, has significantly contributed to increased tobacco use among young people.

"There is a direct connection between the marketing and sale of flavored tobacco products and the increase in vaping among young people today," said Keenan. "Middle schools and high schools across the Commonwealth, and indeed across the country, have seen the rate of young people using e-cigarettes skyrocket in the last few years. These courageous students are standing up to the tobacco companies targeting their peers, and I am proud to stand with them in this fight."

Keenan filed a bill that would limit the sale of flavored tobacco products — including cigars, e-cigarettes,

chewing tobacco, hookah, and snuff — to adult-only smoking bars.

"Recent studies show that kids are attracted to e-cigarettes due to the variety of flavors and the perception that they are less harmful than cigarettes," said Keenan. "Young people are convinced that because it doesn't taste or smell like tobacco, it can't be bad for them. In reality, one JUUL pod can have as much nicotine as an entire pack of cigarettes, and consequently, young people are becoming severely addicted very quickly. This bill would restrict the sale of flavored tobacco products to adult-only smoking bars like hookah lounges, limiting the power companies like JUUL have to target our kids."

The Holbrook Middle-High School Civics Club has been working to raise awareness. The group has successfully passed tobacco flavor restrictions in Holbrook and is hoping to have more success in neighboring towns like Weymouth

and Easton. The students have also been working with the Department of Public Health as youth advocates for flavored tobacco restrictions.

"I am a sixth grader who lives in a world that tries to convince me and other kids around my age to vape and that flavored tobacco is okay," said Holbrook sixth grader Joshua Hankins. "It is always right there in different stores I go into. I hate the fact that store owners decide to put vape juice right where kids can see, mostly near candy and ice cream. I am proud we got a flavor restriction in Holbrook and hope that we can enforce greater restrictions across Massachusetts!"

One Holbrook High School senior and Civics Club member, Sarah Ryan, advocated for flavor restrictions at a press conference in Washington D.C. alongside U.S. Surgeon General Vice Admiral Jerome M. Adams last year. Sarah and others from the Civics

Cont'd On Page 18

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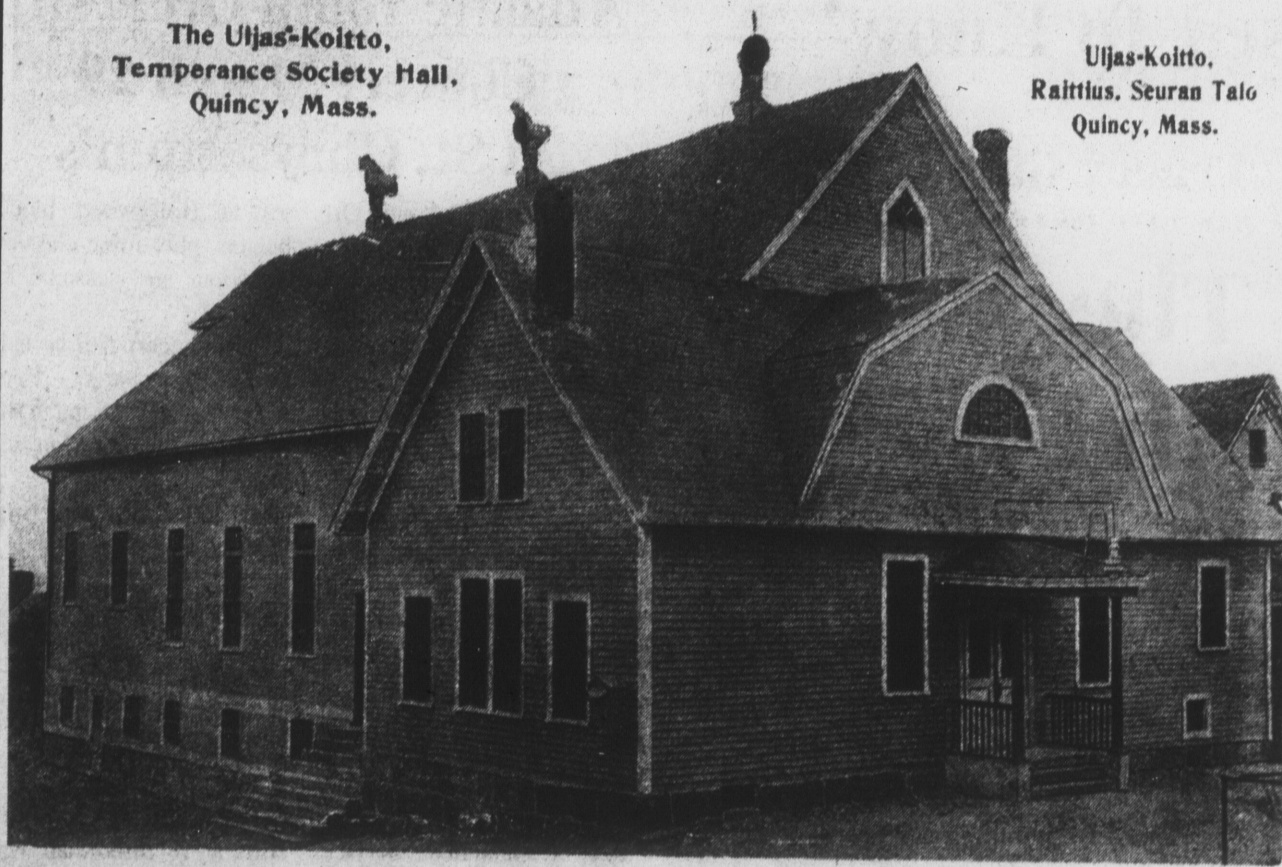
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Scenes From Yesterday

The Uljas-Koitto,
Temperance Society Hall,
Quincy, Mass.

Uljas-Koitto,
Raittius, Seuran Talo
Quincy, Mass.



THIS IS A 1920 postcard showing the Finnish Uljas-Koitto Temperance Society Hall that was on the corner of Nelson Street and Suomi Road in West Quincy for 75 years. A fire set by vandals destroyed the building in 1974. Finnish people first arrived in South/West Quincy in 1886 to work in the granite industry. Over time hundreds of Finns had settled in what became known as Brewer's Corner neighborhood. By 1890, they had formed their own temperance society and in 1898 had sufficient funds to build a small hall shown

in the front here. The building was expanded with the large addition on the rear in 1912. After the fire, only a small stone tablet marks the site. In 1926, the society had purchased a small summer camp on Furnace Pond in Pembroke and expanded their presence there over the years. Known as the UKTS sauna camp they are still in operation there on Suomi Road off Route 36. Suomi is the Finnish word for Finland and/or Finnish; Uljas-Koitto translates to "Noble Endeavor."

From the Postcard Collection Tom Galvin

Quincy's Yesterdays

This Week
1949
70 Years Ago

Mayor Urged To Reconsider \$58,000 School Cut

The school budget committee of the Quincy Parent-Teacher Council asked Mayor Charles A. Ross to reconsider his \$58,000 cut in the 1949 school budget.

The request was made in a statement issued by Earl Lantery, chairman of the committee, which was formed by the Parent-Teacher Council for the express purpose of trying to regain the money, which the mayor had stricken from the departmental budget.

The school budget advisory committee has been investigating quite extensively the cut in the school budget by Mayor Ross. "We are firmly opposed to this cut or any other cut that might be made by the council finance committee," the committee said. "We feel that the Mayor's actions was decidedly unwise."

AUDITOR OPPOSES PUBLIC FUNDS FOR CHRISTMAS LIGHTS

Quincy merchants were told that there are "limits to what they can expect from public funds," by a city official who opposes legislation requiring a \$2,500 municipal appropriation to help finance Christmas decorations at Quincy trading centers.

City Auditor Leo E. Mullen told a legislative committee at the State House that a city appropriation for this purpose has been sought for several years. Mullen said, "We have done all right by the merchants. We gave them a million-dollar parking area. Talk about being Santa Claus, there are limits to what they can expect from public funds."

QUINCY CITY HOSPITAL OUTPATIENT DEPARTMENT TO BE OPENED

Dr. Ensio K.F. Ronka, director at Quincy City Hospital, announced that the long awaited outpatient department will be opened. "For the people of Quincy it means that they will be able to get certain types of medical and surgical care at substantially reduced costs," he said.

QUINCY-ISMS

Fre-Dels Carroll Cut Rate Pharmacy, 1149 Hancock St., Quincy Center, was advertising a 5 x 7 enlargement for only \$.29 with each roll of film developed... **Jack Donohue**, athletic coach at North Quincy High, showed a motion picture on football at a communion breakfast and meeting of the Star of the Sea Holy Name Society in Squantum... The Stop and Shop Supermarket, 495 Southern Artery, was advertising "Fresh Native Mushrooms for \$.49 a lb."... Quincy High School's basketball team was preparing to take on powerhouse Attleboro High School in round one of the Tech Tourney. The Presidents team included **Ralph Beaton**, **Bob Pettinelli**, **Walker Wheelock**, **Captain Peter Lura**, **Al Pasquale** and **Doug Campbell**. The team is coached by **Munroe MacLean**. *Editor's Note:* The Quincy Presidents defeated Attleboro by a score of 45-43. Top scorers for Quincy High included **Al Pasquale**, 13 points, **Walker Wheelock**, with 11 points, and **Ralph Beaton**, with 10... "Red River" starring **John Wayne** and **Montgomery Clift**, was playing at the Lincoln Theatre, Washington Street, Quincy Point... **Arthur Harrington**, chairman of the Men's Fellowship of Houghs Neck Congregational Church, announced that the Fellowship is planning to hold a membership meeting and supper at the church hall... **Ralph Moorhead**, area manager of the Norfolk County Trust Co., was appointed area treasurer for the Easter Seals Campaign of the Bay State Society for the Crippled and Handicapped... **C. Peter Wyllie**, son of Mr. and Mrs. John H. Wyllie, 88 Elmwood Ave., Wollaston, was elected treasurer of the freshman class at Mount Herman Prep School, Mount Herman, MA... **Walter E. Sears**, son of Mr. and Mrs. W. Roy Sears of 243 Presidents Lane, was a recent graduate of Harvard University. Sears graduated with honors, earning a degree in anthropology... **Gerald J. Antonelli** was elected president of the South Quincy Bocce Club for the year 1949. The club has its own quarters and bocce courts at 112 Liberty St., South Quincy... Three little girls dressed in Dutch costumes served as salesgirls at the Tulip Tea held at the First Church of Squantum. The young ladies were **Susan Westerbeke**, **Gail Lounsbury** and **Susan Abbe**... **Clarence Edwards** presided over the monthly dinner meeting of the Bethany Church Men's Club. Guest speaker was **Rev. John H. Scammon**.

READERS FORUM

Says Public Officials Discounting Commuter Needs

As a public transportation commuter here in Quincy, we have yet again been subject to the politicians in Quincy from the mayor right down to and including the city councillors discounting the Quincy public transportation commuter needs.

As most commuters are aware, after changing our routine to accommodate the closing and rebuilding of the Wollaston train station, they have done it again. They have allowed a company to come in, take valuable parking spaces without any alternatives but for the commuter to fend for themselves.

The Quincy Planning Board authorized the chang-

es, the Quincy Building Permit Department issued the needed permits and the City council allowed it to happen. Why do the politicians continue to discount the commuter needs and allow these type of situations to occur all at once in this city?

Believe me, I understand the importance of progress, new construction, and making the city better, but why at the expense of the current residents/commuters that must rely upon public transportation? Why aren't we being heard?

I also understand that these big companies hold a community meeting but they do so just to say they

did. No one at that meeting cared what any of the commuters had to say and what their concerns were because all decisions had already been made and everything was well under way. When anyone says we listen to the community, it is not true.

Another wrinkle is that if you are lucky enough to get one of the remaining parking spaces at North Quincy, the pay by phone no longer lists North Quincy as an approved parking lot to use this application. So how do you pay? If you get invoiced for the space, I understand you are surcharged. How can the commuter, yet again, be penalized by being

charged more for something the Quincy politicians seem to have allowed to happen?

I know no matter how much the commuter community states their frustrations, no alternatives for the loss of over 600 parking spaces will be provided. I guess the only power we as the residents/commuters have is at the voting booth. Maybe next time, the residents will vote for individuals that will 'watch out' for the citizens of the community and not allow 'progress' come before the meeting of those needs.

Marianne Barry
Quincy resident
and commuter

L-H School Seeks Contributions For Fundraiser Raffle

The staff at Lincoln-Hancock Community School work with over 500 students in grades K-4 who strive to be the "pride" of the community. At Lincoln-Hancock, we make every effort to teach the whole child.

While academics are extremely important, we also work hard to help students improve upon their social skills and their physical abilities; the effort they exert in the classroom is just as important outside the classroom.

We have participated in different fundraisers throughout the years to raise

money for a new playground for our students and the surrounding community. The City of Quincy graciously donated a playground to us this year and we have been enjoying it ever since. However, with a large population like ours, our students at recess could use additional developmentally appropriate equipment for when the playground structures are crowded.

Therefore, we are continuing our fundraising efforts and planning a Touch-A-Truck for April 6th, (rain date April 27th). To make this event as effective as we

hope, your support would be very much appreciated.

We are seeking any financial or in-kind contributions that your organization can provide. Since we are planning raffle baskets including items from local businesses in Quincy, a donation of any item or service would be greatly appreciated; contributions are tax deductible.

Your support in this effort will have a positive impact on the lives of the children who attend Lincoln-Hancock as well as the surrounding community. In addition to helping

our school and community, your company will also gain great exposure as the sponsors and donors will be listed at the event. If you decide to make a contribution, you can send your gift to the address below or call the phone number below and we can arrange a time for someone to pick up the gift.

Thank you for your time and consideration.

Appreciatively,

Mary Kay White
Kindergarten Teacher
Lincoln-Hancock Community School

Arts & Entertainment

'The Girl He Used To Know'

The Fine Print Book Review

By BETH VACCA

People are like snowflakes. Each one is beautiful and no two are alike. People are not like snowflakes. We have a tendency to judge each other for these differences.

Although no one would deny that no two people are the same it does not stop us from judging people who do not fall into what we as a society think of as "the norm."

We say we celebrate differences, however, there are many individuals with developmental disorders who, at times, do not feel so celebrated. Those who navigate the world a little differently and judged for it. Considered "weird."

In "The Girl He Used to Know" by Tracey Garvis Graves we meet such a girl. Annika has trouble understanding what people mean, misses social cues and cannot handle loud noise. She often says she feels like people are born with an instruction book, but somehow she was never given a copy.

Homeschooling began halfway through seventh grade after Annika was beaten and locked in a school bathroom by fellow

seventh grade girls. Annika's mother then makes the hard decision to allow her to go off to college three hours away. She learns to navigate college in her own way with the help of her college roommate, Janice. Janice is the only person on campus who takes the time to truly get to know the shy, quirky and strikingly beautiful Annika.

During Annika's senior year she meets Jonathan. This is their story. It is a beautiful account of love, loss and acceptance. About learning how to trust people in a dangerous world even when you have been hurt by others in the past. About learning how to give and how to receive. It is a lesson on learning to speak someone else's language and having the patience and understanding to articulate your own.

We are all broken people. We all have "stuff." This story contains a lesson for all of us. To look humbly at ourselves and who we are before looking at and judging someone else.

As the mother of a child born with Down syndrome I get a front row seat on how

Tracey Garvis Graves

NEW YORK TIMES BESTSELLING AUTHOR

The Girl He Used To Know

a novel



our society views individuals who do not fall into the "typical" category. I listen while I'm told that his needs will be better met in a "separate" environment. You know what? The world is not "separate". It belongs to all of us. Some differences are more visible than

others, but we are all wonderfully made. We all desire to be known and to be loved. I know first hand that when you dismiss someone due to their "differences" it is most likely you who will be the one missing out. Don't forget to read ... The Fine Print.

'First Family of the North End' Brings True Taste Of Italy To Marina Bay

The Frattaroli family has been a fixture of the North End's world-famous dining scene for decades.

Now the "First Family of the North End" has brought the same beloved Italian flavors to Victory Point in Marina Bay.

The restaurant recently introduced a new menu that features Italian and Italian-American classics, fresh handmade pasta and house-baked bread and pairs them with locally sourced seafood befitting Victory Point's scenic waterfront location on the Marina Bay boardwalk.

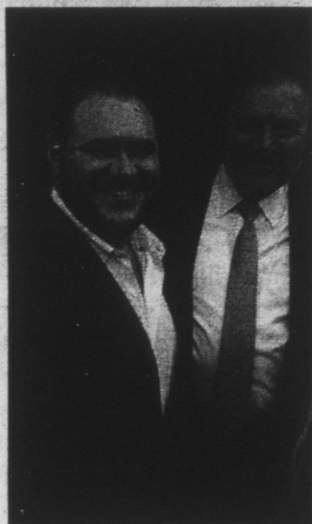
"We like to think of it as a little taste of the Italian waterfront like you might find in Venice or Genoa and we're delighted to bring these flavors to our friends and neighbors in Quincy,"

said family patriarch and Victory Point owner Donato Frattaroli. His son, Donato Jr., owns the restaurant with him.

Victory Point offers a 90-seat dining room, outdoor in-season bar area overlooking the yachts below and a new upstairs function room with views of Boston Harbor.

The kitchen is run by recently hired chef Ricardo Passini, a veteran of some of Boston's most celebrated Italian eateries.

Guests will find Italian classics like chicken or veal saltimbocca; plenty of handmade pasta options, including scallop pappardelle, lobster or burrata ravioli and artichoke pesto gnocchi. The traditional Bolognese ragu with veal, beef and pork is served with chitarra



VICTORY POINT owners Donato Frattaroli, Jr. and his father, Donato Frattaroli.

pasta – a thin rounded pasta cut on a collection of strings that resemble a guitar (chitarra in Italian).

Seafood options include clam chowder, mussels, crab cakes, grilled salmon, stuffed haddock and "frittura" – a classic Italian fried seafood platter much like you'd find at any New England clam shack. It's made with lightly breaded and crispy calamari, scallops and catch-of-the-day white fish, plus French fries and tartar sauce.

"New Englanders and Italians both love their sea-

food," said Frattaroli.

The restaurateur moved from Italy to Boston in the 1970s and soon found work at Italian eateries in East Boston and the North End. Today his family owns seafood-centric Il Molo and traditional Italian Artu in the North End, as well as a second Artu in Beacon Hill. Frattaroli also founded The Taste of the North End, one of the region's most successful food events for charity, and is a past president of the Massachusetts Restaurant Association.

The Frattaroli family purchased the former Captain Fishbones in 2017 and quickly re-concepted it to Victory Point in 2018.

"Italian dining is what we do and what we're known for," said Frattaroli. "We didn't realize when we came to Quincy that there was such a demand for a classic Italian dining spot in the area or that Quincy had its own rich history of Italian immigration, especially those who worked cutting stone at the quarries. We're excited to be able to offer our style of food here on the Marina Bay waterfront."

Atlantic Youth Orchestra Concert March 29 At St. Chrysostom's

The Atlantic Youth Orchestra, Susan Bill, conductor, will present its next concert on Friday evening, March 29th at 7 p.m.

The program, entitled "I Lost It At The Movies: Music from Nine Decades of the Singing Silver Screen," will feature music from everything from Disney mov-

ies to Hollywood blockbusters, plus some classical selections and seasonal favorites.

The concert will be held at St. Chrysostom's Episcopal Church, 1 Linden St., Wollaston. A reception will follow.

A \$10 donation is suggested.

Beth Shalom-Blue Hills Collecting Formal Wear For Tammi's Closet

As part of its Third Thursday Community Service Mitzvah Program, Congregation Beth Shalom of the Blue Hills will be collecting prom and bridesmaid dresses for women, and tuxedos and formal wear for men, at the synagogue during the week of March 18-21.

The hours of collection are Monday through Thursday, March 18-21, 9 a.m. to 3 p.m.

The formal wear collection is being conducted in partnership with Tammi's Closet in Amesbury, an organization that provides prom dresses, tuxedos and formal wear for young ladies and gentlemen who may not be able to purchase them. Gently used formal and business wear can be brought to Congregation

Beth Shalom of the Blue Hills at 18 Shoolman Way (off Lodge Street) in Milton, and all donations from the community are greatly appreciated.

The synagogue's Mitzvah Program, operating under the Jewish tenet that "doing good deeds is an obligation," hopes to provide service to the community by both congregants and wider community members, and it seeks to involve others, including schools, houses of worship and organizations.

For more information about the synagogue's "Third Thursday Community Service Mitzvah Program," call 617-698-3394, email office@BethShalom-BlueHills.org, or visit www.BethShalomBlueHills.org.

HN Garden Club Student Award Guidelines

The Houghs Neck Garden Club (HNGC) is granting awards to graduating high school seniors who have been residents of Quincy for the last two years and who have been accepted to a school of higher learning.

Additionally, applicants must plan to concentrate in one of the following fields: conservation, horticulture, botany, oceanography, forestry, city planning, landscape design, land management, environmental studies, or an allied field.

Applications are available from local high school counselors or by contacting a member of the HNGC.

Completed, signed applications must be delivered to Carol Johnston, 46 Bay View Ave., Quincy, MA, 02169. Deadline for submitting applications is April 15th.

Upon timely receipt of completed applications, accompanied by a written statement of each student's educational goals (students should not write their names on the essay page), the HNGC Student Awards Committee will review and consider materials. Student(s) granted an award will be notified by phone or mail by April 28th.

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Social

'Sing For Their Supper' Returns For A 5th Year Saturday

On Saturday, March 16th at 7 p.m., Milton Community Concerts presents the fifth annual "Sing For Their Supper" benefit concert at the historic First Parish Church of Milton, 535 Canton Ave.

This popular event will feature 10 local opera singers in a program of opera and musical theater favorites in support of two local charities.

This year's concert features a completely new lineup of artists: sopranos Bizhou Chang, Carina Digianfilippo, Maggie Finnegan, Celeste Godin, Rachele Schmiede, and Jennifer Sgroe, tenors Christopher Eaglin, Brian Landry, and Bingchuan Wan, and baritone Giovanni Spanu. Collectively they have sung roles with many notable opera companies, both nationally and internation-

ally. They have sung in prestigious venues such as Carnegie Hall, and regularly in venues around New England. They have been prize-winners in the Metropolitan Opera Auditions and the Washington International Competition. They have trained and performed in China, Italy, and Canada, and have distinguished careers as recitalists and concert artists. Recently several have been featured in world premiere performances of both opera and art song. They will be assisted on the piano by Timothy Steele, producer of the MCC concert series.

This is a free concert (no tickets needed) with all proceeds collected from a free-will offering to benefit the Milton Food Pantry and the Milton Residents Fund. All performers are donating their time and talent to support these two important charities. Additional support for this concert is being offered by local catering company, Cooking With Stephanie (cookingwithstephanie.com).

Other upcoming MCC concerts will feature the Boston City Singers Tour Choir in "A Message of Music" on Sunday, April 28th at 3 p.m.; and British actor/singer Tayo Aluko's award-winning portrayal of Paul Robeson in "Paul Robeson: A Giant in a Nutshell" on Sunday, May 26th at 3 p.m.

Be advised to arrive early for best seating. There is ample parking available and the venue is handicapped accessible. In case of heavy snow March 23rd will be the backup date. For more information visit miltoncommunityconcerts.com.

Be advised to arrive early for best seating. There is ample parking available and the venue is handicapped accessible. In case of heavy snow March 23rd will be the backup date. For more information visit miltoncommunityconcerts.com.

Merrymount Park Moonlight Walk

The Park Department is hosting a free moonlight walk through Merrymount Park to celebrate the spring equinox on Wednesday, March 20 at 7 p.m.

Join Park Department Program Manager Paul Doherty and Sally Owen for a quiet stroll along woodland paths, past salt marshes to the boat pavilion at Black's Creek.

land paths, past salt marshes to the boat pavilion at Black's Creek.

Dress warmly and bring a flashlight. There are roots and rocks along the trail and the route will be hilly in places so you might want to bring a walking stick.

Meet in the parking lot

at Adams Walk off Merrymount Parkway (Rt. 3A) near the intersection with Hancock Street (across from Veterans' Memorial Stadium).

For more information and rain date rescheduling, call 617-472-0799.

Altrusa Birthday Party March 31 To Benefit Less Fortunate Children

The public is welcome to celebrate Altrusa International's Birthday at a party to help others locally on Sunday, March 31 from 2 to 4 p.m. at Wollaston Congregational Church, 48 Win-

throp St., Quincy.

Birthday in a Box. Inc. is a local program that provides Birthday Party supplies for less fortunate children. Altrusa of Quincy is hosting a gathering of donations to make Birthday

boxes to donate. Come and donate simple items such as paper/plastic tablecloths, birthday banners and wrapping paper.

There will also be a cake. QuincyAltrusa@gmail.com for more information.

James MacDonald Studies Abroad In Italy

James MacDonald of Quincy, participated in the fall 2018 Bates College Junior Semester Abroad program.

MacDonald, who is majoring in economics and minoring in mathematics at Bates, studied in Italy through Trinity College,

Rome.

He is the son of Mr. and Ms. Philip E. MacDonald of

North Quincy, and a 2016 graduate of Boston College High School.

Five On Bryant U. Dean's List

Five students from Quincy are on the Dean's List for the fall semester at Bryant University in Smithfield,

R.I.

They are: Carmen Cheung, Kelli Gagnon, Lauren Lo, Alexander Pham and Andrew Pham.

QHS Student Taylor Burgess Represents Quincy Lions Club At Annual Youth Speech Contest

Quincy High Student The Massachusetts Lions Youth Speech Competition provides an opportunity for students in grades 9 - 12 to speak publicly and freely on a designated topic. This year's topic was "Integrity: What does it look like?"

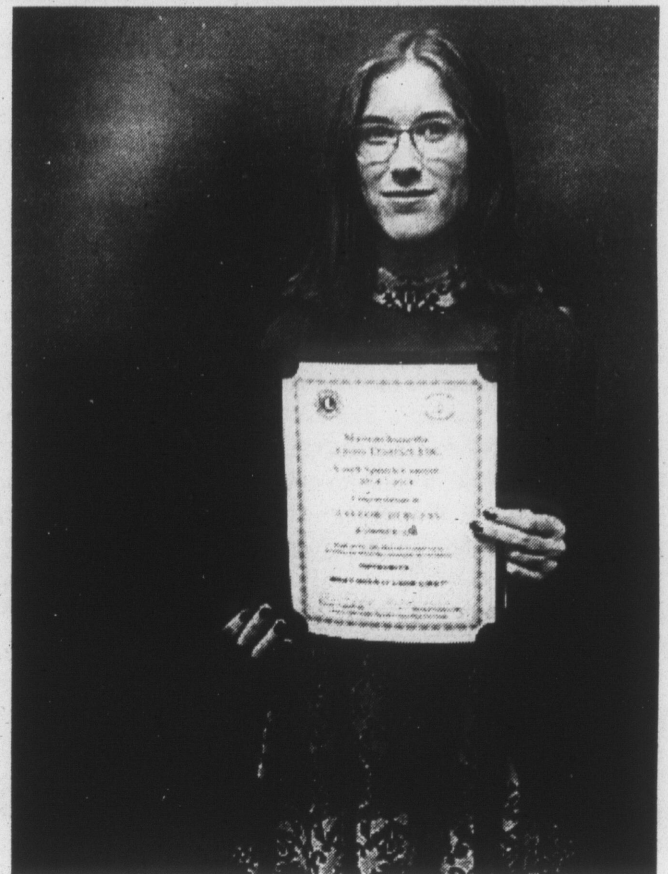
The competition starts at the local club or school level and proceeds through several levels of competition ending several months later with a state-wide competition. In between there are zone, region, and district levels of competitions where the winner of each level has the opportunity to proceed to the next level. Approximately 400 high schools' students participate in this statewide contest.

On Jan. 9, Quincy and North Quincy High School participated in the Quincy Lions Club's Speech Competition, held at the Quincy Historical Society, in hopes of progressing the next level of the competition.

Quincy Lions Club members were very impressed and grateful for the participation of the students in this Year's Quincy Lions Club Youth Speech Contest. This year, seven Quincy and North Quincy High School Students competed at the club level contest.

As the contest progresses, it becomes more challenging to the participant. Participants are not only judged on the content of their speech, but also time limitations, the limitations of reference materials and increased audience sizes and judging panels. These progressive changes help reinforce public speaking skills, confidence and composure in the students, while allowing them a platform to share their point of view regarding the topic.

Taylor Burgess, an 11th grade student at Quincy High School, represented the Quincy Lions Club successfully through the Zone, Region and finally District Level of the contest. Taylor presented her speech to an audience of approximately



TAYLOR BURGESS, a junior at Quincy High School, represented the Quincy Lions Club successfully through the Zone, Region and District Level of the club's speech competition.

Photo Courtesy Quincy Lions Club

100 Lions members at the Lions District 33k Mid-Winter Convention on Jan. 20.

This level of the competition, which only allowed for the participants to reference the content of their nearly 7-minute speech from one 3x5 inch index card, is the semi-final level of the contest prior to the Statewide Finals. Taylor finished as a runner up in this division of the competition.

When asked by Quincy Lions Club President, Doreen Smith what prompted her to enter the contest, Taylor responded: "I entered the contest at the will of my teacher. It was something our whole class was writing, but out of my class he had chosen me and a few other students to represent the school. When he asked if I would like to give my speech, I obliged gratefully. It was a great opportunity that he presented me with! One important snippet of

my speech was that integrity was found in "hidden heroes"- people who did the right thing, even when no one was watching. Whether this was for the good of their own personal character or the good of someone in need, they assist without the expectation of a reward. This section was really important to me because I know that a lot of people who do good don't receive much of a thank you, but they certainly deserve the recognition. My parents, teachers, and the Lions I met really helped boost my confidence and encourage me to try my best at every level of the competition. I'm very grateful for the opportunity!"

Taylor will deliver her speech in full at the March 21st Quincy Lions Club meeting. For information, contact the Quincy Lions Club at quincylionsclub@gmail.com or visit www.quincylionsclub.com

Molly Mahoney On Dean's List

Molly Mahoney of Quincy has been named to the

Dean's List for the fall semester at Suffolk University in Boston.



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Time: 11:40 am until 12:30 pm
Menu varies please find information at:
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SONS OF THE AMERICAN LEGION SQUADRON 294

CYRIL P. MORRISETTE POST

ST. PATRICK'S DAY CORNER BEEF DINNER

SATURDAY MARCH 16TH • 3PM-7PM

TICKETS ARE \$10 Music * Drawings * Irish Step Dancers

The Sons' Annual St. Patrick's Day Dinner is to support our
Flags for Veterans Island, located in Fort Square, and other Veterans' activities.
The Post is located at 81-83 Liberty St., Quincy



WHAT'S COOKING

with

Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Sweet Potato Chocolate Frosting

By MARIE

Today's recipe is so wonderful and sweet but does not contain confectionery sugar the way typical home-made frosting recipes do.

The use of chocolate chips provides a subtle and wonderful sweetness. You can also use bitter sweet chocolate for a more savory chocolate flavor.

My niece, Jean, gave me the frosting recipe used in my mother's Eggless Milkless Butterless Chocolate Cake recipe. I have put the cake recipe, a time-honored recipe invented in World War II, in my column many times as I often get requests to repeat it.

FROSTING RECIPE:

Ingredients:

1 15 ounce can of pure sweet potato puree

10 ounces of semi-sweet chocolate chips
1/4 cup of cocoa powder

Directions:

Cook the can of sweet potato puree in a saucepan and bring to a simmer over medium heat stirring often so the potato puree does not stick.

Remove from heat and add 10 ounces of semi-sweet chocolate chips and 1/4 cup cocoa powder.

Stir until well blended and cool.

Place in refrigerator to cool before frosting your cake.

Leftover frosting should be stored in the refrigerator.

This recipe will make enough to frost a 9x13 cake.

Turkey Zucchini Poppers

By SUSIE

Here is a fantastic and incredibly simple recipe when you are getting bored of the same old things. This is so good for you loaded with protein and vegetables, you can certainly feel good about eating, and serving this to your family!

TURKEY ZUCCHINI POPPERS

1 lb. ground organic turkey
2 Cups grated zucchini (leave on skin)
2-3 green onions, minced
3-4 sweet basil, fresh parsley, combo

1 Clove garlic, minced

1 TSP sea salt

1/2 TSP pepper

1/2 tsp garlic powder

Instructions: Mix ground turkey and remaining ingredients in large mixing bowl. Spoon out about 9 or 10 nugget size pieces and saute' in olive oil for about 5 minutes on each side.

You can eat them plain or dip in your favorite sauce. I use marinara or aioli! Enjoy!!

READERS FORUM

NQ Hockey Exemplifies Yakoo Spirit

Congratulations to Matt Gibbons, his staff and the boys for a great hockey season.

Matt and his staff took a three-win program with few skaters, on the brink of extinction or becoming a co-op program, to a state title contender this year. Matt and his staff are tireless

workers fighting diminishing numbers yearly to keep the program alive.

The staff and the boys exemplified the true Yakoo spirit of strength, unity, loyalty and determination that makes North Quincy High School so special.

For all the carpet baggers

that wish to extinguish this spirit, you can go..... have a nice day.

Kevin B. Jago

NQHS Class of 1973

NQHS Junior Varsity

Hockey Coach "79-83"

NQHS Varsity Hockey

Coach "83-89"

NQHS Hockey Hall of Fame Founding Committee

Hancock Park Rehab, Nursing Center Ranks Among Best Nursing Homes In Country

Hancock Park Rehab and Nursing Center recently announced it has been recognized on the 2018-19 list of "Best Nursing Homes" in the nation by U.S. News & World Report, the global authority in health care rankings.

Hancock Park, a skilled nursing and rehabilitation center, was given an overall rating of "High Performing" in the annual quality ranking, and was also recognized as High-Performing for its short-stay rehabilitation services.

"This recognition is really an acknowledgment of our staff, and the work they do with care and compassion every day," said Richard Coughlin, executive

director of Hancock Park Rehab and Nursing Center. "We are grateful for their continued commitment to our patients, residents, and their families, and for their ongoing support of our organization."

Hancock Park Rehab and Nursing Center earned its top ranking by U.S. News & World Report through data from the federal Centers for Medicare and Medicaid Services (CMS), which included health inspection findings, nurse staffing and medical quality measures. The facility consistently gets high marks for quality and overall satisfaction in surveys of residents, patients and families.

U.S. News & World Re-

port evaluated more than 15,000 nursing homes nationwide, out of which around 2,975 earned the designation of a "U.S. News Best Nursing Home," including Hancock Park Rehab and Nursing Center.

Located at 164 Parkway in Quincy, Hancock Park is a 142-bed, skilled nursing and rehabilitation center that provides short-term rehabilitation, traditional long-term care. In addition to offering short-term rehab and long-term care, Hancock Park offers Adult Day health and Assisted Living. To learn more about Hancock Park, visit: <https://www.banecare.com/Hancock-Park-skilled-nursing-home-rehabilitation>.

QHS Drama Club To Present 'Fiddler On The Roof' March 22-24

The Quincy High School Drama Club is presenting "Fiddler on the Roof," the beloved theatrical masterpiece from Tony award winner Joseph Stein and Pulitzer Prize winner Jerry Bock and Sheldon Harnick.

The family-friendly musical will be performed by the Quincy High School Drama Club in the Lloyd

Hill Auditorium, Quincy High School, 100 Coddingdon St., Quincy, March 22-March 24.

Performance dates are Friday, March 22 at 7:30 p.m.; Saturday, March 23, at 2 p.m. and 7:30 p.m.; Sunday, March 24 at 2 p.m.

The production will be staged and directed by Margaret Spencer, with set de-

sign by Thomas Doucette, musical direction by Christopher Boel and choreographed by Iris Katorri and Abbey Little.

General admission is \$12 and \$5 for students K-12 and can be purchased at the door.

For further information contact 617-376-3355 or 617-376-3352."

National Service Makes Local Impact:

AmeriCorps Members Are Strengthening The Community

By BARBARA MOFFAT and EMILY HABER

In his inaugural address, President John F. Kennedy asked Americans what they could do for their country. Nearly 60 years later, thousands are answering that question by serving in AmeriCorps, a national service program administered by the Corporation for National and Community Service.

Across Massachusetts, 2,400 AmeriCorps members are serving this year, addressing the Commonwealth's most pressing needs in the areas of education, health, workforce development, and the environment.

The week of March 10-16 is AmeriCorps Week, which celebrates the valuable contributions of the AmeriCorps members who pledge to "get things done" for America. In Massachusetts, AmeriCorps members are tutoring and mentoring at-risk youth pre-K through high school, expanding access to recovery and treatment services for those struggling with opioid addiction, preparing communities for natural disasters, teaching young people how to grow and cook nutritious foods, providing support

services to refugees and immigrants, preserving and rehabilitating our forests and waters, and more.

This year, five AmeriCorps members are serving in Quincy. Four AmeriCorps members are serving at Quincy Asian Resources Inc (QARI) to provide youth engagement programming and assist refugees and immigrants with job readiness, citizenship, and English language instruction. Additionally, a Student Conservation Association (SCA) Massachusetts Forests and Parks AmeriCorps member is assisting with high-priority conservation projects at the Adams National Historic Site.

"Whether it's serving a year in a pre-K classroom or on the trails in our state parks, our dedicated AmeriCorps members are making lasting change in cities and towns all across this great Commonwealth. They are meeting local needs, they are developing leadership skills, and for many, they will choose to stay in Massachusetts after their year of service and remain active and engaged citizens making a difference in our communities every day," said MSA CEO Emily Haber.

AmeriCorps members in

Massachusetts may receive a modest living allowance, student loan deferment, health insurance, childcare, and professional development. Members who successfully complete their service receive an educational award of up to \$6,095 to help pay for college, graduate school, vocational training, or to pay off student loans.

Since AmeriCorps began in 1994, more than 35,000 Massachusetts residents have served through the national service program, generating over \$1.13 billion in community impact. These AmeriCorps members have also earned \$63.2 million in education awards. Those interested in joining AmeriCorps can learn more at AmeriCorps.gov/join.

Barbara Moffat is the Associate Vice President for Media and Community Relations at Western New England University in Springfield. She serves as the Chair of the Massachusetts Service Alliance (MSA).

Emily Haber is the CEO of the Massachusetts Service Alliance (MSA). MSA administers federal AmeriCorps grants to 25 programs in Massachusetts, supporting 1,400 AmeriCorps members.

The Golden Lane Trio Concert Sunday At Crane Library

The Golden Lane Trio will perform in concert at the Thomas Crane Public Library Sunday, March 17 starting at 3 p.m.

The trio is comprised of three stellar musicians: Pat Black, Colin Everett and Bill Black.

Pat Black is a singer and performer of both the tin whistle and bodhrán. She

was born Dublin where she was first introduced to Irish music by her family. Colin Everett is an uilleann piper and whistle player from Mattapoisett.

Bill Black, the group's other singer as well as the string player (banjo/guitar/bouzouki) is originally from New York but has been playing Irish music for over

five decades. Together they will perform traditional ballads (in English and Gaelic), as well as some of the lively dance tunes (reels, jigs, polkas) that have made Irish traditional music so popular over the years.

For more information about the Crane Library winter concert music series, see <http://thomascranelibrary.org/concerts>.

These concerts are made possible by the Friends of the Thomas Crane Public Library.

For more information, visit thomascranelibrary.org or call 617-376-1300, x3.

Sean Harrington

On Lewis Dean's List

Sean P. Harrington of Quincy was named to the Dean's List for the fall semester at Lewis University

in Romeoville, Ill.

Harrington is studying criminal justice.

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Home Stool Test Vs. Colonoscopy-Which Is Better?

A Message From Ruth Jones, Director Of Nursing, Quincy Health Dept.

By RUTH JONES
MSPH, BSN, RN,
BC, CP-FS

A new study suggests that when it comes to colon cancer screening, an annual at-home stool test may be as effective and reliable as a colonoscopy for people who don't have risk factors for the disease.

Researchers analyzed data from 31 studies that involved more than 120,000 average risk patients who had a stool test and then a colonoscopy. They determined that the fecal immunochemical test or FIT is sufficient to screen for colon cancer, according to the report published in the *Annals of Internal Medicine*.

Average risk was defined as a person who has: no family history of colorectal cancer, no personal history of inflammatory bowel disease and no previous colon cancer or detected pre-cancerous polyps. FIT is done at home by the patient and sent to a lab for an evaluation.

The evaluation, of the 31

studies, looked at the effectiveness of the fecal immunochemical test, or FIT -- which detects hidden blood in the stool. The FIT is designed to detect the protein hemoglobin, which is found in red blood cells. Data from the research found that a one-time FIT screening caught up to 91 percent of colon cancers in people at average risk of the disease. Those who test positive with the FIT would then need to get a colonoscopy to determine whether they have cancer or pre-cancerous lesions.

However, those who test negative only need to keep getting the FIT each year to ensure that they don't develop colon cancer. For the FIT screening, a doctor supplies a test kit for patients to use at home. Different manufacturers make FITs. Depending on the specific test, the review found, a one-time screening caught around three-quarters to 91 percent of colon cancers. That makes a one-time FIT less sensitive than a one-

time colonoscopy. But, FIT screening is done yearly, while colonoscopy is done every 10 years.

Additionally, some people who are not willing to undergo a colonoscopy might be more agreeable to performing a stool test. Experts agree that the findings offer more substantiation for a screening test that has been a recommended option for many years, but not often utilized in the United States.

An editorial published by Dr. James Allison revealed the study points to some solid numbers. Only two-thirds of Americans aged 50 to 75 have been screened for colon cancer, mostly by colonoscopy. Of the one-third who remained unscreened, many are lower-income, uninsured or underinsured. Greater awareness of cheaper, easier FIT screening, among both healthcare providers and patients could help close that gap.

Many patients experience fear and anxiety prior to undergoing a colonos-

copy, which may result in negative encounters. Experts believe that having FIT as an option could feasibly result in a higher number of people getting screened for colon cancer. Researchers noted that currently 35 percent of people who should receive colonoscopies do not have the test.

Keep in mind, there is no distinct paramount test for colon cancer screening and guidelines on colon cancer screening do not advocate any one test over the others.

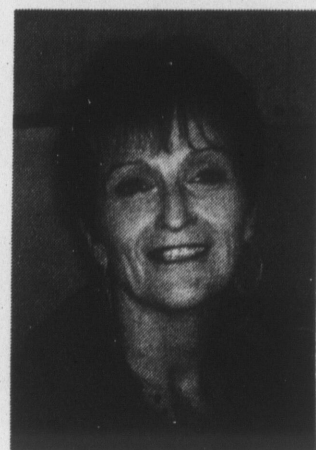
Guidelines from the U.S. Preventive Services Task Force suggest that people at average risk of colon cancer should begin screening at age 50. The American Cancer Society suggests age 45. But both groups say screening can be done with stool tests, colonoscopy or sigmoidoscopy.

It is worth noting, that colonoscopies are much more proficient than FIT at detecting polyps, benign growths that occasionally become cancerous. However, research suggests that

large, advanced polyp's transition to cancer at a rate of 3 to 6 percent per year. So if one FIT misses a large polyp, there's a good chance it will still be discovered during subsequent tests. Additionally, while colonoscopies are usually safe, they do possess minute risks of bleeding, infection or bowel perforations.

There is another type of stool-based screening test available, called Cologuard. It searches for both hidden blood and certain DNA changes that can be found in colon cancers or polyps. However, the test is expensive, costing around \$500, and there's no proof it's superior to FIT screening.

Those who decide to utilize stool testing will not necessarily be able to totally avoid a colonoscopy. If blood is detected, they will need a follow-up colonoscopy, and it may turn out to be a false alarm. FIT seems to be working in countries



RUTH JONES

like the Netherlands, Spain and France. The key to stool testing is performing it every year.

FIT is an excellent option for colon cancer screening only if it is completed consistently on a yearly basis. Experts caution that while the FIT is less invasive, patients may not follow recommendations to get tested each year, but it still may be more efficient than getting a colonoscopy every ten years.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Could You Have a Sleep Disorder?

Week of March 11 Is National Sleep Disorder Week

Do you have trouble falling asleep, staying asleep or told you snore and momentarily stop breathing during sleep?

Do you wake up tired or feel very sleepy during the day, including while driving your car?

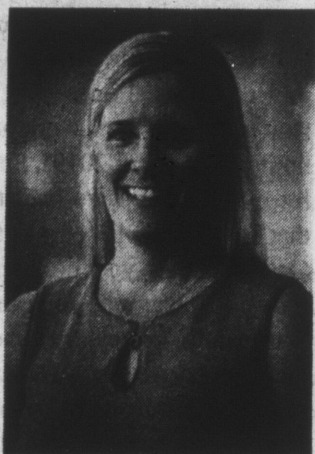
You could have a sleep disorder.

The week of March 11 is National Sleep Disorder Week. According to the National Heart, Lung and Blood Institute, some 70 million people in the U.S. have a sleep problem. About 40 million adults suffer from a chronic sleep disorder.

"Sleep has a major impact on your overall health," stated Beth Israel Deaconess Hospital-Milton (BID-Milton) board-certified pulmonologist and sleep medicine specialist Heidi O'Connor, MD. "Poor sleep can impact not only your physical health, but also your mental health."

Chronic sleep deprivation has been linked to heart disease, obesity and diabetes. Recent medical studies also indicate the sleep disorders could be related to an increased risk for developing Alzheimer's disease and other forms of dementia. It can also lead to depression, memory or learning difficulties, trouble making decisions and moodiness.

"Lack of sleep often makes you irritable, which



HEIDI O'CONNOR, MD, is a pulmonology, critical care and sleep medicine specialist on staff at Beth Israel Deaconess Hospital-Milton.

can affect your personal relationships. Constantly being tired can also lead to less work productivity," explained Dr. O'Connor. "If you're always tired you're also more likely to make poor food and dietary choices and lack the motivation to exercise, which can lead to weight gain and diabetes."

There are a number of different sleep disorders, and each has different symptoms. Obstructive sleep apnea (OSA) is the most common disorder. Those with OSA often snore loudly and stop breathing during sleep and awake with a gasp. It is often caused by soft tissue in the throat collapsing during sleep and blocking the windpipe, leading to poor sleep and all its related health problems.

Insomnia is another com-

mon sleep problem and marked by lying awake at night or frequently waking up. "Insomnia is becoming an epidemic," said Dr. O'Connor. "The use of smart phones and increased light exposure can take a toll on your sleeping habits."

Other disorders include restless leg syndrome, an itching, burning or otherwise uncomfortable feeling in your legs requiring you to move them; and narcolepsy, a condition where someone can fall asleep anywhere at any time.

If you suffer from any of these symptoms, help is available. According to Dr. O'Connor, the best way to diagnose a problem is to conduct a sleep study. Sleep studies can be ordered by a primary care physician or a

pulmonary specialist.

BID-Milton recently opened a new Sleep Study Center, featuring two private rooms designed for overnight sleep studies. "A certified sleep technologist is on-site at the hospital to assist with the study," said Dr. O'Connor. "We also offer home sleep testing, and can assist patients with different treatments like CPAP (continuous positive airway pressure) masks. Diagnosis and treatment can make a world of difference in one's health and outlook."

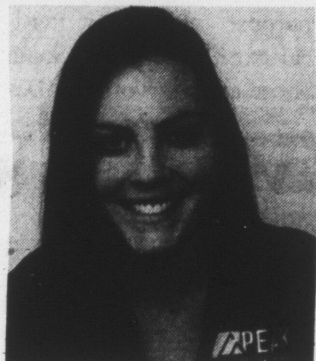
Sleep disorders should be taken seriously because of the profound effects they can impact your health. If you have symptoms of a sleep disorder, ask your doctor if a sleep study is right for you.

Kaylee LaCavalier Joins Peak PT, Sports Performance

Peak Physical Therapy & Sports Performance announces Kaylee LaCavalier, DPT of Boston, has joined the firm as a staff physical therapist in the Quincy location.

In this role, LaCavalier evaluates patients and develops a plan using various treatment techniques to reduce pain, restore function and prevent disability associated with a variety of conditions.

LaCavalier, who holds a bachelor of science in applied exercise science from the University of New England, is a recent graduate of Shenandoah University



KAYLEE LaCAVALIER

where she earned her doctor of physical therapy degree.

Originally from Portland, ME, she is a member of the American Physical Therapy Association and the National Strength and Conditioning Association.

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Prizes for costumes! Tickets for games & food on sale.



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Choral Society 'Celtic Traditions' March 24

Return to the old sod with Quincy Choral Society for music and merriment in the Celtic tradition.

Wearing green or tartan is optional. Musical numbers include "Be thou my vision" arranged by Mack Wilberg, "Loch Lomond" arranged by Jonathan Quick, and "The Parting Glass" arranged by Mark Sirett, said to predate "Auld Lang Syne."

The concert will be held on Sunday, March 24, at Quincy Catholic Academy Auditorium. The afternoon includes a silent auction, a bake sale, and some surprises to benefit the chorus. A highlight of the auction is the opportunity to conduct the chorus performing "The Hallelujah Chorus" from Handel's Messiah, first performed in Dublin in 1742.

Doors open and auction bidding begins at 1:15 p.m. with the concert following at 2 p.m. Quincy Catholic Academy is located at 370 Hancock St., North Quincy.

Tickets are \$10 and will be available at the door. This popular event will be sold out, so come early to buy your ticket and bid.

Quincy Choral Society was founded in 1981 for the purpose of bringing musical excellence to the South Shore and the world. In De-



QUINCY CHORAL SOCIETY will present a concert 'Celtic Traditions' Sunday, March 24 at the Quincy Catholic Academy Auditorium. Doors open and auction bidding begins at 1:15 p.m. with the concert following at 2 p.m.

cember 2015, the Quincy City Council recognized Quincy Choral Society for bringing music and joy to the City of Quincy for 35 years. The chorus performs locally and has performed in music festivals in Washington, D.C., in Europe, at Carnegie Hall as part of the Masterworks Series, and most recently in Montreal and Quebec. In September, the Chorus participated in the Dedication of the Hancock - Adams Common.

Quincy Choral Society is 501(c)(3) organization, and

donations are tax exempt to the extent allowed by law.

Joshua Rohde was appointed music director of Quincy Choral Society in September 2016. Dr. Rohde is Director of Choral Activities at Worcester Polytechnic Institute, where he conducts all four of the university's choral ensembles - Men's Glee Club, Women's Alden Voices, Festival Chorus, and the Vocal Performance Lab. Dr. Rohde's work encompasses multiple music genres, including new music by living composers.

His dissertation was on living Scottish composer Sir James MacMillan. Notable world premieres of new music include his work with several Pulitzer Prize winning composers. As a soloist, he has played cello concerti performing works by Elgar, Haydn, Boccherini, and Shostakovich, and he regularly works as a continuo cellist playing the choral-orchestral works of Bach.

For more information about this and future concerts, visit us at quincychoral.org and "Like" us on Facebook.

Social Security Matters

Ask Rusty: Widower Seeking Answers About Social Security

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: I have two questions. My wife passed away in May of 2015, and I never received any of her benefits. Should I have? Also, I am now 62, turning 63 next month. I am still working and probably won't quit until age 75 or older. Should I start taking benefits now? Signed: Bewildered

Dear Bewildered: As a widower, you could have started receiving a survivor benefit from your wife at 60 years of age, though it would have been reduced by about 28.5% for claiming early. But you haven't really lost those benefits because you can still claim them, and they won't be reduced as much now because you'd be claiming closer to your widower's full retirement age (FRA) of 66. In your specific case, your "widower FRA" is 4 months earlier than your normal FRA of 66 plus 4 months, because a survivor's FRA is determined by subtracting 2 years from their actual birth date. Since you were born in 1956, Social Security uses 1954 as the date to determine your FRA for survivor benefits.

Since you are now 62 (turning 63 soon), you have a choice to collect either your own benefit or your survivor benefit, and which one you should choose depends upon which one would be highest when it reaches maximum. Your survivor benefit will reach its maximum when you reach your widower FRA; your own benefit will reach its maximum at age 70. You might choose to collect your survivor benefit first and allow your own benefit to grow until you are 70 when it would be about 29% more than it would be at your normal FRA. Or, if your survivor benefit at your widower FRA would be more, you could choose to take your own benefit until your survivor benefit reaches maximum at your widower FRA.

But there is one catch you should consider. Any time Social Security benefits of any kind are taken before one's full retirement age and you continue to work, you will be subject to Social Security's "earnings test." That means if your earnings from working exceed the annual earnings limit (\$17,640 for 2019), Social Security will take back \$1 for every \$2 you are over the limit, and they'll withhold that from future benefits until they recover what you owe. Once you reach your normal full retirement age the earnings limit goes away, and you can earn as much as you like without penalty. For clarity, when you reach your normal full retirement age they will recompute your benefit and give you time credit for any month's benefits withheld, which will increase your benefit slightly allowing you to recover some (or eventually all) of the withheld benefits. But exceeding the annual earnings limit before you reach your normal FRA will cause you to lose current benefits for some number of months.

Provided that your finances, your health and your expected longevity allow it, and provided that your own benefit at age 70 will be more than your survivor benefit, you may want to consider a strategy of postponing your own benefit, and also delaying your claim for the survivor benefit until it reaches maximum at your widower's FRA. Then at your widower's FRA (66) you could claim 100% of your survivor benefit, while allowing your own benefit to grow to maximum at age 70. In this way you would avoid any lost benefits from exceeding the earnings limit, you would collect the maximum survivor benefit between your FRA and age 70, and at that time switch to your own higher benefit for the rest of your life. This, of course, is but one of several scenarios you have available to you being dually-entitled to both survivor benefits and your own Social Security retirement benefit.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit the website amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

Wollaston School Air Quality Concerns Addressed

Cont'd From Page 3
micrograms threshold.

However, carbon dioxide levels were found to be between 600 to 1,500 ppm (parts per million) in different areas of the building. A range of 800 to 1,000 ppm is recommended by the American Society of Heating & Refrigeration and Air Conditioning Engineers.

DeAmicis said that lower acceptable levels are preferable for schools "due to the majority of occupants being young and more sensitive to environmental exposures."

"This indicates a need to increase fresh air in the building," DeAmicis read from the subcommittee meeting minutes. "Each classroom has a univert and the dampers can be adjusted to increase fresh air intake, and classroom doors and windows can be opened as well to increase circulation."

According to DeAmicis, committee member Douglas Gutro questioned Condon if mold was present in the classroom. DeAmicis said that, although it will be a few more months before state inspector's full report is available, Condon was "confident that based on her observations and results of the DPH (Department of Public Health) tests she discussed with the DPH in-

spector, mold is not a current concern."

In response to a question from school committee Vice Chairwoman Emily Lebo whether mold was in the room just before school opened in September, Condon said it was "likely present" since many schools throughout the state had a similar issue at the start of the school year due to the humid summer.

Condon presented a review of pediatric asthma rates at Wollaston School and, compared to the state, Wollaston has a "statistically significantly lower" rate - 7.1 percent - than the state's 12.1 percent.

As for remediation and keeping an eye on air quality, Condon suggested that the Public Buildings Department consider purchasing monitoring equipment to measure humidity and carbon dioxide.

"It is a relatively, inexpensive way to consistently monitor building environmental issues," Condon stated in the minutes.

Condon also suggested that the school's wellness committee - comprised of the school nurse and staff - could review concerns and plan for the summer months when the school buildings are closed.

"Ensuring optimal air

quality issues will require the collaboration of the whole school community," Condon stated in the minutes.

According to the subcommittee minutes, Condon met with the Wollaston School Staff and Quincy Education Association President Allison Cox to review and discuss the testing as well as any concerns about indoor environmental conditions at the school. The staff questioned how often unit filters are changed and Condon informed them that the facilities staff reported that filters are changed three times a year.

Lebo noted that some schools have had classrooms created from large, open areas in order to accommodate an increasing student population. The smaller spaces, Lebo opined, may have "an effect of air circulation."

One room at Wollaston that is used twice a week has no windows, but, the public buildings officials will be working to improve air circulation as well as other basement rooms.

Condon noted that older schools were originally designed for natural ventilation. She concurred with Lebo that later remodeling could have an effect on the intended air circulation patterns.

Hines told the subcommittee the Bernazzani School also had a similar air quality issue because windows were closed during the summer when the parking lot was being repaved.

Referring to last year's issue with high lead and copper levels being found in some of the city schools' drinking fountains, Condon noted the district's quick action on resolving that issue was noticed at the national level. She said the city can again lead the way in addressing air quality concerns.

According to the minutes, Condon said that "Quincy has been recognized by a national advocacy group for taking decisive action on the drinking water lead and copper testing, and that Quincy now has an opportunity for being a leader on indoor environmental air quality."

Gutro suggested DeCristofaro consider forming an air quality team to address the issue.

DeCristofaro said custodial staff monitors air quality during the summer months "to ensure that problems do not develop. Integrating this into the wellness teams will be important for planning and executing prevention plans throughout the school system."

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Harris Urges State Officials To Reject Long Island Bridge

By SCOTT JACKSON

Ward 6 Councillor William Harris is asking state environmental regulators to reject Boston's proposal to rebuild the Long Island Bridge.

Boston is currently seeking approval from the Massachusetts Department of Environmental Protection for a Chapter 91 waterways license. In a letter to the DEP, Harris called Boston's plan to rebuild the bridge "ill-conceived, rushed and poorly executed," and pressed state regulators to deny the license.

"As the Councillor representing the Squantum neighborhood of Quincy, which would experience severe and unfair negative impacts if this project were to proceed, I've closely watched this process unfold," Harris said in his March 7 letter. "Boston's plan to rebuild Long Island Bridge is ill-conceived, rushed, and poorly executed from the start, with too many pending legal matters to move forward at this time."

Harris noted the Boston and Quincy Conservation Commissions have each already vetted the project. The Boston commission approved the plan while Quincy's commission rejected it. Both decisions are now being appealed to the DEP as a single case, and Harris said the losing party would likely appeal the decision in Superior Court. Boston, he said, understated the impacts the new bridge would have on the environment when

it went before the Quincy Conservation Commission.

"Boston has dramatically understated the environmental impact the building of a new bridge would have, claiming that the existing bridge abutments can be used to support a new bridge deck. This would disturb the fragile ecosystem of the ocean floor and coastal wetlands, which are under the jurisdiction of the Conservation Commission," Harris wrote in his letter.

"There is also substantial scientific data showing the significantly deteriorated condition of the abutments, as well as expert analysis demonstrating that a bridge built on these existing abutments is very likely to be structurally unsound and dangerous."

Matthew Beaton, the state's secretary of energy and environmental affairs, in September 2018 determined the project does not require an environmental impact report pursuant to the Massachusetts Environmental Policy Act. Quincy is appealing that decision in Superior Court, Harris said.

"This is due once again to the fact that Boston has dramatically understated the potential impacts of this project and has provided little to no details on any planned future construction and use of Long Island or the surrounding environment," Harris wrote of Quincy's MEPA appeal. "The environmental impact review would shed more light on alternative means

of transportation to Long Island, specifically water ferry service, which could be provided at a fraction of the cost and without the major traffic and safety impacts on the Squantum neighborhood."

The councillor also noted Native American groups have asked for a study of potential burial grounds on Long Island.

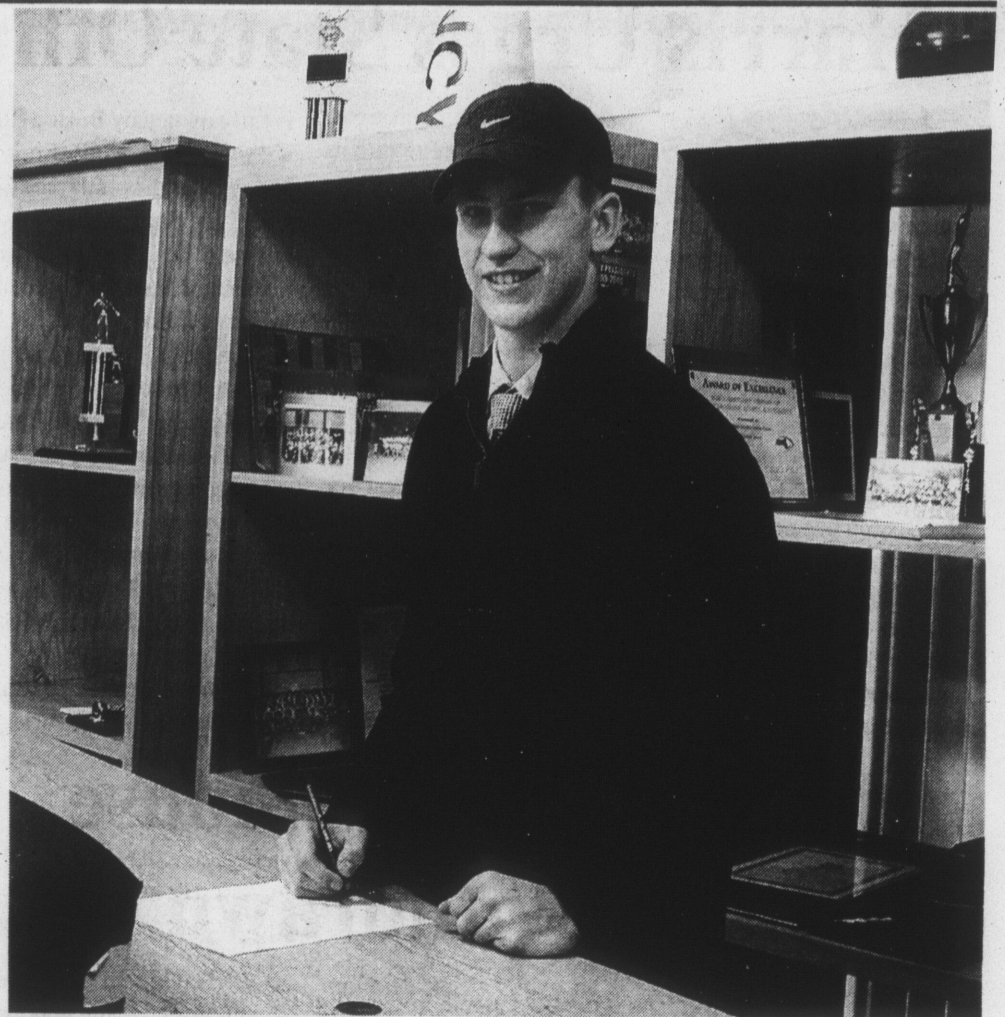
"In 1676 the government of the Massachusetts Bay Colony used Long Island as a concentration camp for Indians; the impact construction would have on that soil is of great concern to contemporary United States Indian tribes, as it constitutes a Native American burial ground," Harris said.

Harris authored a resolution on March 4, asking the City Council to hold a public hearing on the Long Island burial grounds. The hearing has been scheduled for April 1 at 6 p.m., and Native American organizations are expected to testify at that time.

In his letter to the DEP, Harris said the residents of Squantum have had no chance to participate in Boston's planning process for the new bridge. He said the bridge would place an undue burden on those residents because the bridge would only be accessible through Squantum.

"As city councillor for Ward 6, my concern is for the people of Squantum and the fact that there has been no opportunity for the public to

Cont'd On Page 12



QUINCY HIGH SCHOOL senior Andrew Rooney recently signed a Letter of Intent to continue his education at Stonehill College and become a member of the football program. Rooney was a three-year starter for the Presidents and was a captain and all-league selection this past season. Rooney will be majoring in criminal justice. Photo Courtesy Quincy High School

Open House June 2 For New SW Middle School

Monday, June 3rd First Day For Students

By TOM GORMAN

Students, residents, and parents will get their first look at the new South-West Middle School during a community open house that has been scheduled for Sunday, June 2, the day before the school opens its doors to students for the first time.

Quincy School Supt. Dr. Richard DeCristofaro informed the school committee on March 6 that the school will be ready for the planned June 3 opening. Sterling Middle School students will transfer to the new building on that day.

"Monday, June 3 will be the first day of school at South-West Middle School," he said. "It's very exciting."

The original opening was scheduled for the day after the end of April vacation, but the National Grid gas workers' lockout delayed the planned installation of natural gas service to the building.

"We had a problem with the work stoppage which put us back a bit," he said. He thanked Mayor Thomas Koch for his work in "making sure the June 3rd date guaranteed us getting in."

The South-West Middle School replaces the 92-year-old Sterling Middle School. Construction on the new facility began in June 2017 and is now nearly completed. The new building was built adjacent to Sterling — the latter scheduled to be torn down this summer to

make way for playfields.

The superintendent said there is a transition plan in place and students and teachers will be prepared for the new school.

"We're going through, before the opening day, student orientation and certainly a lot of teacher orientation to prepare them," DeCristofaro said.

The new state-of-the-art 95,155 square-foot school will accommodate up to 430 students in grades five through eight. Grade 5 will have its own wing separate from grades 6 through 8. The facility has some innovative features such as "maker spaces" in the center of the Grade 5 wing where classrooms look into a center space allowing for project-based learning.

In other matters, Assistant to the Superintendent Laura Owens told the committee that kindergarten registration went well over the past couple weeks. This was the first time parents could pre-register appointments online.

"It was more successful than we thought it could

have been," she said. "We had close to 400 families pre-register their students."

Owens said school secretaries reported that the registration period was "much calmer dealing with just one family at a time" compared to previous years where dozens of parents would show up registering their children at neighborhood schools.

DeCristofaro noted that pre-registering minimized the number of people coming in and out of the schools keeping the buildings more secure.

Owens said that appointments are now being made and parents will be notified.

DeCristofaro said the emergency call buttons have been installed in all the city's public schools. The Quincy Police Department secured a grant that purchased the call buttons. There are at least three in various areas of every school that provides a direct link to police dispatch.

"These are for extreme emergency situations where school personnel cannot call 9-1-1," said DeCristofaro.

NE Boiled Dinner Saturday At Wollaston Congregational

Wollaston Congregational Church, 48 Winthrop Ave., Quincy, invites the public to a New England Boiled Dinner Saturday, March 16 at 6 p.m.

The dinner will have all the traditional fixings. The

event will also feature entertainment including the Kenny Academy Irish Dancers.

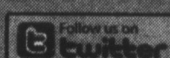
Tickets for adults are \$10, families \$30. Children 8 and under free. Reserve by calling 617-773-7432.

All are welcome.

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88 Washington Street
Quincy, MA 02169



www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Thursday, March 14
6:00pm: Bethany Congregational Church
7:00pm: CIQ Interview: Central PTO

Friday, March 15
11:30am: LIVE: Currently in Quincy
2:00pm: Discover Quincy Annual Meeting

Saturday, March 16
12:00pm: AM Quincy: John Paul The Car Doctor
7:00pm: The Call

Sunday, March 17
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, March 18
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: Eye on Quincy

Tuesday, March 19
6:00am: LIVE: AM Quincy with Joe Catalano
7:30pm: Quincy In Focus

Wednesday, March 20
6:00pm: Good News

Government Access Channel 9

Thursday, March 14
7:00pm: State View: Senator John Keenan
7:30pm: State View: Representative Tackey Chan
8:00pm: AM Quincy: License Board Update

Friday, March 15
6:00pm: Media Advisory: Richard Spencer
7:00pm: State View: Representative Bruce Ayers
7:30pm: In the Know: Circuit Breaker Tax Credit

Saturday/Sunday, March 16/17
11:00am: At Your Library: March Happenings
3:00pm: At the Library Concert: Cold Chocolate
4:00pm: Norfolk County Prevention Coalition
4:30pm: AM Quincy: License Board Update
7:00pm: At the Library Concert: Cohen & Wickel
8:00pm: At the Library Concert: Jeff Snow Encore
9:00pm: At the Library Concert: Hailey Hewitt

Monday, March 18
7:30pm: LIVE: City Council

Tuesday, March 19
12:00pm: City Council 3/18

Wednesday, March 20
7:00pm: City Council 3/18

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

Harris Urges State Officials To Reject L.I. Bridge

Cont'd From Page 11

have a role in this process," Harris wrote. "Our roads in Squantum are not conducive to the additional traffic construction and implementation of a new bridge would cause, placing undue burden on our residents and resulting in increased congestion, which raises public safety and public health concerns that Boston has not explored nor factored into their plan."

"With all of the engineering, environmental, and structural concerns noted in this letter, I believe it is clear that the state has no basis to

issue this permit at this time. It is simply too premature in the process, and too many questions remain for this issue to be reviewed sufficiently."

"Please consider this letter not only testimony for the denial of this Waterways License, but also a supplement to Quincy Mayor Thomas Koch's request for a public hearing on Boston's application."

Boston Mayor Marty Walsh announced plans to rebuild the bridge, which would connect Moon Island to Long Island. Moon Island

is fully owned by Boston but within Quincy's city limits. Moon Island is only accessible via Squantum. Walsh has said he hopes to locate a substance-abuse treatment facility on Long Island.

The original Long Island Bridge opened in 1951. It was closed in 2014 and later demolished because its superstructure was in a state of disrepair. The bridge's abutments remain in place and Boston has proposed re-using them to support the new bridge.

Boston intended to start construction of the bridge

this year and estimated it would take three years to build. The bridge is expected to cost \$92 million, which Boston would pay for with its own funds.

Harris, Koch and other Quincy officials were quick to oppose the plan, citing concerns over traffic

the bridge would bring to Squantum. Quincy officials have since banned commercial vehicles — including construction vehicles — from the roadway in Squantum that provides access to the bridge. The city's zoning code was also amended to require the Planning Board

grant a special permit before any new bridge can be built in the city.

In addition to state and local permits, Boston must also obtain permission from the Army Corps of Engineers and the U.S. Coast Guard.

Broadway Townhouse Plan Withdrawn

By SCOTT JACKSON

The developer seeking to build three townhouse units on Broadway in Quincy Point withdrew his application to do so amid neighborhood opposition during a public hearing on the matter.

The developer, Thomas Nutley, sought permission to build the three unit townhouse at 25 Broadway during the Feb. 26 meeting of the Zoning Board of Appeals. The property at 25 Broadway contains 7,959 square feet of land in a Residential B zoning district. A single-family home presently sits on the site and would have been demolished to make way for the townhouses.

The first floor of each unit would include a family room, full bathroom and closets, according to project architect Brian Saluti. The kitchen, dining and living area would all be located on the second floor of each unit, along with a half bathroom. Two bedrooms and another full bathroom would be located on the third floor. The units would be sold as condos.

The developer proposed nine parking spaces on site. Eight would be located in a parking area behind the building, with the ninth located adjacent to the driveway.

Edward Fleming, the applicant's attorney, said the project originally included seven parking spaces, but two more were added based on feedback from the neighborhood. Each unit also had a third bedroom on the lower level in the original plans, Fleming said, but those were removed and turned into family rooms based on neighbors' input.

He also noted a 17-unit apartment building is located immediately behind 25 Broadway and the surrounding neighborhood includes a mix of housing types.

"We don't believe this

is an overly dense development. We think that this fits within the character of the neighborhood. We're hopeful that we responded to the concerns raised by the neighborhood by adding the parking and eliminating the bedroom," Fleming said. "We think this could be a beautiful new opportunity for folks to live in and move to the neighborhood."

Four residents and Ward 2 City Councillor Brad Croall voiced their opposition to the project during the meeting. They said the proposed building would be too dense for the neighborhood and could lead to increased traffic.

"These townhouses are beautiful...they don't fit in with the neighborhood. They're mammoth," said Tom Ford, a Watson Road resident. "These things are massive structures and I don't think they're appropriate for the neighborhood whatsoever."

Maria Andrews, a Broadway resident, called the single-family home now located at 25 Broadway an eyesore and was happy the developer listened to neighbors' concerns about parking and the third bedroom, but said three units would be one too many for the site.

"It seems it's too big of a building to put on that

spot. Having it be three townhouses, I am opposed to that. I could get behind a two-family...building on that lot," Andrews said. "It just seems like it's a really small space for the amount of people they're planning on putting on there."

Croall, the neighborhood's ward councillor, said he agreed with the concerns raised by the residents during the public hearing.

"I feel like the neighbors couldn't articulate the issue any better," he said. "You heard the concerns with the neighborhood and I completely agree with them."

The members of the Zoning Board of Appeals likewise said they were concerned with the project.

Vice Chairman Michael Covais said Broadway is a narrow street, despite its name, and the project would be too big for the neighborhood.

"This is the most narrow Broadway probably in the whole of North America. I think this is too big," he said. "I think it's too big and the neighborhood is too small for a project like this."

With the board poised to vote the project down, Fleming asked for a withdrawal. He said he was disappointed because the project had been altered to address concerns raised by nearby residents.

Mardi Gras Pasta Dinner Postponed To March 23

Due to the recent inclement weather, the monthly dinner committee of the Quincy Catholic Collaborative of St. Mary-Sacred Heart-St. Ann Parishes has rescheduled its Mardi Gras Pasta Dinner to Saturday, March 23 at 5:30 p.m. in the parish cafeteria at Sacred

Heart Parish, 386 Hancock St., North Quincy.

Dinner will feature pasta with homemade red sauce, meatballs, salad and garlic bread. The meal is rounded out with cupcakes and ice cream, coffee, tea and beverages.

Cost is \$12 per person, or

\$25 per family with children 12 and younger. Tickets are needed and may be obtained at Sacred Heart rectory by Friday, March 22.

For more information, contact the parish at 617-328-8666 or visit the collaborative website at www.qcc14.org.



FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program

PHASE 2

Still Available

The Sons of the American Legion, Squadron 294, Morriste American Legion Post in Quincy is still selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island's main flag pole is sold out but bricks for **PHASE 2** are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for \$50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank: _____

Line 2: Branch of Service: _____

Bricks cost \$50 each

Send this form and check to:

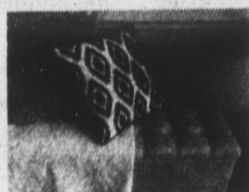
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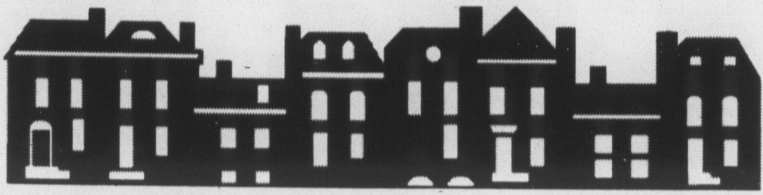
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Real Estate

Quincy Real Estate Transactions March 4 - March 8

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Warren Chang & Shengqun Cang
Richard E. Baker
Francis A. & Jamie L. Benway
Timothy & Elizabeth Wooster
Hamilton Bay Apartments LLC
Minh Van
23 Bailey Street LLC
Kathleen Murphy
Josmar F. Silva
Mereme Mullahi
William R. Ericson & Nancy R. Healy
Elizabeth Gomes
Precillia Soares
Barbaros & Tate Tonuc
Emily Eckner
Paul J. Sullivan Living Trust
Danielle M. Cameron
Nooruzzaman & Rehana N. Hakimjee
86 Grandview Avenue Realty Trust
Joan R. Tuori
Mary H. Marina & Richard S. Swiech

BUYER

William J. Smith, Jr.
Denise Barra
Abdulkarim Alhafez & Mohamed Kayali
Bin B. Yu & Hai L. Lin
Meredith L. Green
Roshnee M. & Karan Shah
Kevin McLarnon
Edmond P. & Kathleen Murphy
Jia L. & Shirley Li
James & Tam Vu
Anna C. Weiss
Xiao F. Chen & Ru L. Gong
Imran S. Qazi & Niloufer A. Rakhang
Cai K. Li
David J. Boncek
Xiaoyu Chen
Daniel & Angelica De Maria
Lillian Albrecht
Lan Ruan & Jianping Tan
Michael Vascio & Claudia Gentile
Tramontozzi Quincy Shore Realty Trust

AMOUNT

\$680,000.00
\$669,000.00
\$392,500.00
\$775,000.00
\$340,000.00
\$536,500.00
\$459,000.00
\$260,000.00
\$427,000.00
\$585,000.00
\$475,000.00
\$215,000.00
\$386,735.00
\$222,500.00
\$315,000.00
\$275,000.00
\$410,000.00
\$295,000.00
\$820,000.00
\$380,000.00
\$527,500.00

ADDRESS

203 Victory Road Unit 14-4
1001 Marina Drive Unit 808E
10 Seaport Drive Unit 2317
332 Billings Road
165 Quincy Shore Drive Unit C-82
7 James Street Unit 7B
23 Bailey Street Unit 3
18 Broady Avenue
158 Quincy Shore Drive Unit 77
168 Madison Avenue
23 Gannett Road
45 Oval Road Unit 44
999 Hancock Street Unit 203
195 Thomas Burgin Parkway Unit 510
1243C Sea Street
100 Grandview Avenue Unit 8D
1022 Hancock Street Unit G10
200 Cove Way Unit 618-11
86 Grandview Avenue
132 Centre Street
140 Quincy Shore Drive Unit 165

Report: RE Sales Stagnant, Lending Activity Declines In Feb.

Cont'd From Page 1

of mortgages recorded during the month.

On the lending side, the total amount of borrowing also declined 85 percent, but this number was somewhat skewed by a \$2 billion mortgage that was taken out against the Calpine Fore River Energy Center in Quincy and Weymouth in February 2018.

One bright consumer spot was Norfolk County homeowners continuing to avail themselves of the benefits of the Homestead Act. A total of 661 Homesteads were recorded in February, a 6 percent increase compared to February 2018.

"A Homestead," noted

O'Donnell, "is an important shield that provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000."

Foreclosure statistics also showed positive trends in February. A total of 15 foreclosure deeds were recorded during the month, a 12 percent decrease from the previous year. Also, the number of Notice to Foreclose Mortgage recordings, the first step in the foreclosure process, fell 27 percent over the same period.

"Foreclosure activity has been trending in the right direction for the past few months," O'Donnell said.

"With that said, some of our neighbors still face adversity and are having difficulty paying their mortgages. When it comes to a family potentially losing their home, one foreclosure is one too many."

The Registry partners with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Southern Mass, 508-587-0950.

"These organizations are available to help anyone who has received a Notice to Foreclose Mortgage from a lender," O'Donnell said. "Another option is to contact

the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400. Each of these programs are staffed by knowledgeable professionals. I urge anyone who is facing a foreclosure issue to avail themselves of these excellent programs."

"Like other counties across the country, Norfolk County is experiencing limited real estate inventory," O'Donnell continued. "This condition has adversely impacted the dynamics of the industry, especially for potential first-time home buyers. What would help spur

the real estate sector is to see a greater number of sales as a result of more properties hitting the market."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and/or Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High Street in Dedham. The Registry is a

resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (718) 461-6101, or email registerodonnell@norfolkdeeds.org.

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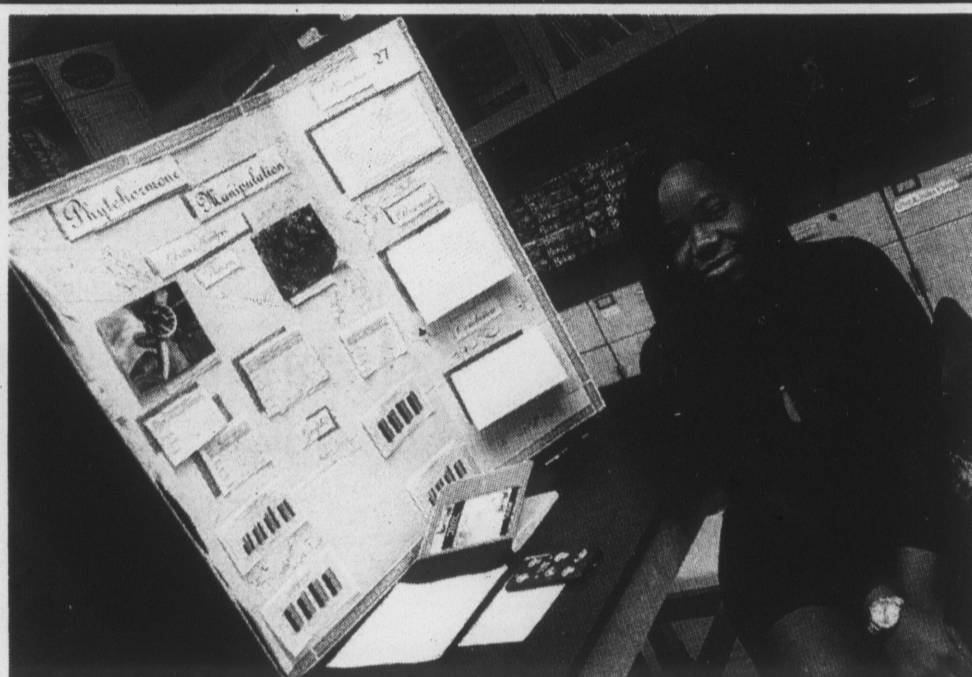
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REBECCA MORRIS, a student at Quincy High School, received second prize at the school's recent STEM (Science, Technology, Engineering and Math Fair). Her project focused on "The Effect of EGCG in Planaria on the Growth of Cancer." Morris will compete at the regional STEM fair Saturday at Bridgewater State University. Photo Courtesy Julie Krieger/QHS



QHS STUDENTS Marsha German (above) and Supriti Karki (below) tied for third place at the school's recent STEM (Science, Technology, Engineering and Math Fair). German's project was entitled "The Regeneration of Algae for Infinite Biofuel, Phytohormone Manipulation" and Karki's project was entitled "Diffractive Bending of Lasers Through Geometric Apertures."

Quincy High School Science And Technology Fair

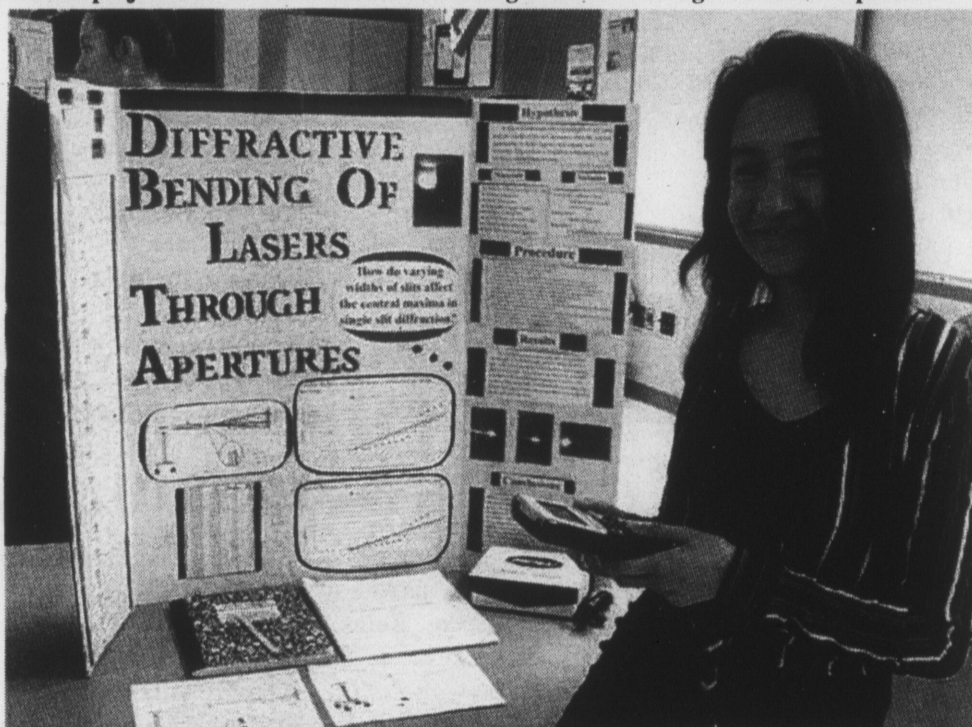
Over 100 students presented to approximately 200 spectators at the annual Quincy High School Science, Technology, Engineering and Math (STEM) Fair held Feb. 6. The event featured over 100 projects from grades 9-12 and spanned fields of biology, chemistry, forensic science, behavioral science, earth science, envi-

ronmental science, physics, and engineering.

Students worked individually or as a team to investigate topics such as the regeneration of algae for infinite biofuel to the effects of positioning on solar powered vehicles. The extensive, long term project work helps to build career and life skills for success in today's

technology based, 21st century careers. These skills include critical and creative thinking, proper scientific methodology, communication with adults and peers, teamwork, and ethical decision-making skills. Quincy High School students work individually as well as after school with teachers and

Cont'd On Page 20



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Memorable Experiences Await For Travelers To Ireland

By SARA STANTON
Cara Group Travel

March is full of all things Irish with the celebration of Saint Patrick's Day. The "corned beef & cabbage" will be boiling away for all to enjoy ... or not. Ireland wasn't known for its culinary skills in years gone by, but if you have not been there in the last 10 years then you are missing something spectacular. Irish food is now world renowned for its authentic all natural, farm to table, organic produce. In addition the creative and innovative personality of the Irish people is coming through in all the craft beer, whiskey and gin distilleries popping up all over the Emerald Isle.

Last September the Quincy Chamber caught on to this and traveled to West Cork for the International West Cork Food Festival. The reaction from those that travelled was nothing short of pure amazement.

The quality of the produce and the creative menu offerings were very unexpected, as traveler Ruthie Dollarhide raved "Every

meal just got better than the last. I can still taste the tomato sorbet I had in the Farm Restaurant in Clonakilty".

Representing Quincy at the Food Festival was Tom Anacone, chef and owner of Quincy's Craigs Cafe who expressed how passionate the chefs and restaurant owners were about the quality of the produce, the thoughtful delivery of the dish and the inspirational menus.

Every corner of Ireland has its own special dish or drink whether its Clonakilty black pudding in Cork, The Burren smoked salmon in Clare, the Longmeadow Cider from Armagh made from the internationally awarded Armagh Bramley Apple, Belfasts inspirational Jawbox Gin or warm tones of Slane Whiskey.

This is just a wee sample of the what Ireland has to offer. Your upcoming vacation to Ireland or the one you are about to plan should definitely include one of these memorable experiences. Ireland is calling and there was never a better time to visit.

Author Brian Lies Visits Bernazzani School



AUTHOR BRIAN LIES recently visited students at the Bernazzani Elementary School. Lies, who is also an illustrator of children's books, was honored with the 2019 Caldecott Medal for his picture book "The Rough Patch, Got to Get to Bear's!" During his visit, he created an illustration with second and third grade students and presented to kindergarten and first grade students.

Photo Courtesy Brenda Lane



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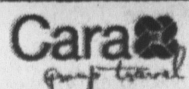
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Emily Bryson Does It Again: Wins Div. III Title In Mile

Anchors Relay Team To Another NCAA Title

By JOE REARDON

What was old for Emily Bryson was new again at last weekend's NCAA Div. 3 National Indoor Track & Field Championships.

The Brandeis starlet and former North Quincy High standout found herself on the Reggie Lewis Center track for the first time in the Judges' striped singlet, despite the campus being so close in Waltham. Experienced and race savvy on the tight indoor track turns, there was nothing Bryson wanted more than winning in her home town as her sparkling collegiate career slowly winds to an end.

"I have not raced at Reggie in four years," Bryson said. "It felt really nice to be back here. It really didn't feel like NCAAAs when I first came in because it's right down the street and I've been here so many times before. It felt a little weird, but it's always nice having it close and not having to worry about traveling. That's such an advantage."

Bryson came into the meet as the defending 3000 champion from a year ago, but opted for a run at the mile title this time around. With an added preliminary round in the 3000, she believed it would be a more taxing undertaking than a mile preliminary and the distance medley, both of which were run on Friday. Three of the four girls on the Brandeis distance medley team - Bryson, her sister Julia and Devin Hiltunen - all graduated from North Quincy High. Doyin Ogundiran joined the former Red Raiders as they pulled away to an 11:40.64 victory.

Both Brysons took Hiltunen "under our wing" and made sure she was comfortable and relaxed before the distance medley and her first shot for a national title on Friday.

"I was in her position a year ago so I knew what it was like," said Julia. "In all honesty she handled it with absolute poise."

For Julia, who had a qualifying time in the mile but opted instead for the distance medley, the support she got from her teammates and winning a national title so close to home made the experience all the more satisfying.

"It's really, really special," Julia said. "I wanted it (All-American) once, but to get it a second time and



RELAY CHAMPS - Competing at the NCAA Division III Indoor Track and Field Championships at the Reggie Lewis Center in Boston last Friday, the Brandeis University women's track and field team (center) delivered the Judges' first-ever relay national title, winning the distance medley relay in school-record fashion with a time of 11:40.64. Senior Julia Bryson (Quincy/North Quincy) led off the race with the 1,200-meter leg. She ran 3:37.07 and handed off to rookie Devin Hiltunen (Quincy/North Quincy) for the 400 leg in fifth place. Hiltunen was able to maintain her position and passed off to senior Doyin Ogundiran (Dix Hills, N.Y./Half Hollow Hills East) just a shade out of fifth place after running a leg of 59.70. Ogundiran bided her time for the first three laps then pushed into the second position, running a leg of 2:13.75, the second-fastest 800 of the race. Ogundiran hand edit off to senior Emily Bryson (Quincy/North Quincy). The nation's fastest miler this season ran in second place for the first seven laps, and as she has all season long, kicked into the lead on the final lap. Bryson ran 4:50.10, including a 31-second final lap to earn Brandeis its first-ever national championship in a relay, men or women.

Photos by Tessa Holleran

win a national title is great," Julia said. "I remember running a 6:15 mile at Reggie Lewis and setting a new personal best by 45 seconds my freshman year in high school."

Emily, too, soaked in the thrill of the weekend.

"It was really exciting," said Emily. "I remember being here four years ago when we did the DMR at state relays (while at North Quincy) and we wound up winning that meet together. We knew we could do it again and it felt really special sharing that moment together and having (North Quincy coach) Geoff (Hennessey) here. He's always a big supporter and it felt very natural being back at Reggie, the three of us."

Emily qualified for the mile final in her preliminary race on Friday night and the stage was set for Saturday.

"My main focus was the DMR and getting the title in the DMR," Emily said. "I thought my best bet in getting it and doing an individual event was just having the prelims of the mile in my legs, doing the DMR and then the mile the next day. I thought a prelim in the DMR would be a little too much in my legs. I had the top seed by six seconds so I thought it would be a bit easier of a race."

Still, with three races in less than 24 hours, Emily was as relieved as she was exhilarated when she crossed the finish line of the mile in a new meet record of 4:45.80.

"I had the top seed, but

I knew the girl from Williams was really talented and would be right there," said Emily. "There was definitely a lot of pressure (as the top seed) and being at home I knew I wanted to get it done here. I was really, really nervous heading into it. When I crossed the line I felt a lot of relief that I had done it."

Emily was out quick from the last lane on the staggered start and stayed two strides behind runner-up Anna Passannante of Williams (4:46.81). She was jostled shortly past 800 meters and dropped back to fourth briefly before aggressively surging into second.

"I was definitely using my elbows a little bit to make sure no one would cut me off on the inside," said Emily. "I've always struggled with that."

Emily drew even with Passannante on the straightaway of the seventh lap and powered home in 32.8 for the final 200. Bryson showed off her speed with a quick 66.9 for the final 400.

"I was really, really tired," said Emily, who picked up her ninth All-American medal. "I knew I could do it, it was just executing the race and the mile has such a tactical aspect to it. Nothing's ever certain. I could see as I got closer to her that she was slowing and this is my senior year and I really wanted it. To be able to execute it that way was really exciting."

Emily plans to focus on the 1500 outdoors and also run some 5000s to get a

decent time under her belt. "I'm a senior and I have nothing to lose," she said.

Julia, who can run any event from the mile to 5000, including the steeplechase, said she has "kind of fallen in love with the mile" and plans to work on getting under five minutes in the spring.

With her mile title, Emily Bryson joins elite company in Brandeis track and field history. She is only the second person to win two NCAA titles at one championship, joining Eleena Zhelezov '95, who won the long jump and triple jump in 1992. Bryson is also the first Judge to win a national title in three different events. Only Zhelezov (9), Victoria Petrillo '99 (4), and Geoff Gets '99 (3) have won as many career titles as Bryson. Bryson's eight career All-America honors tie her with Mariko Tansey Holbrook '03 for fourth on the Judges' all-time list, behind only Zhelezov (15), June Parks '93 (11) and Petrillo (9).

A Guide To MA Record Repositories Topic

The public is invited to the Thomas Crane Public Library Tuesday, March 19 at 7 p.m. for a guided tour of Massachusetts Record Repositories.

Speaker Michael Brophy will guide participants through genealogical record repositories and their major resources with an emphasis on Eastern Massachusetts and Boston. Repositories include: New England Historic and Genealogical So-



EMILY BRYSON pulls away to finish with a time of 4:45.80 in the mile, the fastest time in Division III Championship meet history when contested on a banked track. It's also the fifth-fastest mile in Division III history at any meet.

ciety, National Archives at Boston, The State House library, Massachusetts Vital Records Office, Massachusetts Archives, Boston City Archives, Massachusetts National Guard Military Archives, and more. Strategies for navigating the record repositories will be also addressed.

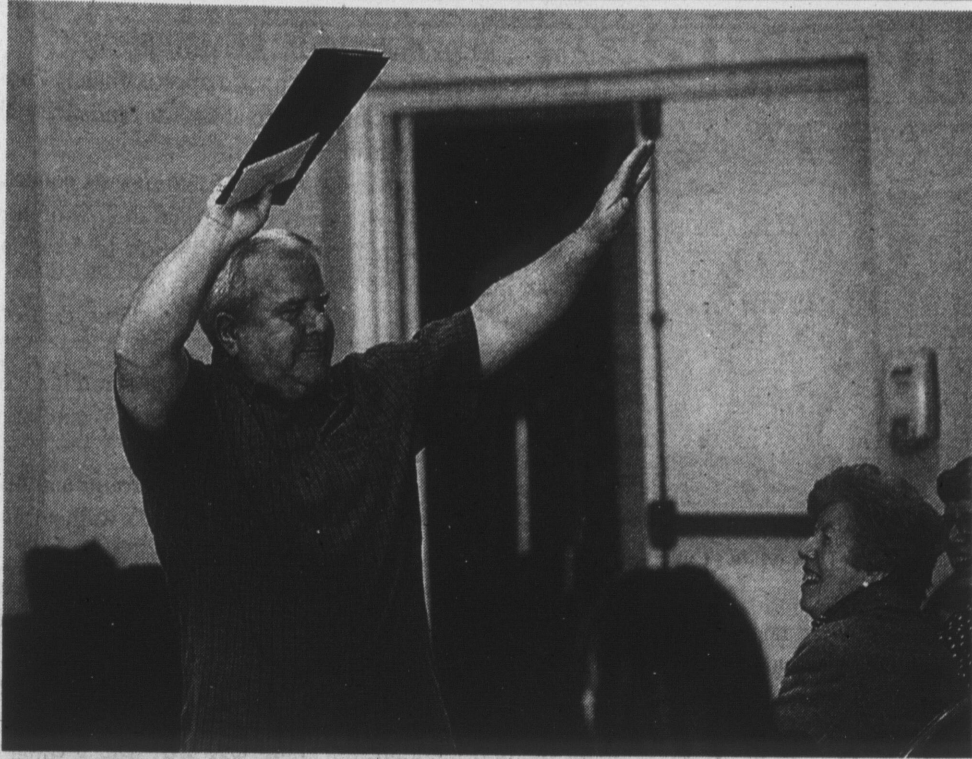
Brophy is a nationally known, professional genealogical researcher, heir search specialist, and lecturer from the Boston area. He was the first Treasurer of the New England Association of Professional Genealogists. He earned an MBA degree from Suffolk University and a BBA from the University of Massachusetts at Amherst.

The program is sponsored by the Friends of the Thomas Crane Public Library. For more information, visit thomascranelibrary.org or call 617-376-1300, x3.

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QUINCY YELLOW CAB driver Richard Spencer acknowledges applause after being honored recently at the Kennedy Center for preventing an 87-year-old woman from falling victim to a scam.

Quincy Sun photos/Tom Gorman



SENIORS APPLAUD Richard Spencer as he is honored for preventing an 87-year-old local woman from being scammed.

Quincy Cab Driver Who Stopped Senior Scam Honored

By TOM GORMAN

Richard Spencer knew something was up when an 87-year-old woman got into his cab on Feb. 6 and asked to be driven to the Walmart on Falls Boulevard off Quincy Avenue.

The destination wasn't unusual, but the reason was — to purchase gift cards so her grandson could get money to keep him out of jail. Spencer's suspicion got the best of him and he drove her to the Quincy police station to check things out.

Thanks to Spencer, the woman was saved from a scam that could have bilked her out of \$4,000. For his action, Spencer was recently honored at the Kennedy Senior Center. As a tribute to Spencer, the Quincy Credit Union and the Cooperative Credit Union Association each donated \$500 to the center to fund a program on internet and phone scams that target the elderly.

Walter Laskos, senior vice president of the Cooperative Credit Union Association which represents credit unions in Massachusetts, New Hampshire, Rhode Island and Delaware, praised Spencer for "doing the right thing and standing up and protecting our seniors. We need more Richard Spencers in our community."

Laskos said each year seniors lose \$40 billion to scammers. This prompted his organization to develop the CU Senior Safeguard training program for credit union employees to recognize the signs of financial fraud among customers and how to report it. The same version is available on the association's website for seniors and caregivers at www.bettervaluesbetterbanking.com "to help educate the community of financial scams and how to protect yourself."

Kennedy Senior Center Director Thomas Clasby said that "communication is

key" to preventing scams.

He explained the center will use the \$1,000 donation to help offset the cost of a new scam prevention program. When officials receive word of a scam, they will send out a robocall alert to the city's 20,000 seniors.

"When we hear about a scam, we will describe the scam and get it out to our seniors," he said. "It's an ongoing battle and it's important that we all get educated. Making people aware is so vital to win."

Quincy Credit Union Chief Marketing and Communications Officer Judith Brazil said Spencer's action "brings to light" the importance of providing awareness of scams and that the CU Senior Safeguard is one program to help educate seniors the signs of a scam.

She said her institution will be hosting scam prevention seminars at various senior centers "to teach the community what to look for and not get scammed and know the business community is out and can help."

Brazil added that she is encouraging other financial institutions and community partners to support similar scam prevention initiatives at senior centers.

Mayor Thomas Koch said because of Spencer's "watchful eye and quick action, he stepped in and prevented losing what could have been (the victim's) life savings. What Richard did was huge."

Koch related how someone he knows whose elderly mother lost \$20,000 to a scam artist.

"Some of the most vulnerable people in our society fall prey," he said.

The mayor presented Spencer with two commendations, one from the city and the other from the World Elder Abuse Awareness organization of California for "his good deed and heroic action."

"Thank you for being



RICHARD SPENCER, third from right, joins officials in presenting two \$500 checks to the Quincy Council on Aging. From left, Cooperative Credit Union Association Senior Vice President Walter Laskos, Police Chief Paul Keenan, Mayor Thomas Koch, Cooperative Credit Union Association Interim President Bernie Winny, Quincy Credit Union Chief Marketing and Communications Officer Judith Brazil, and Quincy Council on Aging Director Tom Clasby.

such a great citizen," Koch told Spencer as he presented the commendations. Spencer was accorded a standing ovation from the 30 or so seniors in the audience.

Quincy Police Chief Paul Keenan credited Spencer for heading off an incident instead of seeking help from the community to help solve a crime that has been committed.

"Richard, with his ethics, prevented something from happening instead of asking for help after the fact," Keenan said. "It's a great story with a great ending."

Added Keenan, "The city is proud of you and the Quincy Police Department is proud of you. Thank you for a good job."

After the ceremony, Spencer brushed off any thought of him being a hero.

"It's just being aware and doing the right thing," he said.

Spencer said he was "blown away" that scammers bilk \$40 billion from victims every year and that he was glad he was able to help the woman and bring awareness to scams.

He described how he quickly became suspicious



QUINCY YELLOW CAB driver Richard Spencer, left, is recognized by Mayor Thomas Koch, center, and Cooperative Credit Union Association Senior VP Walter Laskos for preventing a senior citizen from being scammed.

of the woman being targeted.

Spencer, a driver for Yellow Cab of Quincy, explained how another driver told him that an elderly woman he took to Home Depot earlier in the day purchased two, \$2,000 gift cards there. Spencer got a call to take the same woman two hours later to Walmart.

She related to Spencer how she got a call from her

grandson saying he had been in an accident and needed \$4,000 to stay out of jail.

"That made my hair go up," said Spencer. "I told her that 'I don't think that's your grandson.'"

Spencer called the police and took her to the station to file a report. He then took the woman to her bank to shut down the account and "nip it in the bud."

"I figured time was of the

essence," he said.

Spencer then drove her to Home Depot to have the gift cards frozen.

"They alerted their loss prevention," he said.

Laskos told the seniors during the ceremony that should they get a call from someone claiming to be a relative in jail or some type of trouble needing money to ask questions.

"Verify," he said. "Don't send money."

On Sunday, March 10, at approximately 9 p.m., Officer Paul Foley (and canine Charlie) observed a Chevy parked on Franklin Place with the engine running and lights off.

A male and a female approached the passenger side of the Chevy. The officer recognized the female to be a known substance abuser. The male reached into the open passenger side window of the vehicle and then they walked quickly away, nervously scanning their surroundings. The two were at the window for approximately 10 seconds and the entire incident was consistent with a street level drug transaction.

Officer Foley radioed his observations to Drug Control Detectives who responded to the area to assist. The male and female drove off in a Honda followed by the Chevy. Detectives O'Brien and O'Rourke followed the Honda while Officer Foley followed the Chevy. The Chevy went onto Quincy Avenue and increased speed to over 40 miles per hour, so the officer activated his blue lights and siren.

When the Chevy came to a stop, Detectives Cassidy and Officer Murphy assisted. Officer Foley obtained the license of the male driver and a registration in the name of a female. (Later determined to be the driver's girlfriend). A check of the driver's license showed it to be suspended for payment default. This was followed by a check of his criminal record which showed multiple arraignments for violent offenses including firearms possession and discharge as well as armed assault to murder with a gun. The 20-year-old Randolph resident was placed under arrest for the motor vehicle charges and advised of his Miranda which he waived.

The male driver first said he was coming from Boston but then changed his mind and said he was coming from Braintree. He denied making any stops in Quincy. When confronted with the officer's observations, he said he didn't know the male and female who he claimed had just asked

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

him for a cigarette. Based on the totality of the circumstances, Officer Foley had canine Charlie sniff the exterior of the vehicle. As Charlie sniffed the trunk area he pulled away from the Chevy and began sniffing the driver's right boot before showing a positive alert to a drug odor emanating from that boot. Charlie also showed an alert to a drug odor emanating from the driver's cell phone and wallet.

A search of the boot and the wallet were negative but the driver admitted to having drugs on him earlier in the night. The driver had four separate folds of cash in his wallet which is consistent with how drug dealers keep their cash from each individual drug transaction. Meanwhile, Detectives O'Rourke and O'Brien encountered the male and female in the Honda as they pulled up to their residence on Brook Road. They admitted to buying marijuana while on Franklin Place but said they purchased it from a man in a red pickup truck. Although they were clearly being untruthful, no drugs could be located.

The male driver of the Chevy was transported to Police headquarters by Officer Murphy and the vehicle towed. Nice Work!



LT. DAN MINTON

2018 SCAM STATISTICS FROM THE

FEDERAL TRADE COMMISSION:

Last year, the FTC were contacted approximately 3 million times regarding scams. Here are some statistics gathered from the information:

There were more than 1.4 million fraud reports collected and people said they lost money to the fraud in 25% of those reports. People reported losing \$1.48 billion to fraud last year – an increase of 38% over 2017.

The top reports in 2018 were: imposter scams, debt collection, and identity theft.

Younger people reported losing money to fraud more often than older people, which was surprising. According to the FTC, this is not a fluke, it's the trend.

Last year, of those people who reported fraud and their age, 43% of people in their 20s reported a loss to that fraud, while only 15% of people in their 70s did.

When people in their 70s did lose money, the amount tended to be higher. Their median loss was \$751, compared to \$400 for people in their 20's.

Scammers like to get money by wire transfer – for a total of \$423 million last year. That was the most of any payment method reported, but there was also saw a surge of payments with gift and reload cards – a 95% increase in dollars paid to scammers last year.

Tax-related identity theft was down last year (by 38%), but credit card fraud on new accounts was up 24%. In fact, misusing someone's information to open a new credit card account was reported more often than other forms of identity theft in 2018.

The top 3 states for fraud and other reports (per 100K population) are Florida, Georgia and Nevada. The top 3 states for identity theft reports (also per 100K) are Georgia, Nevada and California.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

March 1 – March 8

Calls: 1211

Arrests: 16

Stolen Vehicles: none

FRIDAY, MARCH 1

VANDALISM/PROPERTY, 10:57 a.m., Home Depot, 465 Centre St. Vandalism to box truck. Home Depot willing to show camera footage to officer.

ASSAULT AND BATTERY, 1:44 p.m., Fowler House, 1049 Hancock St. Two males inside bar. One officer with one party outside. Other officer with other party inside. PC arrest. No EMS. Arrest for strangulation, A&B and disorderly.

VANDALISM/PROPERTY, 4:54 p.m., Channing St. Black BMW X5 parked on the street. Passerby spits on the car passenger window every day. Possible neighbor issue. No suspect information.

LARCENY, 5:37 p.m., Waterston Ave. Caller believes package taken from lobby of building on Feb. 21.

SUNDAY, MARCH 3

ASSAULT AND BATTERY, 1:14 a.m., 195 Burgin Pkwy. Caller states a former friend will not leave. Breaking things. No weapons. To hospital.

LARCENY, 2:38 p.m., Russell St. Has suspect info.

VANDALISM/PROPERTY, 5:21 p.m., Federal Ave. Windows broken. Rocks thrown through windows. Frequent checks.

VANDALISM/PROPERTY, 6:21 p.m., Romanzza Pizzeria, 134 Washington St. Right side mirror is broken. Car was towed. Happened Feb. 27.

MONDAY, MARCH 4

VANDALISM/PROPERTY, 3:30 p.m., Robertson St.

Caller states her fence was damaged. She saw her neighbor damage her property.

LARCENY, 4:25 p.m., Russell St. Caller believes he had some items stolen from the communal basement by a tenant.

TUESDAY, MARCH 5

VANDALISM/PROPERTY, 8:27 a.m., Quincy Police Department, 1 Sen St. Vehicle keyed.

VANDALISM/PROPERTY, 5:20 p.m., Brook Rd. Homeless party broke padlock on the door, door frame.

WEDNESDAY, MARCH 6

VANDALISM/PROPERTY, 1:46 p.m., 145 Willard St. Car.

BREAKING AND ENTERING, 2:32 p.m., Arthur St. Caller reports she came home to find her screen door and front door open. She does not think she left it open. She is in the house and does not believe anyone else is there. She does not recognize anything as looking out of place. House is clear.

LARCENY, 3:42 p.m., West St. Package.

THURSDAY, MARCH 7

LARCENY, 11:21 a.m., Chickatabot Rd. Debit card.

LARCENY, 4:46 p.m., Old Colony Ave. Two packages. UPS confirmed they were delivered to the front door. Both were missing when caller got home.

LARCENY, 6:59 p.m., Pleasant St. Rooming house. Door to room was locked. Caller returned home from work and chain, two rings were missing.

FRIDAY, MARCH 8

ASSAULT AND BATTERY, 2:57 a.m., Sagamore St. Caller is an Uber driver. Reports his fare choked him. Reports no injuries and does not need EMS. Fare is no longer in vehicle; unsure where he went, but caller has his address.

K-9 track started. Suspect wanted for strangulation.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617-745-5719

STOLEN MOTOR VEHICLES: none.

CAR BREAKS: Arthur Street.

BREAKS AND ATTEMPTED BREAKS: none.

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremon at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us – Lt. Dan Minton

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Quincy Police Crime Prevention Journal list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

Sen. Keenan Meets With Students To Discuss Teen Vaping, Flavored Tobacco Ban

Cont'd From Page 4

Club are also part of the 84 Movement, a statewide organization of young people encouraging others to stand up to the tobacco and vaping industries.

"Throughout my high school career, it's been clear to me that flavored tobacco products are incredibly attractive to my peers. This is intentional," said Holbrook senior Sarah Ryan. "The tobacco and vaping industries

have engineered over 8,000 flavors, from Mango to Unicorn Milk, that are clearly meant to target youth. In Holbrook, we worked to pass a flavor restriction to combat this, but local policies can only do so much. I'm encouraged by Senator Keenan's bill and excited by the potential it has to protect my generation from the dangers of tobacco and nicotine."

"I am so proud of these students for becoming involved in an issue that is affecting their generation at such an alarming rate," said Mary Clougher, a teacher and head of the Civics Club at Holbrook Middle-High School. "The commitment and maturity displayed by these students is incredible."

"It's the tobacco play-book, the cigarette play-book, all over again," said

Sen. Keenan. "E-cigarette companies like JUUL are aggressively targeting young people with flavored products. We are going to bring a lot of attention to this and these students have been out front on the issue since day one. We are going to partner with students in Holbrook and others who are concerned about our kids' safety to ban these products in MA."

Women's Body Found In Truck Outside Market

By SCOTT JACKSON

A Quincy woman whose body was found inside a parked truck outside the Star Market on Granite Street died of a suspected overdose, police said.

The woman, whose body was found in the truck on March 8, was a 56-year-old Quincy woman, according to Quincy Police Sgt. Karyn Barkas. Police will not be releasing her name, Barkas said.

"Due to the fact that this is a suspected overdose, we will not be releasing her name," Barkas said.

A police officer had been on the scene for an unrelated matter when he saw the woman's body inside the truck. The truck was covered in snow and police believe the woman's body may have been in the parking lot since snow fell earlier in the week.

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Stuck Trunk, Check Engine Light, Rusty Roof, Winter Tires

Ask John Paul: AAA New England's Car Doctor

I cannot open the trunk lid on my 2007 Toyota Corolla. I have tried the following: pulling the opener and using the key. The opener feels like the cable is broken and the key only turns part way. I have searched the manual and find no advice of opening the trunk from anywhere inside the car-except, of course, by lever near the driver's seat. Do you have any advice?

What I have found is that if you try to pull the rear seat-back open you can get your hand up near the top of the rear shelf where the release for the seatback is located. You should be able to pull on the cable and release the seatback. Once the seatback is open you should be able to look inside and maybe even crawl into the trunk and find out what is wrong. You should also be able to unbolt the lock mechanism if necessary, to get the trunk open.

Recently you answered a question about finding an oil leak with baby powder. Another method is to set the vehicle up on 4 ramps, place a white rag or newspapers under the potential leak area, run the car if necessary. When a spot of fluid drops and leaves a stain carefully move to the stain with a small level. Using a drink coaster or similar small flat surface, centered over the stain, level the coaster then place a flashlight with a focusable lens and flat bottom on the fluid spot pointed upwards in pinpoint mode. What you have made is basically a reverse plumb-bob.

I did a very similar thing once with a very inexpensive laser pointer. I used the pointer to aim back up to find the source of the oil leak. The idea came from watching too much crime scene television and watching the characters tracing bullets.

I have a question regarding a stalling issue for my 2015 Jeep Cherokee. For past 30 days, on three separate occasions - just after starting vehicle and driving less than one mile, my Jeep has stalled in mid-traffic at a red/light or stop sign. It starts immediately right up and no problems thereafter. Is this occurrence something you have heard or been aware of and what do you think would be the cause? A colleague at work, thinks it may be from a dirty or defective "throttle-body?" I'd would really appreciate your thoughts.

Generally, a dirty throttle-body will cause a stalling condition just after the engine first starts. I would start with a basic under hood check followed by a scan of the computer system. There may be a "pending" code or sensor reading that is almost out of the normal range which could be you a clue of the possible source of the problem. Some possible issues are the throttle position sensor, cam/crank sensors and idle air control valve. In the category of it couldn't hurt, you could try quality fuel injector cleaner. Dirty fuel injectors can also cause intermittent stalling.

I have a 2018 Silverado which has setting for 2-wheel drive, 4-wheel drive auto, 4-wheel-high and low positions. I was up in New Hampshire and the roads were a bit slippery and turned on my 4x4-auto setting while driving around town. I forgot to turn it back to 2-wheel drive when I got on the highway and drove the 170 miles home, with the majority of the speed at 70 mph. Does leaving the truck in 4-wheel auto on while driving that distance or speed cause damage to the truck?

The 4-wheel drive auto setting will switch back and forth between two-wheel drive and four-wheel-drive as needed. This is the ideal setting when the road conditions can vary due to weather. Keeping the truck in two-wheel drive maximizes fuel economy. You did no harm to your vehicle.

I recently purchased a 2016 Honda Pilot and didn't notice a jolting jerkiness when I was test-driving it (my own stupidity, excitement of new vehicle, other factors). Now that I own it and am driving it every day, I've come to discover a distinct "jolting/jerkiness" feeling to it as I am driving. This mostly occurs as I take my foot off the brake, my car won't just coast nice and smoothly; it's as if as it is downshifting on its own. I thought something was majorly wrong with this car and I took it in and had them check it out. Is this really a common and acceptable characteristic of the Honda Pilot? Is it all Honda Pilots or did I just have the dumb-luck of getting the particular year? Is there any way to fix this?

Honda at one-point may have performed an update to the transmission to remedy an existing shudder issue. If that was the case, then the transmission fluid needs to be changed following a very specific procedure outlined in a technical service bulletin 17-015. In addition, the engine in this vehicle shuts off cylinders down to save fuel. This can lead to a somewhat annoying and to some drivers an undesirable characteristic. If this were my vehicle, I would continue to work with Honda to make sure all technical bul-

letins that apply are fully up-to-date.

Do you know how I can update my 2000 Toyota Avalon to handle 2019 entries for the on-board computer system. The system won't let me enter anything past 2018. From time to time I listen to your radio program. Are there past shows, podcasts available?

From what I can determine it doesn't look like there is anything you can do unless Toyota updates the computer system. At this point at least for this year, enter 2002 and the days and dates will line up. Thanks for listening; yes, you can find the past programs (as well as guest appearances on other programs) on johnfpaul.podbean.com (as well as iTunes, Stitcher, Spotify).

We have a 2013 VW Passat. For the past 8 months the check engine light is on. Two mechanics looked at it, told us engine is okay. They said the light is on because we have only driven 24,000 miles in past 6 years. We live in the city and most of the time we use public transportation. Both mechanics turned the light off, but it came on again after a few hours. We have been driving the car with no problem. However, we want to get bottom of this problem as manual doesn't give much of guidance. Even dealership's mechanic was not very helpful. Please give us your advice.

If the check engine light comes on the car's computer system is generating a fault code. The fault code could be the result of a sensor that is outside of its normal operating limit or an actual failure of an associated part. Since the car runs well, my suspicion is the problem is related to the evaporative emissions system. This could be a leaking hose, faulty gas cap or a pump or solenoid. The fault code isn't the answer to the problem but does help the technician find the source of the problem.

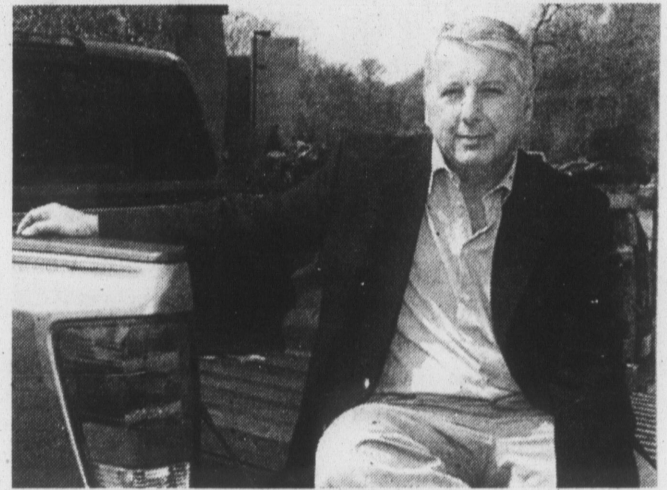
I have a 2008 Jeep Commander with a small V-8 engine that acts like it is going to die once the truck is started and is turned off and back on again. When it first starts it is fine unless it's been driven, stopped and re-started. Help!

A couple of items worth looking at are exhaust gas recirculation valve (it could be sticking open once the engine gets warm). The second item and it can be checked with a scan tool is the crankshaft sensor. The crankshaft sensor has been problematic and will either cause a no-start condition or poor running after a restart.

I have a 10-year-old Ford E250 van and the roof is starting to rust (no holes). I took it to a body shop and they really weren't interested in trying to fix it. They were nice enough to scuff up the paint and spray it with some Rustoleum (the van is black and didn't even charge me.) I love this van, it carries people, stuff and tows my boat with ease. Any economical alternative ideas that might work?

Rust repair is all about the preparation. Could a good body shop sand, repair, prime and paint the roof of your van? I'm sure they can. The problem is unless they routinely do restoration work, many body shops would rather repair crash damage. One possibility that I have seen work is painting the roof with the same material that is used for pickup truck bed-liners. The roof will have a slightly pebble-finish but since you can't see the top of the roof, to me it wouldn't matter. The spray-on bedliner is a fairly low-cost and virtually permanent repair.

I'm moving to a house on a hill, and I am considering snow tires after I got stuck near my house in a freak snowstorm a few weeks ago. However, according to a consumer magazine, though snow tires do better in snow and ice than all-season tires, they do much worse than all-seasons in wet braking. Since a lot of the snow I'd be



JOHN PAUL
AAA's Car Doctor

driving in would be salted, and since rain seems more common in winter now with global warming, would you bother? I drive a 2009 Toyota Prius and it is my only car.

If the type of driving takes you out before the snow plows and the hill you live on is slippery, then there is nothing better than four winter tires. All-season tires are a compromise: they have to work year-round and although with most drivers they tend to be okay. In deep snow or very cold temperatures they are not quite as good. The publication is correct that dedicated winter tires are not quite as good in wet weather, but my experience is they are still quite good. Winter tires excel in very cold temperatures, ice and snow. If this was my Prius, I would install four winter tires near the end of November and take them off mid-April.

For my next winter car, I want to move in the direction of electric but read that electric cars are considerably less efficient in cold weather. Would you consider a front wheel drive electric car with winter tires such as a Hyundai Kona over a typical all-wheel-drive with a gasoline engine for driving in the Northeast? There are few all-wheel-drive electrics, but I see plug-in hybrid vehicles as placeholders albeit a step in the right direction. Lastly, how long before we see fluoride-based batteries replace the current options in cars?

Battery development is constantly changing, in just the 30 years or so that I have been involved with electric vehicle, batteries were the biggest issue. In fact, from the turn of the last century until the 1990s batteries for electric cars didn't change that much. Today it is the combination of new battery designs coupled with sophisticated battery management systems which is making some of the biggest improvements in electric vehicles. Regarding fluoride-based batteries, there is still work to do. Fluoride batteries initially were required to run at temperatures over 300 degrees. There is some development in this area, but I believe it will be some years out before we see this latest battery design in consumer vehicles. Regarding range, looking at arguably one of the best electrics, even the Tesla can experience range issues in very cold weather.

AAA testing showed a 50-mile range drop when tested on a dynamometer in a temperature-controlled testing room, when using the heater. I have yet to drive the Kona E/V but expect it to be about the same range issues when the temperatures drop to freezing. Last year I drove the Kia Soul electric that has about a 110-mile range in the summer. I commute about 100 miles round trip to work. After getting comfortable with the car I could drive the round trip without any problems. Last winter I drove a similar vehicle and if it wasn't for a charging station at AAA I would not have been able to drive home. If I was looking for a year-round vehicle and had a long commute, I would be looking at a plug-in hybrid. One vehicle to look at is the Mitsubishi Outlander, I found it to be a very competent SUV in all weather conditions.

Legislation Filed To Improve Road Safety

Gov. Charlie Baker, Registrar of Motor Vehicles Erin Deveney and Highway Administrator Jonathan Gulliver were joined by AAA Northeast President and CEO John Galvin and Mothers Against Drunk Driving (MADD) Program Director Mary Kate Depamphilis March 7th to highlight the importance of the Baker-Polito Administration's recently filed proposed road safety legislation, An Act Relative to Improving Safe-

ty on the Roads of the Commonwealth.

The proposals to increase road safety being made by the Baker-Polito Administration stem, in part, from discussions with members of the Massachusetts Legislature, strategies outlined in the 2018 Massachusetts Strategic Highway Safety Plan and input from key stakeholders like The Massachusetts Vision Zero Coalition and various law enforcement professionals.

An Act Relative to Improving Safety on the Roads of the Commonwealth includes proposals on the following topics:

- **Hands-free:** Requires electronic devices to be used in "hands-free" mode and would not allow anyone operating a motor vehicle to touch or hold a mobile electronic device, "except to perform a single tap or swipe to activate, deactivate, or initiate hands-free mode." The bill would per-

mit talking, texting and other tasks to be completed by voice commands and would allow law enforcement officers to better enforce distraction laws.

- **Primary seatbelt:** Law enforcement would be permitted to stop motorists for not wearing seatbelts.

- **Work zone safety:** Allows MassDOT to establish mandatory temporary lower speed limits in construction zones that would double

Cont'd On Page 20

Road Safety Legislation

Cont'd From Page 19

finer when workers are present. Currently, lower speed limits in construction zones are only suggestions and law enforcement cannot enforce them.

• **Side guards and additional mirrors:** The proposal would require all Commonwealth-owned and operated vehicles over 10,000 pounds to have side guards, convex mirrors, and cross-over mirrors after Jan. 1, 2020. This law would require all Commonwealth and municipal contractors to have these devices by Jan. 1, 2022. Certain vehicle classifications would be exempt and the law grants the authority to the Registrar of Motor Vehicles to grant additional exemptions, in keeping with U.S. DOT standards.

• **Ignition interlock, hardship licenses:** Proposal would require the use of ignition interlock devices for first offenders who apply for hardship licenses, requiring an interlock device for a minimum of six months as a condition of obtaining a hardship license.

• **Ignition interlock, penalties for violating terms of interlock program:** Clarifies the ability of the Registry to penalize those who attempt to drive after drinking alcohol, (even with an interlock device), or who tamper with an interlock device.

• **New technology:** Electric scooters and other low speed mobility devices, such as electric bicycles, cur-

rently lack a specific vehicle classification. The proposal treats these new technology items the same as bicycles according to existing Mass General Law.

For example, these operators, like bicyclists would need to wear a helmet if under the age of 16, would be required to yield to people walking and provide an audible signal when passing, and could not block vehicular or pedestrian traffic when parked. In addition, the law would require MassDOT to establish a micro-mobility advisory working group to propose future changes for safe adoption of emerging and undefined low speed mobility devices.

Between 2012 and 2016, 15,662 people were seriously injured and 1,820 people lost their lives on the roadways of the Commonwealth. In addition, 14 road workers were killed between 2009 and 2016. To protect those working, the legislation would allow the Massachusetts Department of Transportation (MassDOT) to set up temporary mandatory speed limits in construction zones. To protect people walking, bicycling and using motorcycles on Massachusetts roadways, the legislation would require state-owned heavy trucks and state and municipally-contracted vehicles to be equipped with convex and cross-over mirrors and require the installation of side guards between the front and rear wheels of these vehicles to protect

people from being caught under a truck and run over by its rear wheels.

The bill expands efforts to limit distracted driving by having Massachusetts join sixteen other states, including all of our neighboring New England states, in requiring hands-free use of electronic devices while driving. Law enforcement would also be able to stop motorists who are not wearing seatbelts under this legislation.

The proposal corrects inconsistencies in the law for those convicted of Operating under the Influence (OUI) by requiring first-time offenders who apply for hardship licenses to be placed into the ignition interlock program and clarifying the ability of the Registry of Motor Vehicles to penalize those who attempt to drive after consuming alcohol, even with an ignition interlock device.

Emerging micro mobility technologies like electric scooters and increased use of electric bicycles present both opportunities as a complement to current means of transportation and challenges as an industry without any existing statutory framework. As a first step, the administration proposes treating electric scooters and pedal assist electric bicycles the same way bicycles are treated under state law and establishing a multi-party advisory group to recommend more permanent policies.

Dioxide Levels on the Iron Content of Brassica oleracea

Coleman Ross - Sucrose Levels in Food

Athena Perry - A Perfect Pest? Testing the absorbent powers of the Salvinia plant

Jonathan Bina - The Effect of the Position of the Sun on a Solar Powered Vehicle

Maya Dijkstra - What Makes Water Taste Good?

On Saturday, March 16th, the top three Quincy High School projects will compete at the South Shore Regional Science Fair held at Bridgewater State University. Students who place at regionals will be given the opportunity to attend the Massachusetts State Science & Engineering Fair held at Massachusetts Institute of Technology Campus in Cambridge on May 3rd and 4th.

For more information or to get involved contact Julie Krieger, acting department chair at Quincy High School juliekrieger@quincypublicschools.com or 617-376-3366.

Quincy College Granite Men's Basketball Concludes 13-16 On The 2018-2019 Season

South Shore Players Recognized; Two Named to NJCAA All Region Teams

Quincy Granite men's basketball has represented Quincy College in its first two years of National Junior College Athletic Association (NJCAA) Region 21 competition. They have compiled a record of 35 - 20 over the course of two years.

Quincy College Athletic Director Jack Raymer said he is proud of all of the student-athletes and the coaching staff led by Quincy College Granite Head Coach Doug Scott, Assistant Coaches Kendrick Jackson and Mike McGee.

Scott knew going into his second season as head coach for QC Granite that his team would have a target on its back. Quincy College Granite shocked the NJCAA Region 21 with a league leading first year record of 23 wins and 3 losses.

This season Scott knew his young team would have its work cut out for it as the conference grew stronger and his young inexperienced squad would need time to mature together. After losing Division 3 All-American forward Devin Palmer to Division 1 Tallahassee Community College in Florida, QC Granite was left with only one returning player to the QC Granite squad, sophomore guard Jon DaVeiga to lead this year's young team.

Quincy started the first half of the season competing with everyone in the league but only compiled a record of 7 wins and 11 losses. Scott said he was pleased with the emergence of freshman Darrius Hyppolite from Bridgewater Raynham High School whose strong play earned him First Team Region 21 honors and finished as the leading scorer in the conference with 21.4 points per game. Sophomore Captain Jon DaVeiga also had another strong season averaging 16.6 points a game and his leadership was

instrumental in Quincy's strong second half showing.

Going into the last four games of the season Quincy needed to win two of its last four games. With two tough losses against the top two teams in the Region, Bunker Hill Community and Community College of Rhode Island, the Granite defeated Roxbury Community College and the season came down to the game versus rival Massasoit Community College for a playoff bid. The two teams fought toe to toe for the final spot but Massasoit came out on top in overtime to leave Granite one game out of NJCAA Region 21 Playoffs.

Trahe Qualls from Dorchester had an impressive inaugural season with QC Granite as a point guard averaging 11.8 points per game and 5 assists which qualified him as one of the top guards in the conference.

Two local players from Weymouth, Cam Mason and David Canavan showed continuous improvement throughout the year to assist in the second half surge. Mason's strong play broke him into the starting lineup for the second half of the season with an average of 8.2 points a game and coach is hoping for great things for both of these players for next year.

Quincy High School alumni and new Granite squad additions, Remy Chebbo and Christian Falco added great bench strength to the group, both playing key roles in numerous games in the second half of the season. Coach Scott had high praise for Deon Bell, an alum from Barnstable High School and center Fred Smith who became the dominant center in the league for the second half averaging 12 rebounds and 6 block shot along with 11.4 points a game. Bell became one of the league's best 2

way players with 6 points and 6 rebounds a game. Sophomore Claudie St. Jean rounded out the bench depth and gave quality minutes in his first year of NJCAA competition.

Building upon a strong offensive season, two Quincy College Men's Basketball players dominated the leader board for Individual Offensive leaders. Darrius Hyppolite concluded the season as the top offensive player with 21.4 points per game. Quincy College Granite athletes also lead the 3PT PCT leader board securing the top two positions. Darrius Hyppolite led with 56.4 3PT PCT and Jon DaVeiga with 53.7 3PT PCT.

Hyppolite and DaVeiga were named to the NJCAA All Region Team. Hyppolite was named to the First Team and Jon DaVeiga was named to the Third Team.

Quincy College Granite Men's Basketball was bolstered by contributions from players across the South Shore.

Despite not making playoffs in their sophomore showing, Coach Scott is very optimistic for the future as many Quincy College Granite freshmen players gained great experience and look forward to a strong showing for next year.

Quincy College Athletics is looking to the future, expanding its athletics program in the fall with the addition of Co-Ed Cross Country. Long-time Emerson College track coach John Furey will come on board to lead the teams in the fall with the intention of building a strong competitive NJCAA running program at the college.

For more information on Quincy College Athletics programs or for anyone interested in recruitment for the Fall 2019-2020 season, visit: quincycollege.edu/granite.

QHS Science And Technology Fair

Cont'd From Page 14

outside professionals year-round to develop scientific method skills, investigate "real world" science topics and explore engineering problems.

A major portion of the success of the STEM fair is due to approximately eighty community volunteers from science, engineering, technology, finance as well as many other fields donating their time and expertise to judge projects and provide challenging questions for students. Each project was assessed at least three times by three different academic judges from varying professions. Project scores were tallied and weighted using a rubric based on scientific approach, creativity, understanding, methodology and presentation.

Each year, the Quincy High School STEM fair exhibits a wide range of projects and the student (as well as adult judge) enthusiasm is truly felt throughout the entire evening. "I always enjoy judging the QHS STEM fair. The best part is

being able to talk with the students one on one about their projects. You can really feel their enthusiasm as well as recognize the amount of knowledge they have gained from their experimentation and research," said Kristopher Rosado, an insurance agent and returning judge for the event.

Quincy High School Science, Technology and Engineering Fair Winners

1st Prize: Helga Becka - Bio-digester Solving Energy Problems in Developing Countries

2nd Prize: Rebecca Morris - The Effect of EGCG in Planaria on the Growth of Cancer

3rd Prize: Marsha German - The Regeneration of Algae for Infinite Biofuel, Phytohormone Manipulation

3rd Prize: Supriti Karki - Diffractive Bending of Lasers Through Geometric Apertures

Quincy High School Honorable Mention Hannah Murphy - The Effect of Raised Carbon

QCAP Homebuyer Workshop

Quincy Community Action Programs, Inc. (QCAP) will host a first time home buyer workshop Thursday, March 28th from 6 to 9 p.m. and Saturday, March 30th from 9 a.m. to 3 p.m., at QCAP, 1509 Hancock St.

This monthly workshop focuses on all aspects of the home buying process. Real estate professionals will present information on topics from mortgages to home

insurance. Attendees must attend both sessions in order to receive a certificate of attendance. Participants may use their certificate to obtain a low rate loan through MassHousing or MassHousing Partnerships. Free individual counseling is also available.

Registration will be open until Tuesday, March 26th. However, space is limited. The cost is \$30 per person

and the fee is non-refundable.

For more information about the program or to register for the workshop, visit www.qcap.org or contact Keely Elta at 617-657-5315 or kelta@qcap.org.

Future two-day workshops will be held April 11th and April 13th and April 25th and April 27th. For more information, visit www.qcap.org.

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R

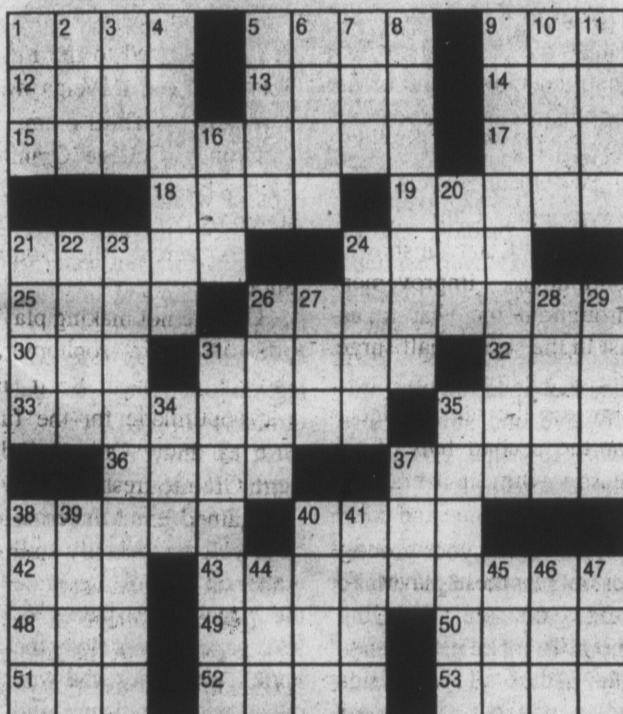
1
4

2
0
1
9

SUN FUN PAGE

King Crossword

- ACROSS**
- 1 Hindu prince
5 Persian leader
9 Bigshot, for short
12 Verve
13 Horseback game
14 Tokyo's old name
15 Chamber of the heart
17 Born
18 Good-looking guy
19 Bandleader
21 Lucky roll of the dice
24 Arrived
25 Thing
26 Pots and pans and such
30 Chignon
31 Yours
32 Neither mate
33 Pavement
35 Cicatrix
36 Always
37 Swerves
- 38 "Monopoly" buy
40 Desert-like
42 Superlative ending
43 South American nation
48 Chicken — king
49 Cupid's alias
50 Family
51 — and don'ts
52 Transmitted
53 TV award
- DOWN**
- 1 Cleric's address (Abbr.)
2 Brewery product
3 One of the Brady Bunch
4 Country song?
5 Rotate
6 Pawn
7 Every last bit
8 Cornmeal creation
9 With a —
- 10 Concept
11 Bard
16 Scoot
20 Coal diggers' org.
21 Bro and sis
22 Needle case
23 Feuds
24 Hit on the head
26 Burn something
27 Lubricant
28 Bellow
29 Blunders
31 Dozens
34 First lady
35 Lead astray
37 Namely (Abbr.)
38 — over heels
39 Norway's capital
40 Unsigned (Abbr.)
41 Leftovers
44 Before
45 Shade tree
46 Felon's flight
47 Whatever number



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MAGIC MAZE • ANDYS

T V S Q N K H E B Y W T R O L
J E N I V E D G G E B S Y W U
R P T A N K K A I R G R D G B
Z W X T M C V R S O S E Q R O
M A K I I F G C E O M M C E A
Y R W D U T U I Y N A M S B Q
P H D B N L T A J E I U H M F
E O C B A R R E K Y L S N A V
R L S I K R E S P Y L X V S U
S Q P G U H T I F F I R G N M
K J H M F E C B D Z W Y X V U

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Devine Garcia
Gibb Griffith
Kaufman Murray
Pettitte Reid
Roddick Rooney
Samberg Serkis
Summers Van Slyke
Williams

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Scarf is different. 2. Boots are higher. 3. Small shed is wider. 4. Puddle near shed is missing. 5. Snow is gone from window ledge. 6. Bush on left has been moved.

Trivia test

1. GENERAL KNOWLEDGE: What is the international word (NATO phonetic alphabet) for the letter "O"?
2. GEOGRAPHY: Which U.S. city lies further west: Los Angeles, California, or Reno, Nevada?
3. MUSIC: Which Latin rock band had a hit with the 1999 album "Supernatural"?
4. LITERATURE: Which 19th-century author wrote a book of short stories called "Twice-Told Tales"?
5. LANGUAGE: What does the phrase "fifth column" refer to?
6. ANATOMY: What part of the human body is referenced by the adjective "hepatic"?
7. U.S. PRESIDENTS: What was the name of

- President Bill Clinton's family cat?
8. NICKNAMES: Which West Coast city's nickname is "Emerald City"?
9. ORGANIZATIONS: How many countries are members of Interpol, an international police organization?
10. MOVIES: Who played the character "Iceman" in the 1986 movie "Top Gun"?

- Answers
1. Oscar
2. Reno
3. Santana
4. Nathaniel Hawthorne
5. A group of spies or traitors within your own defensive line
6. The liver
7. Socks
8. Seattle
9. 194
10. Val Kilmer

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Wishing Well®

3 8 5 3 2 3 4 2 7 2 8 5 8
F C G R C E A H B E H O E
6 2 8 4 6 5 2 6 4 8 2 4 5
T R R B E O I A U I S N D
3 5 3 5 4 2 3 4 2 5 2 5 2
E T C I D H H A Y M O E U
5 6 3 8 6 4 3 2 5 4 3 7 5
S C O S H N I R A T C E H
4 7 8 3 4 5 8 6 7 3 6 7 5
W C H E E E L O H S T O A
2 8 5 2 6 2 8 4 8 6 4 2 4
F O D A H M V A E E L I T
8 4 8 2 6 8 6 8 7 2 8 7 7
D H O L R N S E O Y S S Y

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) You'll want to discourage well-meaning but potentially ill-advised interference in what you intend to accomplish. Your work has a better chance to succeed if it reflects you.
TAURUS (April 20 to May 20) The Bovine's well-deserved reputation for loyalty could be tested if you learn that it might be misplaced. But don't rely on rumors. Check the stories out before you decided to act.
GEMINI (May 21 to June 20) You've been going on adrenaline for a long time, and this unexpected lull in a recent spate of excitement could be just what you need to restore your energy levels. Enjoy it.
CANCER (June 21 to July 22) Friends can be counted on to help you deal with a perplexing personal situation. But remember to keep your circle of advisers limited only to those you're sure you can trust.

LEO (July 23 to August 22) Security-loving Lions do not appreciate uncertainty in any form. But sometimes changing situations can reveal hidden stresses in time to repair a relationship before it's too late.
VIRGO (August 23 to September 22) This is a good time for single Virgos to make a love connection. Be careful not to be too judgmental about your new "prospect" -- at least until you know more about her or him.
LIBRA (September 23 to October 22) Your sense of justice helps you resolve a problem that might have been unfairly attributed to

the wrong person. Spend the weekend doing some long-neglected chores.
SCORPIO (October 23 to November 21) You might feel justified in your anger toward someone you suspect betrayed your trust. But it could help if you take the time to check if your suspicions have substance.
SAGITTARIUS (November 22 to December 21) Ignore distractions if you hope to accomplish your goal by the deadline you agreed to. Keep the finish line in sight, and you should be able to cross it with time to spare.
CAPRICORN (December 22 to January 19) Your creative self continues to dominate through much of the week. Also, despite a few problems that have cropped up, that recent romantic connection seems to be thriving.
AQUARIUS (January 20 to February 18) As curious as you might be, it's best to avoid trying to learn a colleague's secret. That sort of knowledge could drag you into a difficult workplace situation at some point down the line.
PISCES (February 19 to March 20) Instead of spending too much time floundering around wondering if you can meet your deadline, you need to spend more time actually working toward reaching it.
BORN THIS WEEK: You have a natural gift for attracting new friends, who are drawn to your unabashed love of what life should be all about.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: H equals E

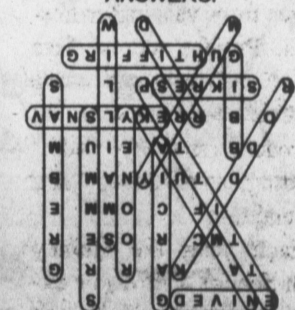
KB TSAHS JT FHHL ITEFV ISTP
CHJJKBC VHYVKUF, MH MSH
YEE JTEA JT ASKBF YB TUHYB
PTJKTBL TJKTBL

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King Crossword

Answers
Solution time: 21 mins.
A W E I N E S S O O
N Y T G S O M E V I V
V I E N Z E N E A I S E
G I U V I E L O H
S H E E A M E A E
R Y O S X Y M E D I S
W O N E N I H I N U R
S H E M M O O O W E I
L E V M E N E A E
E E N E N D I U N A E
E O D O R O P O N Y T E
A H A H A V A V A V A

Magic Maze



CryptoQuip

in order to keep folks from getting seasick, we were all told to drink an ocean motion potion.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- J.J. Abrams has completed filming Episode IX in the Luke Skywalker "Star Wars" saga. George Lucas first conceived chapters 4-6 in 1977 and always intended they'd be followed by the prequels 1-3, and finally three sequels, episodes 7-9. But after the first six films from 20th Century Fox, Disney became the new owner, Lucas bowed out and Abrams took the reins. The final episode of George Lucas' "Star Wars" baby premieres Dec. 20, more than 42 years after the original.

Also done and shedding his cowl is Ben Affleck, who has decided not to continue as Batman in the Marvel Universe after playing the caped crusader in "Batman v Superman," "Suicide Squad" and "The Justice League." Already mentioned in dream casting to replace him are Jake Gyllenhaal, Jon Hamm, Robert Pattinson, Kit Harington, Ryan Gosling, Josh Brolin, Matthew Goode, Richard Armitage, Josh Harnett, Keanu Reeves and Armie Hammer. To give themselves more time to nail down a new Batman, the next film will be a prequel with 18-year-old "Gotham" Bruce Wayne, David Mazouz (who has played Batman's alter ego since 2014), for a June 2021 opening.

Another superhero, Chris Evans, aka Captain America, had to bow out of star billing in "The Devil All the Time," with Tom Holland, Mia Wasikowska and Robert Pattinson, because of schedule conflicts. He's been replaced by Sebastian Stan

-- Bucky Barnes/Winter Soldier in "Captain America: Winter Soldier" and "Civil War," "First Avenger," "Ant Man," "Black Panther" and "Avengers: Infinity War." Instead, Evans is taking second billing to Daniel Craig (007) in the mystery crime film "Knives Out," also with Michael Shannon, Don Johnson, Jamie Lee Curtis, Toni Collette and Christopher Plummer, due in theaters Nov. 27.

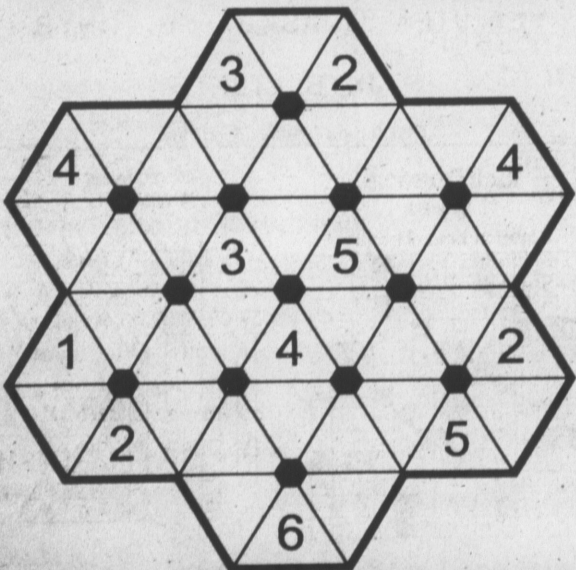
Also changing his life is superstar Robert Redford, who retired from acting after "The Old Man and the Gun" (which grossed only \$15 million), with Sissy Spacek and Casey Affleck. He's also retired from his work of 34 years at Sundance Institute. Redford turned a piece of property in Park City, Utah, into a resort and founded the largest independent film festival in the U.S., which showcases films for distributors to buy and is attended by 50,000 people annually. I met Redford in 1961, when he was on Broadway in "Little Moon of Alban," with Julie Harris. In the many times I've run into him he's always treated me like a long-lost friend. His work at the Sundance Institute has done so much to advance the independent film industry. In 2009 he wed longtime girlfriend Sibylle Szaggers, and at 82 years young it's time for him to start a new phase of his life. Park City is an Eden, and Adam and Eve have found their paradise. ... You've earned your new life, old friend!

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Triste

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

	-		x		21
÷		x		x	
	+		x		25
+		+		+	
	+		+		15
17	14		16		

1 1 2 3 4 5 6 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Irish Leprechaun Nodder

--- Bobble heads are popular today as sports collectibles. Most baseball teams offer souvenir bobble-head dolls at some of the games during the season, but today's dolls are made of slick plastic and usually are wearing fabric uniforms. Early toy bobble heads were made of painted papier-mache. The head bobs up and down because it is attached to a long-weighted neck that's suspended in the neck's hole. It is balanced on a narrow metal rod that swings back and forth, making the head move.

The idea came from 18th-century porcelain figurines that had moving heads and hands. The major German porcelain factories made complicated nodders. One was a group of four women drinking tea while their heads and hands moved. Another was a 20th-century figure of a woman seated in front of a typewriter. Her hands moved up and down as she typed.

This bobble-head figure in a lime-green suit and hat is a 5-inch-tall, smiling Irish Leprechaun nodder. It was made in Germany of a composition material; his glass eye is winking. He's a charming fellow, but St. Patrick's Day collectibles are not as popular as those for Halloween or Christmas, and there were fewer bids. The buyer paid only \$59.

Q: Is it true that furniture from the U.S. House of Representatives is sometimes sold at auction? Who owns the chair used by each elected official?
A: For many years, there were few rules about the furniture that belonged to the government in the Con-

gressional buildings, the White House or other Federal buildings. It is said that President Lincoln's wife sold some of the furnishings because she needed money to live on, as there was no pension for the wife of a president. Now there are pages of instructions about buying and selling official furnishings. Most pieces have to be paid for by the elected official according to a written schedule.

We have seen several Victorian chairs from the House of Representatives sold. They were made in 1857 by a famous New York firm, Bembe & Kimbel. They featured three stars carved on the chair crest, and carved oak branches representing longevity and laurel for victory on the arms and legs. In 2008, a chair sold for about \$19,000.

RECENT PRICES

Wooden pie crimper, pastry wheel, shaped turned handle with ball finial, "France" etched on handle, 1960s, \$15.
Wendy doll, Madame Alexander, St. Patty's Day parade, red curly hair, freckles, green iridescent dress, top hat, pot of gold, box, 8 inches, \$70.
Mountaineering pack, back board, hardwood, rope, webbing and adjustable straps, climbing tools, 1940s, 27 x 15 inches, \$265.

TIP: Fray Check, a product found in sewing supply shops, is useful for repairing tears in cardboard signs.

For more collecting news, tips and resources, visit www.Kovels.com

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STICKELERS

by Terry Stickels

What is the name of the polyhedron below?



What would it look like unfolded?

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Strange BUT TRUE

* It was 20th-century American author and futurist Robert Anton Wilson who made the following sage observation: "Only the madman is absolutely sure."

* Lightning isn't solely a phenomenon of Earth: Astronomers have noted lightning bolts on Jupiter, Saturn, Uranus and Venus.

* Historians say that Russia's Peter the Great was nearly 7 feet tall.

* Athletes playing baseball on steroids have been in the news in recent years, but drugs are nothing new in America's national sport. During the late 1960s and '70s, Dock Ellis was a valued pitcher who played for several teams, including the Pittsburgh Pirates. On June 12, 1970, Ellis took LSD, thinking it was an off day for his team. By the time he realized that the Pirates were scheduled to play the San Diego Padres that evening, it was too late. The drug proved to

have no ill effect on Ellis; in fact, he pitched a no-hitter. When he recounted the event to a reporter 12 years later, he said he remembered only bits and pieces of the game, though he felt euphoric. Many years later, after being treated for addiction, Ellis became a coordinator for an anti-drug program in California.

* A woman in Tennessee was once arrested for biking while intoxicated -- and she was on a stationary bike at the gym at the time.

* A newspaper reporter once asked Gen. Charles de Gaulle, leader of the Free French Forces during World War II and later president of the French Fifth Republic, if he was happy. De Gaulle replied, "What do you take me for, an idiot?"

Thought for the Day: "Before you become a writer, you must first become a reader. Every hour spent reading is an hour spent learning how to write." -- Robert Macfarlane

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Now here's a tip!

by Jo Ann Derson

* "I use those individually packaged (usually 30 or 50 per box) eyeglass lens wipes to clean my glasses, and before they dry out, I use them to wipe down the touchpad on my microwave and stove. I use them to wipe down my phone screen, too." -- J.F. in Washington

* Still getting your groceries in plastic bags? Make sure you are recycling them. To make it easy, simply gather all your bags when you put away your purchases and put them in your trunk. The next time you shop, drop them off in the appropriate container at the store. Never put plastic bags in your curbside recycling bin.

* When replacing the box of baking soda from your fridge, dump the old one into your kitchen drain and follow with a couple

cups of white vinegar. After a few minutes, flush the drain with hot water to leave it clean and smelling fresh.

* Is your silverware collection hanging around tarnishing? Well here's a great tip from a friend up north: "Ketchup will polish silver." -- C.I. in Minnesota

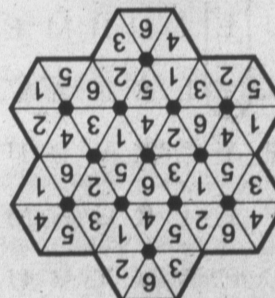
* "If you accidentally spill water on a book, separate the pages with pieces of wax paper. Then close the book. As it dries, the wax paper wicks moisture and prevents wrinkles. Also, wax paper is microwave safe and allows moisture to escape, so food doesn't get soggy." -- A.W. in Idaho

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

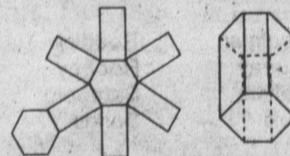
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SNOWFLAKES

solution



Stickels Answer



The figure at left is a right hexagonal prism. Here is what it would look like unfolded.

Go Figure!

answers

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Purim Events At Beth Shalom

The festive Jewish holiday of Purim will be celebrated at Congregation Beth Shalom of the Blue Hills this year with two special events in March.

On Sunday, March 17th, the synagogue's Rabbi Weistrop Religious School will sponsor its Annual Purim Carnival from 11 a.m. to 12:30 p.m., at the synagogue at 18 Shoolman Way in Milton. The Purim Carnival will feature games, booths, prizes, raffles, food and fun for all ages, and prizes for costumes. It is open to the entire community with free admission, and tickets for booths and snacks will be available for purchase. Everyone is welcome, especially costumed children, who can participate in the costume parade and win prizes.

On Wednesday evening, March 20th, the synagogue will hold a Community Purim Celebration & Passover Wine Tasting, starting at 6:15 p.m. for parents with children. The kids can enjoy pizza and veggies while their parents taste Passover wines along with cheese and crackers, all free if RSVP'd by Sun. March 17th. At 6:45 p.m., everyone may

participate in Mask Making, Costume Parade, Purim story, songs, prizes and Hamantashen.

At 7 p.m. adults without children can join in Passover wine tasting with cheese and crackers, followed by a full Megillah reading and Hamantashen. The public is invited and costumes are encouraged for everyone.

The Megillah mentioned above tells the Purim story of Esther and her uncle Mordecai, who saved their Jewish brethren in ancient Shushan from the evil designs of the wicked Haman. Children and adults wear costumes and listen carefully to the Hebrew text so they can use noisemakers to drown out the name of Haman every time it is uttered.

Cong. Beth Shalom of the Blue Hills, conducts a full schedule of religious, cultural, educational and social events and services throughout the year. It also operates a religious school for Jewish children of all grade levels. It is located at 18 Shoolman Way (off Lodge St.) in Milton. There is limited parking at the synagogue, with over-

RELIGION

First Baptist Church of Wollaston

Sunday morning worship at First Baptist Church of Wollaston, 81 Prospect Ave., Quincy, begins at 10:30 a.m.

Fellowship hour of conversation and light refreshments in the chapel will follow the service.

Prior to the worship service is an English Bible Class in Chapel at 9:15 a.m.; a Vietnamese Bible Class at 9 a.m. Contact Pastor Duc ducpham-boston2015@gmail.com.

Serving the church will be greeter Paul St. John and reader Beverly Moulton.

Pastor David Choi will preach his sermon, "Respond to God's Love."

A contemporary Praise Worship services is held from 12:30 to 2 p.m. including a Bible class. Contact wolla-

flow parking on nearby Pleasant St. There is no parking allowed on Lodge or Maitland Streets.

For further information about Purim or other temple

dave@gmail.com for directions.

Looking for in-depth Bible discussions? Come and join our Thursday Bible Class at 7:00 p.m.

You will have fun of learning the Bible.

The church office is open from 10:30 a.m. to 5 p.m. Tuesday, Thursday and Friday. For more details call 617-472-0824 or visit the website www.FirstBaptistChurchOfWollaston.org for updates and activities.

All areas of the church are easily handicap accessible.

Bible Trivia: What was the name of David's first wife? Answer: read 1 Sam 18: 20-21; 27

a) Bathsheba b) Abigail c) Michal d) Mishna

activities, call the temple office at 617-698-3394, email: office@BethShalomBlueHills.org, or visit www.BethShalomBlueHills.org.

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts after the bell is rung by Carson and Lenny Jacobs.

Liturgist Jeff Craig will welcome and call to worship. Pastor Steven Vandergrift will lead the service and preach his sermon.

Susan Stimpson and Glenn Brown will serve for the Diaconate.

Steve Reed, minister of music will direct the choir. A fellowship coffee hour hosted by Nancy Jacobs follows the service. All are welcome.

Wednesday evenings at 7 p.m. Choir rehearses with Steve Reed

Bethany Congregational

Bethany Congregational Church, Quincy Center, will have a Sunday Worship Service at 9:30 a.m. Rev. Patrick McCorkle will be preaching his sermon. Fellowship with light refreshments will follow the worship service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Outreach Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 p.m. Please visit us at our website: www.bethanyconchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

For more news visit:
thequincysun.com

Quincy Religion Directory			
SERVICES & ACTIVITIES			
Catholic St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>MASSES</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am <i>Handicapped Accessible</i> <i>New Members Welcome!</i>	Catholic Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am <i>Handicapped Accessible</i> Confessions Sat. 3-3:45pm in Saint Joseph Oratory	Congregational HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Worship Service at 10 a.m. Pastor Stephen Vandergrift will lead the service and preach his sermon All are welcome to attend FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE	Congregational Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Inclusive Family Worship at 10 a.m. Elizabeth J. Williams Pastor 617-773-7432 www.wollastonucc.org
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment <i>Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned</i>	St. Joseph's Church 550 Washington Street Quincy, MA 02169 • 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses: Mon., Tues., & Thurs. 9a.m. CONFESSIONS: Saturday, 2:30-3:30 pm <i>Handicapped accessible & Handicapped parking, side entrance Air-conditioned</i>	BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanyconchurch.org Sunday Worship Service at 9:30AM Rev. Patrick McCorkle will be preaching his sermon ALL ARE WELCOME! <i>Fellowship following the service Church is handicap accessible</i>	Unitarian Universalist United First Parish Church <i>A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.</i> Worship Service & Church School: Sundays at 10:30 AM <i>Followed by Fellowship & Refreshments</i> Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday, 8:30 AM & 11:00 AM Sunday night, 5:00 PM Weekday Masses Wed., Fri., and Sat. 8:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM <i>Handicapped Accessible</i>	Holy Trinity Parish <i>Come and Worship!</i> Most Blessed Sacrament Church 1031 Sea St. WEEKDAY MASSES 9:00AM Tuesday and Thursday WEEKEND MASSES 4:30 PM Saturday and 8:30 AM Sunday Our Lady of Good Counsel Church 237 Sea St. WEEKDAY MASSES 9:00AM Monday and Wednesday WEEKEND MASSES 6:00PM Saturday and 10:30 AM Sunday CONFESSIONS: 3- 4PM Saturday Rev. Martin Dzengeleski- Pastor Phone: 617-479-9200 EMAIL: holytrinityquincyma@gmail.com VISIT: www.holytrinityquincy.com	Quincy Point Congregational Church United Church of Christ 444 Washington St. (617) 773-6424 www.quincypointcong.org Sunday Worship and Sunday School at 10 am Elevator Access via Abbey Rd Rev. Kimberly Murphy, Pastor Rachel Hallenbeck, Minister of Music Angelina DeCristofaro, Youth Dir.	Church of Christ CHURCH OF CHRIST IN MILTON 330 Edge Hill Rd., Milton, MA 02186 • 617-274-2409 www.churchofchristinmilton.org Maurice Davis, Minister SUNDAY WORSHIP 8AM, 11AM and 6PM Sunday Bible Study 9:45AM Tuesday Bible Study 11:00AM Wednesday Bible Study 7:00PM 3rd Friday - Couples 7:30PM 4th Friday - Youth 7:30PM
Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9 AM Confessions: Saturday 3-3:30PM <i>Handicapped Accessible via Elevator</i>	Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Rebecca E. Baumann	Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45AM CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY	Non-Denominational LIGHTHOUSE FELLOWSHIP 65 Newbury Ave., N. Quincy Worship & Children's Church 10AM Pastor Mike Fehan 617-847-4444 Mid-week studies & youth group mjfehan@gmail.com

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

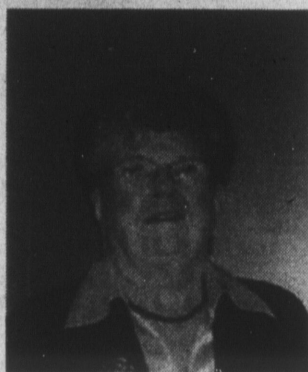
Evelyn A. Bartosiak, 92

A funeral service for Evelyn Amelia (Mossman) Bartosiak, age 92 of Quincy, formerly of Gilford, N.H., South Boston and Cambridge, was held Monday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Bartosiak died peacefully surrounded by her family on March 5.

Born in Boston, she was a daughter of the late St. Clair Mossman, and Rose M. (Drury). Mrs. Bartosiak worked in the Boston Police Department for 25 years. Upon retiring she spent time with family and volunteering at the Kennedy Center in Squantum. Along with her love for helping children, her second love was for her pets. Brutus and Mr. Ralphe were the best dressed and the best fed faithful companions to her.

Mrs. Bartosiak was the beloved wife of the late Anthony M. Bartosiak. Loving mother of Michael A. Bartosiak and his wife Paula, and



EVELYN A. BARTOSIAK

Mark P. Bartosiak and his wife Audrey all of Quincy. Loving sister of the late John Mossman, Charles Mossman, Ethel Remis, Marion Alger, Florence Russell, Mildred Smith, Elizabeth Norton, and Lois Garvey. Loving aunt to many nieces, nephews, grand nieces, grand nephews and great grand nieces and nephews.

Interment in Westview Cemetery, Lexington.

Memorial donations may be made to St. Jude's Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

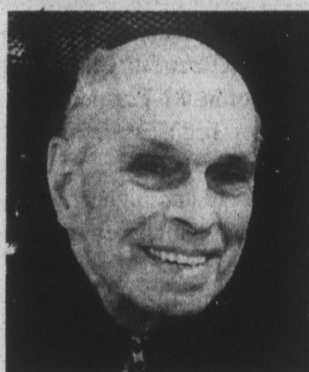
David B. Gaudet, 89

A funeral Mass for David B. Gaudet, age 89, of Weymouth, formerly of Quincy, was celebrated March 9 in St. Francis Xavier Church, Weymouth.

Mr. Gaudet died March 4.

He served in the U.S. Army during the Korean Conflict. He was a graduate of Northeastern University and worked as a mechanical engineer for Polaroid for many years. After retirement, Mr. Gaudet devoted much of his time to woodcarving and was a member of the New England Woodcarvers Association.

He was the beloved husband of the late Anna (DeFeudis) Gaudet. Loving father of Paula M. Quintanilla and husband Eduardo of Leesburg, FL, Maureen T. Cardarelli and husband Andrew of Carver, Richard F. Gaudet and wife Michelle of Medfield, and Jean M. Gaudet of Weymouth. Cherished "Grandpa" to Christina, Joshua, Matthew, Fran-



DAVID B. GAUDET

cis, Adam, Joseph, Daniel; and great grandchildren, Ethan, Elijah, Ephraim, Bradley, Amber, Ethan and Michael. Brother of the late Joseph E. Gaudet, Kenneth R. Gaudet, and Constance M. Burke. Also survived by many nieces and nephews.

Interment at Knollwood Memorial Park, Canton.

Funeral arrangements were made by McDonald Keohane Funeral Home, South Weymouth.

Memorial donations may be made to Norwell VNA and Hospice, 120 Longwater Dr., Norwell, MA 02061.

George S. Maver, 95

A memorial service for George S. Maver, 95, of Hanson, was held March 8 in Shepherd Funeral Home, Pembroke.

Mr. Maver died March 2.

The beloved husband of 45 years to the late Noela (Charette) Maver. Mr. Maver was born in Quincy and attended Quincy Public Schools, graduating in 1942. He was an accomplished artist and a graduate of the Rhode Island School of Design. Mr. Maver served in World War II for three years in the Pacific as a radioman second class aboard the Kendall C. Campbell (DE-443).

After the war, he worked in advertising agencies in the Greenwich Village neighborhood of New York City. That was followed by a long career as an art teacher at Sewanhaka High School on Long Island. For many years, Mr. Maver and his wife Noela taught alongside each other at Sewanhaka.

Following his retirement from teaching, Mr. and Mrs. Maver moved to Hanson,



GEORGE S. MAVER

purchasing a home on the same pond where Mr. Maver and his siblings had vacationed at their family's cottage in the 1930s. While in Hanson, he touched so many lives and provided guidance to so many friends.

Mr. Maver was the brother of the late William Maver, the late Russell Maver, the late Elizabeth Behning and the late Gordon Maver. He is survived by many nieces and nephews, as well as many great and great-great nieces and nephews.

Memorial donations may be made to the First Presbyterian Church, 270 Franklin St., Quincy, MA 02169, or to the charity of your choice.

William Burke, 76

A funeral Mass for William "Bill" Burke, age 76, the beloved husband of Norma Burke, both of Pembroke, was celebrated Tuesday in St. Thecla Church, Pembroke.

Mr. Burke died peacefully at his home on March 4.

He was born in Somerville and was formerly of Quincy. He was predeceased by his mother Rita Burke, and infant son. He is survived by his children Kelly Cappa, Bill Burke, Danielle Regan, and their spouses, his stepchildren Kim Ferguson-Caizzi and Richard Ferguson and their spouses. A loving grand-

father to 14 grandchildren and 1 great grandson, and a devoted owner to his dog Baron.

Mr. Burke served proudly in the U.S. Navy aboard the USS Boston. He was a dedicated employee for 40 years at Boston Sand and Gravel at various locations as a concrete batch man.

Interment at Massachusetts National Cemetery, Borne.

Funeral arrangements were made by Shepherd Funeral Home, Pembroke.

Memorial donations may be made to the veterans' organization of your choice.

Carol A. Truitt, 60

A memorial Mass for Carol Ann (Murray) Truitt, age 60, of North Palm Beach, Florida, will be celebrated at 5 p.m. on April 28 in Our Lady of Good Counsel Church, Quincy.

Mrs. Truitt died March 1 after a brief illness.

She is survived by her loving and devoted husband of 17 years, Michael (Mickey) Truitt, his daughters, Zoe Schwartz and Mandy Ranieri and grandchildren, Katerina, Erin, Michael and Eli.

Born in Quincy and raised in the Merrymount neighborhood, Mrs. Truitt, one of 8 children, was a daughter of the late Donald and Dolores (McGonagle) Murray.

She also leaves behind her 4 sisters and 3 brothers: Nancy Carey and husband Ed of Braintree; Donna Paine and husband Michael of Quincy; Paula Murray and partner Laurie Myette of Braintree; Helen Flaherty and husband John of Quincy; Donald J. Murray, Jr. and wife Roxanne of Bon-sall, CA; William Murray



CAROL ANN TRUITT

and wife Robin of Reading; and Richard Murray and Lisa Axios of Weymouth. She also was a loving aunt to her many nieces and nephews and their children.

Mrs. Truitt was a 1977 Quincy High School graduate and had worked as a pharmacy technician and at Stop & Shop. She loved the ocean and the warm Florida weather, cooking and dancing. She loved walking her beloved dog, Marco. Throughout her life she maintained a positive attitude and a strong faith in God and was a communicant at St. Paul of the Cross Church in North Palm Beach.

Memorial donations may be made to St. Paul of the Cross Church in North Palm Beach, Florida.

Roberta A. Cohen, 73

A funeral service for Roberta Ann Cohen, age 73, of Quincy was held March 9 in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Ms. Cohen died Feb. 28.

Raised and educated in Weymouth and Quincy, she worked as a taxi driver for So. Shore Taxi and a handicap transportation driver for Park Transportation.

She was the loving mother of Randy Riley of Plymouth, Mark Cohen of Braintree and Herbert Cohen of Quincy; dear sister of Gloria Brian of Stoneham, Shirley Knight of Wilmington, Thelma Gasper of Somerville, Margie DeVelis of NH, Harold Riley of Winter Haven, FL and Herbert Riley of FL; beloved grandmother of Jessica Tonello, Brianna Dunn, Joshua Riley, Mark Joseph



ROBERTA A. COHEN

Cohen II, Lanna Lynn Cohen, Julia Rose Cohen, Jenna Terese Cohen, Justin D. Cohen, Narah C. Cohen and Megan and Sean Connolly; great-grandmother of Dante, Stefano, Leonardo, Alessia, Vincenzo and Wesley; and is also survived by many nieces and nephews.

Memorial donations may be made to the Crossroads Worship Center, 241 Broad St., Weymouth, MA 02188.

Sharyn Gifford, 68

Funeral and interment services for Sharyn Gifford, 68, of Quincy, were private.

Ms. Gifford died Feb. 27, at Boston Medical Center.

She was a lifelong resident of Quincy and also a graduate of Quincy High School with the Class of 1968. Ms. Gifford worked for over 40 years as a clerk with New England Telephone & Telegraph, which later became Verizon, until her well-deserved retirement in 2010. She was a

former member of Bethany Congregational Church in Quincy and was also an animal lover.

Devoted daughter of the late Irvin and Rosalyn (Mednicov) Gifford. Dear friend to Joanne Garcia and her husband Michael. Also survived by her two nephews Curtis and Craig.

Funeral arrangements were made by Hamel-Lydon Chapel and Cremation Service of Massachusetts, 650 Hancock St., Quincy.



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Vincent P. Sullivan, Jr., M.D.

A funeral Mass for Vincent P. Sullivan, Jr., M.D., 82, of Marshfield, was celebrated Tuesday in St. Mary of the Sacred Heart Church, Hanover.

Dr. Sullivan died peacefully March 7.

Born in Boston on March 14, 1936. His education started in Quincy, he was a proud member of first graduating class from Archbishop Williams in Braintree where he met his wife, Elizabeth. He also graduated from Boston College, Georgetown University Medical School, and Harvard School of Public Health. Dr. Sullivan worked as a pediatrician/neonatologist. He ran a private practice in Hingham and worked as a medical director at both St. Margaret's Hospital for Women and for the State of Connecticut. Additionally, he was an adjunct professor at Boston University Medical School.

Dr. Sullivan is lovingly



VINCENT P. SULLIVAN, JR., M.D.

survived by his wife Elizabeth (Maloney) Sullivan of Marshfield and their children Rosemary Cobb and her husband Barry of Wilmington, DE, John E. Sullivan of Quincy, Patricia S. Kennedy and her husband Michael of Hanover, and Vincent P. Sullivan III of Omaha, NE. He is survived by his grandchildren William Cobb, Meghan Marshall, and Kristen Kennedy, and great-grandchildren Macklin, Grace, and Lillian Cobb. He is the brother of Roger Sullivan of Rehoboth, Paul Sullivan of Attleboro,

and Rosemary Tulis of San Diego, CA.

He is the son of the late Vincent P. Sullivan Sr. and Helen (Riordan) Sullivan. He is predeceased by his grandson Brendan Cobb and his sister Marie Chiarenza.

Dr. Sullivan enjoyed spending time with his family and traveling. He also enjoyed participating in outdoor activities including sailing and skiing. He more recently loved participating in walking groups, bible study and senior center activities. His outgoing personality, humor and positive outlook on life will be missed by all.

Interment with military honors at Hanover Center Cemetery.

Funeral arrangements were made by Sullivan Funeral Home, Hanover.

Memorial donations may be made to My Brother's Keeper, P.O. Box 338, Easton, MA 02356, or to a charity of your choice.

Kevin J. Sullivan, Sr.

A funeral service for Kevin J. Sullivan, Sr., of Quincy, was held Monday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Sullivan died March 6.

He was born in Connecticut to Elizabeth Conboy and Edwin Sullivan. He attended school in Scituate where the family lived for many years.

Mr. Sullivan was very talented with his hands and was well known for his wood working talents including many of his projects, some still unfinished ones, that remain in our house. He was a hardworking man and he deeply loved his wife of 44 years Mary, his children, grandchildren and great-grandchildren. Mr. Sullivan also loved being involved with his children and grandchildren's activities. He would be known to walk around his North Quincy neighborhood with his best friend, Jack the greyhound. He also liked other outside activities that included biking, hiking, and recently sprung



KEVIN J. SULLIVAN, SR.

a strong liking for kayaking with his grandson Dylan. Mr. Sullivan also later in life found Tae Kwon Do and was actively involved with classes in the North Quincy area and enjoyed spending time with his TKD family.

He also enjoyed spending time with his extended "family" through Quincy Track Club. Mr. Sullivan will be greatly missed by all but mostly by his wife who has been with his during all of his years including his recent decline in health. Mary loved him with all of her heart, and he was the love of her life. She describes him as her back bone and a huge source of support to her through their

journeys.

Beloved husband of Mary Sullivan of Quincy. Cherished father of Cheryl Sullivan of Wellesley, Kevin Sullivan Jr. of Quincy, Lynn Mitcham and her husband Matthew of Attleboro, Sandra Polvere and her husband Michael of Quincy, Michael Harrigan of Dorchester as the added bonus. Loving brother of Edwin Sullivan III and his wife Donna of Marshfield, Elizabeth Wales and her husband Bruce of Hanson, Mary Colleen Hammond and her husband Barry of Florida, Kathleen Angelique of Plymouth, and the late Janice Peterson. Also survived by 9 grandchildren, 3 great-grandchildren, and many nieces and nephews.

Interment in Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to Beth Israel Deaconess Medical Center, Office of Development, 330 Brookline Ave. (OV), Boston, MA 02215 with a memo to donate specifically to Cardiology.

James L. Guertin, 59

A funeral Mass for James L. Guertin, age 59, of Quincy was celebrated Tuesday in St. Mary Church, Quincy.

Mr. Guertin died March 2 at his home in Quincy.

Born in Montreal, Canada, he moved with his late parents, Jean Paul Guertin and Ruth A. Guertin, to Quincy in 1960. Mr. Guertin graduated from the Boston School for the Deaf, Newton North High School, and ITT Technical Institute and was a longtime member of the Quincy Moose Club. A

resilient, self-taught man, who learned many things over the years, he had a large heart and was a good person.

Mr. Guertin will be lovingly remembered by his brother Jean Pierre Guertin of Quincy and his sisters Marie Cantelli and her husband Ron Seymour of Mission Viejo, CA, Joanne and John Rice of Quincy and Violet Guertin and her husband Harold Bracy, Sr. of Sebago, ME. He will also be remembered by his seven

nieces and nephews, Kristie, Karrie, Nicholas, Lisa, Ashley, Harold, Jr. and Alan; grandnephews, Tony and Brandon (airborne infantry specialist, NC) and grandniece, Marisa; great-grandniece Meadow and great-grandnephew Maddox. He is also mourned by his girlfriend Michelle O'Neill and his many friends.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Rabbi Ma'ayan Sands Installation April 6

Temple B'nai-Shalom of Braintree invites the public for services and the installation ceremony of Rabbi Ma'ayan Sands on Saturday,

April 6 at 9:15 a.m.

Come and meet and greet the new Rabbi and welcome her to the congregation. A bountiful lunch will follow

the service.

To RSVP call Mary Lou at 617-921-0368.



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First Presbyterian Church

'Family, Friend, Music' March 30

First Presbyterian Church, 270 Franklin St., in Quincy, will present "Family, Friends & Music," a Pops concert and silent auction, on Saturday, March 30.

Allen Thomas, director of Music at the church, will lead the program which will include performances by his private voice students, select members from the church, and invited mem-

bers of the Quincy Choral Society. There will also be performances by Ross MacDonald, Meghan Hornblower, and Skye Swales all of whom have performed with the Bay Colony Shakespeare Co.

The evening includes a silent auction and bake sale to help raise funds for the church's capital campaign.

The doors open and auc-

tion bidding begins at 6:30 p.m. with the concert following at 7:30 p.m. The event will be held in Horte Hall at the church.

Tickets are \$10 at the door. Reservations can be made by calling the church office (617-773-5575) Monday-Thursday from 11 a.m. to 3 p.m.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

City of Quincy

ZONING BOARD OF APPEALS

CASE NO. Z19-11

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, March 26, 2019 at 7:15 PM** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Thomas Salzman for a Variance to rebuild existing barn/garage in violation of Title 17 as amended Chapter 3.4.3 (conforming structures) on the premises numbered 20 BAY VIEW AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/7/19, 3/14/19

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LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L. c. 190B, §5-304 & §5-405

Docket No. NO19P0515PM
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Margaret E. Buckley
Of: Quincy, MA
RESPONDENT
(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Alliance Health at Marina Bay of Quincy, MA in the above captioned matter alleging that **Margaret E. Buckley** is in need of a Conservator or other protective order and requesting that Jonathan J. Davey, Esq. of Quincy, MA (or some other suitable person) be appointed as Conservator to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **04/03/2019**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

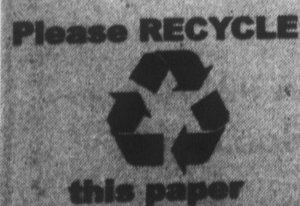
IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: February 27, 2019
PATRICK W. McDERMOTT
Register of Probate

3/14/19



SECONDARY LUNCH MENU

Monday, March 18
CALZONE MONDAY—Homemade Cheese or Pepperoni Calzone, Caesar Salad (MS: Broccoli &

Craisin Salad), Seasonal Fruit.

Tuesday, March 19
AMERICAN FARE—Chicken Tenders, Mac & Cheese, Butternut Squash, Seasonal Fruit.

Wednesday, March 20

WILD CARD—Spaghetti and (Beef) Meat Sauce, WW Dinner Rolls, Steamed Green Beans, Seasonal Fruit.

Thursday, March 21
DELICIOUS FEAST—BBQ Chicken (Bone),

French Fries, WW Dinner Roll, Seasonal Fruit.

Friday, March 22
MEXICAN FIESTA—Shaved Beef and Fajita Style Peppers & Onions w/Shredded Cheese & Salsa Over Brown Rice.

Side Corn and Black Bean Salsa, Seasonal Fruit.

All above Entrée Selections Include: Vegetable Choice, Choice of Fruit and Choice of Milk

ELEMENTARY LUNCH MENU

Monday, March 18
Twice Grilled 3 Cheese Quesadilla W/ Salsa, Carrot Snack Packs.

Tuesday, March 19
Early Release Day—**NO LUNCH SERVICE**

Wednesday, March 20
HOMESTYLE KITCHEN—Chicken Nuggets, WW Mac & Cheese, Steamed Green Beans, Seasonal Fruit.

Thursday, March 21
AMERICAN FARE—Beef Burger w/ Cheese On a WW Bun, Potage Wedges, Baked Beans, Seasonal Fruit.

Friday, March 22
OCEAN CATCH—Tuna Melt on a WW Croissant, Steamed Broccoli, Seasonal Fruit.

All above Entrée Selections Include: Vegetable Choice, Choice of Fruit and Choice of Milk

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO19P0209EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
John Thomas Moylan
Also Known As:
Sean Moylan
Date of Death:
May 22, 2018

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Theresa P. Moylan of Quincy, MA**, a Will has been admitted to informal probate.

Theresa P. Moylan of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

3/14/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-10

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, March 26, 2019 at 7:15 PM** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of John & Nicole Sacco for a Special Permit/Variance/Flood Plain to demolish the existing single family home and construct a two-family townhouse on the 9,000 square foot lot in violation of Title 17 as amended Chapter 3.1 (uses), Chapter 4.0 (dimensional requirements) and Chapter 8.1.9 (special permit flood plain) on the premises numbered 23 ESSEX STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/7/19, 3/14/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-14

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, March 26, 2019 at 7:15 PM** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Kevin Gorham for a Special Permit/Finding/Variance to alter a nonconforming structure, permit mixed use of the structure and construction of a new garage in violation of Title 17 as amended Chapter 3.1 (principal uses), Chapter 3.2 (accessory uses), Chapter 4.1 (dimensional requirements), Chapter 5.1.4 (parking setbacks) and Chapter 9.4 (special permit) on the premises numbered 77 WILLARD STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/7/19, 3/14/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-12

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, March 26, 2019 at 7:15 PM** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Shirley & George Bragel for a Variance/Finding to demolish the existing single family home and construct a two-family home in violation of Title 17 as amended Chapter 3.4.3 (non-conforming structures) and Chapter 4.1.1 (dimensional requirements) on the premises numbered 79 PALMER STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/7/19, 3/14/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-13

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, March 26, 2019 at 7:15 PM** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Thoma Lace for a Variance/Finding to convert the existing single family home to a 2-family home in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Chapter 3.4.3 (nonconforming structures) and Chapter 5.1.16 (paving) on the premises numbered 150 CENTRE STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/7/19, 3/14/19

INVITATION TO BID

SECTION 00200 INVITATION TO BID

Redesign and Site Improvements for Kincaide Park

The Park and Forestry Department for the City of Quincy, Massachusetts is seeking sealed bids for **Site Improvements and Redesign of Kincaide Park** until **11:00 a.m. local time March 28, 2019**, in the office of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud. Late bids delivered by mail or in person will be rejected.

The redesign of Kincaide Park will offer a variety of civic and recreational amenities. The site improvements will include a quarter-mile-long running trail surrounding flexible lawn playing fields, as well as a sprint track, basketball courts, fitness and play equipment, and a spray deck. The design incorporates topographic strategies that maximize infiltration and stormwater capture through a network of rain gardens and landforms.

The work associated with those site improvements will entail the removal of existing asphalt pavement, back stop and other fencing, playground equipment, buried foundations, and trees and other vegetation; it will comprise the installation of straight and curvilinear hardscape surfaces, precast concrete seat walls, custom fabricated wood site furnishings, playground and fitness equipment, spray deck equipment, site lighting for walkways and athletic fields, custom soils, trees, plants and lawn, site drainage and site irrigation.

This project represents a significant effort from the City of Quincy to introduce state-of-the art health and athletic facilities to the neighborhood of South Quincy; fit and finish of execution is expected to be commensurate with this effort.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM for a refundable printing charge of \$50.00, if returned 10 days within Bid opening and in unused condition.

A Pre-Bid Conference will be held on **March 15, 2019 at 10:00 a.m.** at Kincaide Park, Water Street, Quincy, MA 02169. All bidders are encouraged to attend. Requests for interpretation of bid documents may be submitted in writing at that time.

All work under this contract shall be completed in **365 days**. Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent through fax: 617-376-1074 and email: purchasing@quincyma.gov Questions will be accepted until **March 22, 2019 at 4:00 p.m.**

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive, and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

Paul Franz
Director of Operations

Kathryn R. Logan
Purchasing Agent

3/14/19

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CLASSIFIEDS

FUNDRAISER	PERSONAL	VENDORS WANTED	SERVICES	SERVICES	SERVICES
Central Middle School PTO Music Bingo Fundraiser March 15, 2019 - 7pm Sons of Italy - \$25 ticket 80's costume encouraged but not required <small>3/14</small>	THANK YOU ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE J.D. <small>3/21</small>	BETHANY CONG. CHURCH is Seeking Crafters and Vendors for Annual Yard and Craft Fair Saturday, May 4th 9am - 3pm Table Rental \$30 Call 617-479-7300 or 617-698-1646 for more info <small>4/25</small>	Housecleaning - Windows & Other Jobs Too! 20+ Years Experience References, Free Est. or Hourly Joe Keenan 617-773-1084 <small>4/4</small>	KERRY CONSTRUCTION INC. CARPENTRY, GUTTERS, DECKS REPLACEMENT WINDOWS & DOORS SHINGLE & RUBBER ROOFS FULLY INSURED & LICENSED JIM AT 617-825-0592 <small>7/25</small>	 Hancock T.V. & Appliance Sales, Service, Parts & Installation Since 1945 (617) 472-1710 115 Franklin Street, Quincy, MA hancocktvandappliance.com
 PLEASE RECYCLE THIS NEWSPAPER WANTED Comtronics is looking to hire ambitious outside Sales Reps to join our growing company. Interested candidates should contact: PScheim@Radioshop.com <small>3/14</small>	CHRISTMAS CONTEST POSTERS If your child had one on display in the window of the Quincy Sun, you can pick it up Monday thru Friday 9am - 5pm <small>TF</small> Joe in Texas - Happy St. Patrick's Day! - Your Friends in Quincy <small>3/14</small> AEF My heart didn't want to acknowledge the second anniversary of your death. My tears did remember the day. JMY <small>3/14</small>	WANTED OLD HAND TOOLS & ANTIQUES WANTED Planes, chisels, spokeshaves, hammers, machinist, mechanic, blacksmith, Stanley, Starrett, Bailey, Victor, calipers, clamps, anvils, vises, etc. USEFUL TOOLS, ALL TRADES pottery, lanterns, postcards, toys, ESTATE LOTS & COLLECTIONS LIBERTY TOOL CO. 888-405-2007 www.jonesport-wood.com www.davistownmuseum.org <small>TF</small>	HALLS FOR RENT MORRISETTE LEGION POST 81-83 Liberty St., Quincy Function Hall Available Call for Details 617-770-4876 Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings <small>TF</small> MISCELLANEOUS FOR SALE Privacy Hedges -SPRING BLOWOUT SALE 6ft Arborvitae Reg \$179 Now \$75 Beautiful, Nursery Grown. FREE Installation/FREE delivery, Limited Supply! ORDER NOW: 518-536-1367 www.lowcosttreefarm.com	J.F. ROOFING Co. QUINCY, MA •Shingles •Rubber •Slate •Copper •Vinyl Replacement Windows (617)471-8216 <small>5/30</small>	THOMAS C. SWEENEY Smaller Jobs a Specialty 54 Years Experience Carpentry, Siding, Painting, Porches Vinyl/Windows, Doors Roofing, Decking, Steps License #1373 Free Estimates Reliable 617-825-1210 References <small>4/25</small>

Want to pick up a copy of The Quincy Sun?

Here are stores in Quincy that sell it on their newsstands:

QUINCY MARKET Corner of Temple & Washington St.	ARTERY GROCERY 1000 Southern Artery	7-11 721 Hancock St.	DAILY MART 291 Quincy Ave.
GOODIE'S STORE 1250 Hancock St., Presidents Place	7-11 495 Washington St.	BEALE ST. NEWS AND TOBACCO 17 Beale St.	ROCHE BROTHERS The Falls
NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	DAIRY FARM 330 Washington St.	CVS 42 Beale St.	WALGREENS 418 Quincy Ave.
HANCOCK MARKET 5 Cottage Ave.	7-11 230 Washington St.	COFFEE BREAK CAFE 12 Old Colony Ave.	CORNER FOOD SHOP 171 West St.
MIGNOSA'S FRUIT BASKET 138 Granite St.	STOP & SHOP Southern Artery	SUPREME LIQUORS 615 Hancock St.	PALMER STREET MARKET 231 Palmer St.
RITE-AID 132 Granite St.	CVS Southern Artery	BIG Y 475 Hancock St.	BERNIE'S GENERAL STORE 1147 Sea St.
COFFEE BREAK CAFE 77 Parkingway	TEDESCHI'S 650 Adams St.	MULLANEY'S VARIETY 205 W. Squantum St.	WEST ELM VARIETY 139 W. Elm Ave.
HANCOCK PARK LOBBY SHOP 164 Parkingway	7-11 678 Adams St.	STOP & SHOP 65 Newport Ave.	WALGREENS 550 Adams St.
FRANKLIN ST. BP 60 Franklin St.	VILLAGE COMM. MARKET 100 Willard St.	7-11 363 Hancock St.	CARMINE'S CAFE 69 Huckins Ave.
7-11 78 Franklin St.	COPELAND LIQUORS 273 Copeland St.	WALGREENS 324 Hancock St.	TEDESCHI'S 751 E. Squantum St.
SHOP N SAVE LIQUORS 20 Independence Ave.	GRANITE MART 308 Willard St.	RED APPLE FOOD SHOP 48 Billings Rd.	LUCKY SHAMROCK 265 Beale St.
DONUT + DONUTS 33 Scammell St.	7-11 Copeland St.	SAM'S VARIETY 125 Billings Rd.	ANDRE'S STORE 20 Brook St.
PRESIDENTIAL LIQUORS 25 Scammell St.	JOE'S PLACE 260 Centre St.	LUCKY'S WINE & LIQUOR 66 Newbury Ave.	EVEREST MARKET 121 Standish Ave.
ADAMS VARIETY 22 Independence Ave.	CORNER FOOD MARKET 1060 Hancock St.	ATLANTIC MARKET & LIQUORS 247 Atlantic Ave.	ADAMS SHORE SUPERMARKET 494 Sea St.
	200 FOOD MART 200 Sea St.	CVS 321 Quincy Shore Dr.	

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 • Incentive Trips CALL 860-357-6904 www.fhginsur-ance.com

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CERTIFIED BUYER will PAY CASH for R12 cylinders or cases of cans. (312) 291-9169; www.refrigerantfind-ers.com

CONTINUING EDUCATION COURSE
 3-Wednesday Evenings Starting May 15th at 6pm
 Classes are held at the Quincy Adams Inn. Tuition is \$120.
 For more info: Walter King 617-308-3844
3/14

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 Chair Rental in Hair Salon Available Now
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3/21

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B.C. HIGH BOUND - Boston College High School Principal Stephen Hughes and school Assistant Director of Admissions John Flaherty recently came to Saint Agatha School in Milton to meet 8th graders Martin Connolly, Gilbert Gabady, Alex Jordan, Logan Keldsen, and Adam Thomas and congratulate them on their acceptance to B.C. High. Connolly (far right) and Keldsen (second from right) are from Quincy.
Photo Courtesy Kathy Fitzpatrick

City Council Considers Planning Board Rule Change

Cont'd From Page 2

"It's tasked your department with roughly three projects more per year. Why would I, as a ward councillor, want to move on that number from three [units]?" said Croall, who represents Ward 2 on the council. "It doesn't seem like a tremendous lift...for your department."

In response, Fatseas said he had no qualms about keeping the threshold at three units.

"I'm not suggesting you have to or should," the planning director said. "I would suggest to you, as a ward councillor, it's a tool in the toolbox. I'm not anxious about keeping it at three. I certainly am not."

Croall added that smaller projects sometimes cause more concern for him than larger ones and he was not ready to increase the minimum number of units needed for site-plan review.

"Sometimes the smaller projects give me more trepidation than larger ones on many different levels," Croall said. "I view it as it's an additional tool available to me as a ward councillor."

Given all the activity that's going on in the city, I'm not so sure that I want to let that go."

Ward 1 Councillor David McCarthy also said the projects with fewer units can sometimes present more issues than larger ones. He would prefer to keep the threshold for site-plan review at three units.

"My thoughts are to leave it alone. It sounds like your workload is manageable, as you said Jim," McCarthy said. "I would stay right where we are, let the ward councillors get involved."

Councillor Nina Liang, the chairwoman of the ordinance committee, said a lot has changed since the threshold for site-plan review was last amended in

2007. She said it was important for the council to discuss how development works in the city, regardless of whether or not the particular rule in question gets changed.

"I think that this conversation is something that is really important. A lot has changed in 12 years - a lot has changed in two years right here in the city," Liang said.

"That's the nice thing about how we can operate as a body. Things can pop up in ordinance committee that we can amend as things are changing in the city. Having this conversation about the process of development I think is really important regardless of where this goes or how it moves."

Quincy Point Congregational

The public is welcome to Soup Sunday and a time of fellowship in the downstairs Social Hall after the 10 a.m. worship at Quincy Point Congregational Church, 444 Washington St.

Soup Sunday will feature seven different soups. The luncheon is hosted by the Missions Committee to thank everyone for all their help during the year with mission projects. Worship begins at 10 a.m. and the Cross Roads Adult Praise Band will perform during worship. Come renew and rejoice during Lent. There are many ways to make your Lent more meaningful. Have you ever witnessed a Lenten Wreath Ceremony? We have one this year and welcome you to come check it out during 10 a.m. workshops during Lent.

Other Lenten activities include, a Lenten Bible Challenge and DVD Bible Study. The church school is memorizing bible verses and they challenge the whole congregation to also. This week is: Proverbs 3:5-6. The Lenten DVD Bible

Study series runs March 5 through April 16 at the 10 am Tuesday Bible Study in Room 1 at QPCC. The DVD is, The Way, Walking in the footsteps of Jesus, by Adam Hamilton. Newcomers to this group are always welcome.

The Lenten Mission project is collecting toiletries for the children and teens that are helped via the McKinney Vento Project (Homeless Assistance Act) in the Quincy Public School System. Items needed: deodorants for a male or female (any size), toothpaste (any size-no need for toothbrushes), dental floss, conditioner (no need for shampoo), small first aid kits, and small packs of tissues. Drop these items off any Sunday. A collection bin is located in the downstairs Social Hall or an usher can take them. To drop off any items during the week, the church office is open from 9 a.m. to 2:30 p.m. Ring the doorbell by Dunkin Donuts or the doorbell on Abbey Road by the elevator accessible entrance.

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